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Newsletter of the Home Economics
Institute of Australia (Qld) Inc.

March 2016



Again, the March 2016 issue is a bumper issue. The year has started with a buzz of exciting HEIA(Q) events—the Annual General Meeting, World Home Economics Day celebrations, presentation of the 2016 Queensland King & Amy O'Malley Trust scholars and regional workshops in four regions. All these events are reported in the newsletter. There is an update on teacher education at CQUniversity, news about HEIA(Q)'s foray into the Stitches and Craft Show, plus information about the Apex schools' fashion program and the *Need for Feed* program run by Diabetes Queensland. Plus read about the 2016 conference and regional professional development program. And don't miss the Teacher Excellence Awards nomination form. There's so much happening! Please enjoy!

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From the President



Welcome to 2016. HEIA(Q) has had a busy start to the year with the Annual General Meeting and the celebration of World Home Economics Day. This year members and colleagues marked the occasion with high tea at The Queensland Club. The venue was beautiful and all who attended enjoyed the occasion. At the Annual General Meeting, the new Committee of Management was elected. A fond farewell was said to Jennifer Bray who has worked on the committee for five years. She has assisted with the coordination of many of the events held during the year and was responsible for this event. Her expertise and flair for putting together events as well as her contribution to the running of HEIA(Q) will be missed. Thanks Jen for your assistance and contribution over the years.

This year is again action packed. Already HEIA(Q) has offered several professional development opportunities in various locations across Queensland. All have been well attended and rated as being good experiences. I urge you to attend the events, either in your region or in a different region if that suits your needs better.

Another opportunity has been added to our series of activities this year. It is a 'practical day out' to be held in late November. More details will be found on page 5—there is a foods component and a textiles component—very exciting! We do hope to see you there.

HEIA(Q) presented a lovely display of student work at the Stitches and Craft Show held in March at the Brisbane Convention & Exhibition Centre. It was our first foray into this arena but we are hoping to make it an annual occurrence. Let me know if you would like to be involved next year.

The HEIA(Q) 2016 conference is on 6 August so mark that day in your diary to attend. The conference is always a great day of professional dialogue and catching up with like-minded people.

The national HEIA conference will be held in January 2017 at Rydges, Melbourne. I urge you to attend the conference so start planning and ask for funding at your school level to assist you to attend. The planning for the conference is well underway and the three-day event should be a worthwhile experience.

I'm looking forward to seeing many of you at various events during the year.

Kay York

President, HEIA(Q)

HEIA(Q) 2016 Annual General Meeting

HEIA(Q)'s Annual General Meeting (AGM) was held on 19 March 2016 at The Queensland Club as part of the World Home Economics Day celebrations. The AGM afforded the Committee of Management the opportunity to report to members an overview of the work and priorities of HEIA(Q) over the past year and celebrate the contributions of members in 2015.

This year's AGM was chaired by President Kay York with approximately 35 members present. Reports were presented from the President, Secretary, Treasurer, Auditor, National Council Delegate, Newsletter Editor, Membership Secretary and Professional Development Manager. The reports celebrated the achievements and vast number of activities of 2015, highlighting the successes and challenges for HEIA(Q) for the year and the challenges into the future. Key elements to note from the reports include financial stability, a solid membership base, a successful state conference and a diversity of professional development opportunities throughout the regions, and the increased use of technology, including Facebook and the HEIA(Q) website to engage with members. Members were encouraged to make use of these social networking platforms as a means to not only share resources and ideas, but also to stay informed of important news in this time of curriculum change. Reports also highlighted HEIA(Q)'s strong advocacy in relation to Home Economics in terms of both the Australian Curriculum and the place of Home Economics within the senior phase of learning. Those present were urged to take part in the Queensland Curriculum and Assessment Authority's consultation forums and to encourage their colleagues to do so too. As part of the general business of the meeting, the commencement of CQUniversity's Home Economics teacher education course was celebrated and Dr Jay Deagon was welcomed as its newly appointed lecturer and Home Economics course coordinator.

Celebrating World Home Economics Day



This year's celebration was held on Saturday 19 March. Jennifer Bray and other HEIA(Q) committee members warmly welcomed everyone to The Queensland Club in Brisbane for a morning of high tea, HEIA(Q) news and terrific collegial company.

The heritage-listed venue is a beautiful example of early-Australian architecture and was a perfect spot for the event. It was attended by over 40 members and guests, all of whom indicated that it was a lovely occasion. The club has a tradition where each of the members' wives donate a tea set to the club and attendees were privileged to be able to use some of these for our high tea. Jennifer Bray organised the venue and credit goes to her for the ambience and the enjoyment that was experienced. It was an elegant affair with vintage bone-china teacups and sparkling wine, on tables dressed with linen and floral arrangements. A toast to World Home Economics Day started the day, followed by a beautifully presented and tasty morning tea.

The international theme for the 2016 World Home Economics Day is *Home Economics Literacy—skills for families and consumers*, which encompasses food literacy, financial literacy, consumer literacy and environmental literacy. The occasion reminded us all that this is a great time to reflect on the importance of home economics literacy.

Presentation of the 2016 Trust King & Amy O'Malley Trust Scholarships was a highlight of the morning. This year's Queensland scholars are Kylie Akeroyd, Cheyanne Conroy, Alexandria Leighton, Hannah O'Malley and Amanda Robertson. Amanda's speech left many home economics professionals feeling affirmed and confident in the future of our profession in Queensland.

The Committee of Management (COM) again experienced renewal this year, with the retirement of one of our committee members, Jennifer Bray. Jennifer has generously supported HEIA(Q) during her five years as part of the committee, undertaking roles first as Treasurer, then COM member, where she took responsibility for organising many events such as World Home Economics Day celebrations. Her contributions to HEIA(Q) during her time on the COM were acknowledged and she was presented with a small gift of appreciation. We thank Jennifer for her continuing support of the association and wish her all the best for her future endeavours.

Some changes have occurred concerning the roles on the COM. Returning to their positions are Kay York as President and Rosie Sciacca as Vice-President and Treasurer. Delia Stecher has resigned as Secretary and will now fill the National Delegate role, from which Aileen Lockhart has stood down after many years. Aileen will now take on the position of Secretary. Kirsten McCahon was welcomed as a new member to the committee. She joins re-elected COM members—Janet Reynolds, Kaitlyn Follett, Belinda Ingram, Tiarni Twyford, Jo Andrews and Tessa Lund. The collective experience amongst the committee members places us well to advocate for Home Economics and fulfil the objectives of the HEIA(Q) Constitution.

The efficient operation of HEIA(Q) relies on members to take active roles as members of the Committee of Management and its subcommittees. Active involvement in the association provides an array of invaluable opportunities and networking prospects. All members who are interested in contributing in some capacity are encouraged to contact HEIA(Q) to register their interest and join us online through Facebook (HEIA Q group) or Twitter (@heiaqinc).



2017 Scholarships Undergraduate and Postgraduate

For study in Home Economics or a related field such as Family and Consumer Studies, Food and Nutrition or associated Teacher Education

The application form and further information can be found at www.omalleytrust.org.au

Completed applications must be sent to: enquiries@omalleytrust.org.au by 5pm Friday 29 July 2016

Find us on Facebook

HEIA(Q) and HEIA National Council

A Queenslander for national President and Aileen Lockhart steps down as HEIA(Q)'s national delegate

At the HEIA Annual General Meeting (AGM) held in Sydney on 12 March 2016, there were significant changes made to HEIA council. In particular, those that pertain to HEIA(Q) are that the HEIA(Q) President Kay York became national President, the HEIA(Q) delegate to council Aileen Lockhart stepped down as the delegate and Delia Stecher took on the role. Congratulations to Kay and Delia, and thank you to Aileen for a fabulous job over ten years as both delegate and national secretary. All three will remain on the HEIA(Q) Committee of Management, with Kay planning to relinquish the role of HEIA(Q) President at the 2017AGM.



Kay York

The HEIA Annual General Meeting was held on 12 March 2016. At this meeting Peta Craig was farewelled—she has been the President of HEIA for the past two years. She has ably led the council to progress the Institute through its 20-year celebrations and navigated through a time of transformation and change for the Institute. A vote of thanks to Peta for the work and dedication she has shown to HEIA over her time as President. I hope that I can continue the work that Peta and previous presidents began and serve the members of HEIA in every division.

Kay York



Peta Craig (L) with Kay York



Delia Stecher (L) and Aileen Lockhart

Ten years ago, it was with no small measure of trepidation that I volunteered to take on the role of HEIA(Q) delegate to HEIA national Council. I had some big shoes to fill as I followed Dr Janet Reynolds. No sooner had I joined council than I took up the role of national Secretary. Working with five national Presidents—Carol Elias, Julie Taylor, Leanne Compton, Miriam McDonald and Peta Craig—and a regularly changing team of passionate and enthusiastic delegates proved to be both a pleasure and a challenge. Balancing the demands of my Deputy Principal job with those of my HEIA duties was at times problematic but so very much worth it. It was inspiring to work with and learn from members of council and the standing committees, who brought with them a diversity of knowledge and skills and a wealth of experience. The opportunity to forge new and enduring friendships was an unexpected reward.

At the HEIA 2016 Annual General Meeting, Delia Stecher stepped up as the new HEIA(Q) delegate. I have no doubt that Delia will be an asset to council with her passion for Home Economics, her creative problem solving skills and her skills in all things IT. I have always been proud of HEIA(Q)'s contributions to the Institute, and with Delia as delegate and Kay York as national president, the profile and contribution of HEIA(Q) at a national level will only be strengthened.

In 2016 I intend to use my 'finely-honed' secretarial skills to support the HEIA(Q) Committee of Management and look forward to working with our homegrown home economics talent!

Aileen Lockhart

HEIA(Q) consulted on the place of Home Economics and Hospitality in the Senior Curriculum in 2018 and beyond

On Tuesday 9 March, prior to commencing the monthly HEIA(Q) Committee of Management (COM) meeting, committee members Kay York, Rosie Sciacca, Delia Stecher, Kaitlyn Follett and Belinda Ingram met with Queensland Curriculum and Assessment Authority's (QCAA) Health and Physical Education / Technologies Manager Jo Butterworth to consult about the place of home economics and hospitality in Queensland's Senior Curriculum in 2018 and beyond. This was the first of many forums QCAA was to run over the next month to gain feedback about subjects across the curriculum, aimed at ensuring the Queensland curriculum meets the needs of learners in the 21st century.

Committee members were quite vocal in the consultation about the importance of Home Economics and the way it differs from other subjects in its intent and ways of working. HEIA(Q) representatives advocated for Home Economics as being vital to the Senior Curriculum, pointing out that it is crucial that the rationale and underpinnings of the subject be upheld, no matter what form the subject may take moving forward. The emphasis on the wellbeing of individuals, families and

communities was highlighted as well as the inquiry and design practices that underpin the subject. Concern was raised that, should Home Economics be replaced with specific food-related and/or textiles-related courses, the focus on wellbeing would not be maintained and the subject could end up being replaced with studies that embody its stereotype of 'cooking and sewing'. Members stressed that whilst it would be ideal for the subject to remain as one complete subject, should it cease to exist as it currently stands and instead be redeveloped into strands, it is vital that the essence of Home Economics remains. Should the study of food and textiles be offered separately, Food Studies and Textile Studies were identified as preferred subject titles, rather than Food Technology and Textiles Technology.

QCAA has already held its Home Economics and Hospitality Studies curriculum consultation forums for teachers across the state. The last meeting was in Cairns on Friday 15 April. It is expected that decisions around the redevelopment of the curriculum will be made shortly as QCAA is committed to syllabus writing being completed by the end of 2016.

Retirees' High Tea

This much-enjoyed event will be held again in 2016. The venue is the ever-popular Keri Craig Emporium, with a central position and easy access to transport. It is also quiet (until the retirees get there) and private.

The ambience seems to fit the occasion. If you are in contact with any retired colleagues, please alert them to this event and urge them to contact Denise McManus so they can be added to the database and receive information.



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NOV
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Practical day out

In addition to the HEIA(Q) regional workshops this year, plans are well under way for our first HEIA(Q) Practical Day Out. This full day of hands-on workshops is designed for teachers, teacher aides or those interested in participating in textile and culinary workshops to acquire new skills or simply refine existing ones and have the opportunity to network with others and find new ways of implementing engaging workshops into home economics classrooms.

Participants may register for one or both workshops.

When: Monday 28 November 2016

Venue: Moreton Bay College, 450 Wondall Rd, Manly West

Workshop 1: Indigo dyeing with textile artist Bec Anderson

In this workshop, participants will learn about one of the most fascinating of natural dyes, indigo. This stunning blue dye is derived from the leaves of the indigofera tinctoria plant. Participants will prepare a silk scarf using some shibori techniques (tying, sewing, and folding the cloth) to create a resist. When their scarves are dipped into the large vat, participants will see the dye change colour from green to blue as it oxidises in the air.

Workshop 2: Cooking the modern way with chef Reg Morgan

The United Nations declared 2016 the International Year of Pulses. In this workshop, chef Reg Morgan will take participants on a culinary journey on how to prepare and serve some of our most versatile pulses with a modern twist in new and innovative ways.

Cost for workshops: TBA

Save the date in your diary.

Date:	Tuesday 30 August 2016
Time:	11.30 am
Venue:	Keri Craig Emporium Brisbane Arcade, Brisbane City
Cost:	\$40 approx. (final cost to be advised), including high tea, with a glass of sparkling wine on arrival
RSVP:	Tuesday 18 August to Denise McManus
Tel	07 3865 1401
Email	zzdmcman@westnet.com.au
	Please advise any dietary requirements when replying.

Hope to see you there

Queensland 2016 King & Amy O'Malley Trust scholars



Kylie Akeroyd

Kylie is in her third year of a Bachelor of Education (Secondary) majoring in Home Economics with a minor in Science. Kylie learnt to cook and sew as a child in Central Queensland and creating in both areas has been a passion ever since. Her early career was spent utilising her creativity and people skills as a hairdresser. During the decade she

spent hairdressing, observing and interacting with people from all walks of life were instrumental in shaping her understanding of people and what motivates them. When a friend suggested she incorporate her early passions and love of people into a new career as a home economics teacher she felt that satisfaction you feel when you know exactly what you want to do with your future. Within months she found herself at orientation week at the Queensland University of Technology.

Kylie is loving university study and is trying to absorb as much as possible from the opportunities available to her at university. She is very happy that she found Home Economics and will be able to make a career from the area of study that she enjoys so much.

Kylie feels very honoured to be a King & Amy O'Malley Trust Scholarship recipient and will endeavour to uphold their values and ethos, 'that a satisfying family life was crucial to the welfare of the nation and could not be achieved without effective management of the home'
www.omalleytrust.org.au/wp/?page_id=1491.



Cheyanne Conroy

Cheyanne is currently enrolled in her third year of a dual degree in Child and Family Studies and Primary Education at Griffith University on the Gold Coast. Following her passion, Cheyanne has recently participated in a number of programs that focus on eliminating and relieving the effects of poverty and disadvantage, both in Australia

and overseas, including the Smith Family's Homework Club and a volunteer trip to the Philippines in which she taught lessons in various disadvantaged schools and participated in voluntourism projects.

Cheyanne is extremely passionate about changing the levels of inequality faced by Indigenous Australians across the country. It is for this reason, she has recently began mentoring with AIME, an organisation that works to support Indigenous students from high school and into university, employment or further education at the same rate as all Australian students. When she finishes her study Cheyanne would like to take on a role in helping Indigenous families in the child protection and education sectors. In the future she would also like to expand her impact upon communities across the globe suffering poverty.



Alexandria Leighton

Alexandria is currently in her third year of a Bachelor of Education with a major in Home Economics and a minor in Science. Alexandria's passion within the realms of teaching involves creating a multidisciplinary kitchen/garden program that uses garden and kitchen processes, procedures and practices to teach complex scientific theories,

mathematics knowledge, literacy and numeracy skills and as a stimulus for many other subjects. She is excited to be learning all the basic skills at the Queensland University of Technology in order to be able to fulfil this professional goal in the future and cannot wait to get out into classrooms.



Hannah O'Malley

Hannah has just begun her second year in a Bachelor's degree of Nutrition and Dietetics at Griffith University. Nutrition has not always been something she has been interested in but during her teenage years she discovered the affects that a healthy diet and regular exercise can have on health, both mentally and physically. As a future health care

professional, her aspirations are to inspire others to make positive changes in regards to their eating patterns and reconnect the link between nutrition and health. She is passionate about the health of the population as well as environmental health and wants to enable people to make smart and sustainable choices about food that will benefit both their own health as well as that of the planet. Hannah strongly believes that if people are educated and aware of the consequences of their food habits they will be more willing to try and make positive changes. She is confident that completing her studies in her chosen course will allow her to achieve my goals and aspirations that she has set for herself as a future dietitian.



Amanda Robertson

Born in Invercargill, New Zealand, Amanda inherited her passion for all things Home Economics from her grandmother. Upon completing secondary school in Cairns, Amanda completed a chef's apprenticeship, gaining knowledge about the various forms of hospitality outlets. Amanda spent the next two decades going back and forth between

raising her three children and working and consulting in hospitality. Amanda opened her own restaurant in 2011—the award-winning Fourthchild in Ipswich, which made the Fairfax Good Food Guide in 2012 and 2013 and won a Gold Heritage Design award for restaurant design. Now, Amanda has swapped the restaurant trade for a better work-life balance, and is currently in her third year of a Bachelor of Education at the Queensland University of Technology. She wants to bring her knowledge of and passion for food, design and nutrition to high school students—to equip them with the knowledge and skills to become responsible for their own health and wellbeing and to help them to take that knowledge and those skills from the classroom to the kitchens and dining rooms of their own homes, to their own families.

It is hard to believe that it is nearly two years since the last HEIA national conference, held in Perth in September 2014. And here we are, only nine months until the next conference. Indications are that the 2017 conference will be every bit as fabulous as the 2014 conference, so maybe it is time to start making plans to be in Melbourne in January 2017.

About the conference

The concept of 'Home economics without borders' shares a focus with organisations around the world of moving from the rhetoric of policymaking to taking coordinated action across borders in the pursuit of wellbeing, social justice and human rights. This action cuts across, for example, national borders, state and territory borders, socioeconomic borders, gender borders and borders between disciplines. Through such action being taken, the significance of these physical and psychological borders is diminished and the powerful meanings of the expression 'without borders' with respect to best-practice home economics become evident—inclusion, maintaining a global perspective and expanding our connectedness using all the organisational and technological tools at our disposal. The HEIA 2017 conference will explore effective home economics practice through, for example:

- the best means of delivering home economics education without borders
- makerspaces that cut across boundaries to produce innovative, sustainable products and community outcomes
- the increasing impact of the internet, social media and other technologies on interactions among individuals regardless of borders
- navigating across digital borders in the pursuit of excellence in home economics
- the evidence base for effective home economics without borders.

About the program

The three-day academic program has been designed around five keynote speakers or keynote panels, six blocks of concurrent sessions and an afternoon of site visits to a range of the many exciting industry, arts, commercial and academic sites that Melbourne has to offer. Although not yet finalised, the keynote sessions are planned to address range of issues such as mental health, food policy and domestic violence.

The date for the submission of abstracts to present in the concurrent sessions has closed so the academic committee is now busily reviewing those abstracts in order to select those that meet the section criteria. In addition to those selected from the call for papers process, additional speakers will be invited to present in the concurrent sessions to ensure depth and breadth of relevant topics.

Social program

When planning your conference itinerary, don't forget the social events either side and during the conference. For example, on Tuesday 10 January a welcome reception will be held late afternoon/early evening, allowing plenty of time in the evening to explore Melbourne's famous variety of fabulous restaurants—the host committee will provide a conference guide to selecting from the myriad available. The conference dinner will be held Thursday 12 January and pre- and post-conference tours and workshops are being planned for Tuesday 10 and Saturday 14 January.



Venue

Rydges Melbourne, 186 Exhibition Street, Melbourne

Rydges Melbourne's central location provides guests with the full Melbourne experience. It is located close to Chinatown, opposite Her Majesty's theatre, and only a few blocks away from the Paris end of Collins Street. There are a number of public transport options within close proximity to the hotel, providing the perfect base for exploring the city and its surrounds.

The hotel features 363 rooms and suites with a selection of these suites offering apartment-style accommodation with fully equipped kitchenettes. Those wanting to lounge out in the comfort of the hotel can enjoy a dip in the heated rooftop pool, a workout in the cardio fitness centre or a cocktail or two in Bellabar. Complimentary WiFi is available to all guests throughout the hotel.

Rydges Priority Guest Reward members enjoy exclusive benefits including 10% off the best available rates online, 20% off meals and drinks in Locanda Restaurant and Bellabar, a welcome drink on check in, late 1.00 pm check out and points toward free stays. Membership is free, to join visit www.rydges.com/priority-guest-rewards/

Registration fees

All prices quoted are in Australian dollars and are inclusive of GST.

Registration type	Early bird (up to Tues 1 Nov 2016)	Standard (after Tues 1 Nov 2016)
HEIA member	\$ 670	\$780
HEIA full-time student/retired member	\$ 555	\$670
Non-member	\$ 780	\$895
Non-member full-time student/retired	\$670	\$780
HEIA member day delegate	\$ 270	\$365
Non-member day delegate	\$365	\$420

Registration fees are based on date of receipt of payment (not registration date). Payment at the **earlybird rate** must be received by **Tuesday 1 November 2016**; otherwise standard fees will apply.

Building strong relationships: The CQUniversity and HEIA(Q) partnership

Many years ago, Dr Bill Blayney had the honour of becoming Australia's first male home economics teacher. With over 35 years' experience as an educator, Bill is now settling into his new role as Dean of the School of Education and the Arts at CQUniversity (CQU). Prior to this appointment and among other responsibilities, Bill was the discipline coordinator for the Home Economics/Hospitality teaching specialisation, which has been offered as part of CQU's teacher training courses since 2000. With this background, it is not surprising that Bill was only too happy to forge a relationship with HEIA(Q) that would see the expansion of home economics teacher education in Queensland.

Background

Originally specialising in its trade-to-teacher pathway, since 2000 CQUniversity has prepared over 350 graduates to teach in Queensland secondary schools as home economics/hospitality and industrial technology and design teachers. This long-established practice allowed tradespersons to continue to both work in their trade and study. However, in recent years there has been a resurgence of school leavers wishing to join these high-demand teaching areas. As a result, new courses were written to be included in the nationally accredited Bachelor of Education. These courses use an online delivery approach supported by intensive hands-on experiences as part of mandatory residential workshops. These residential workshops were originally conducted in Rockhampton through partnerships between specific secondary schools and highly experienced teachers. In recent years, home economics/hospitality teachers Gaye Sands, Frances Murphy, Maria Learmonth and Alice Nelson along with chef teacher Adrian Newby from CQUniversity, have delivered the residential schools in Rockhampton. The first Brisbane-based residential workshop was conducted in March/April this year and is reported on the opposite page.

In 2015, with the loss of QUT as a provider for home economics teacher education in Brisbane, HEIA(Q) approached CQU to form a partnership to expand CQU's operations to the south-east corner of Queensland. The partnership with HEIA(Q) centred on growing the numbers in the Home Economics teaching area to build a sustainable future for delivery of training in the Brisbane region. As a result, this year CQU doubled its numbers with 36 new enrolments into the Home Economics teaching area. Along with improvements in CQU's distance education model and online teaching and learning facilities, this year CQU has also expanded operations beyond its Central Queensland campus at Rockhampton.

**This year CQU doubled
its numbers with 36 new
enrolments into the Home
Economics teaching area.**

The current situation

CQU is now the only university in Queensland offering Home Economics pre-service teacher education. The distance education model that CQU offers has opened up possibilities for people in many geographic locations throughout the state and beyond to pursue careers as home economics teachers. The program also enables those with a hospitality trade background to apply for recognition of prior learning.

The CQU home economics study pathway is available for school leavers, those of mature age, people with trade qualifications and registered teachers wanting to upskill in Food Technology, Textiles Technology, Fashion Design, Food Science and Families and Communities. Provided places are available, registered teachers are able to participate in the residential schools of their choice—please contact Jay Deagon at j.deagon@cqu.edu.au or telephone 0402 119 711 for further information.

The Memorandum of Understanding signed between CQU and HEIA(Q) in 2015 required a commitment from both parties to the following, with HEIA(Q)'s Dr Jan Reynolds and President Kay York forging the way forward.

CQUniversity committed to:

- continue to offer the home economics/hospitality pathway as an online program
- offer four residential schools in Brisbane as well as those offered in Rockhampton
- organise professional placements in schools close to the students' home towns.

On its part, HEIA(Q) committed to:

- promote the course to teachers and guidance officers across the state
- recommend centres and teachers for the Brisbane residential schools
- recommend and organise placements of students for their professional practice
- support a mentoring program by practising teachers for the students.

After taking up the role of Dean earlier this year, Bill used a part of his previous position to allocate



Dr Bill Blayney

a 0.5 dedicated home economics lecturer based in Brisbane. The role of this person would be to support students across Queensland, run workshops out of the Brisbane campus for south-east corner students and continue to grow the partnerships with schools, teachers and the HEIA(Q) for a sustainable future. In March this year, CQU appointed Dr Jay Deagon into this role.

With the ongoing assistance of HEIA(Q) Committee of Management members promoting the course, the number of students will continue to grow. While this year's growth in numbers has been a wonderful achievement, we need more students each year. Therefore it is important that Queensland home economics teachers continue to actively promote CQU as the provider of home economics pre-service teacher education and we all look forward to a continued strong and fruitful relationship with the HEIA(Q) Committee of Management and its members.

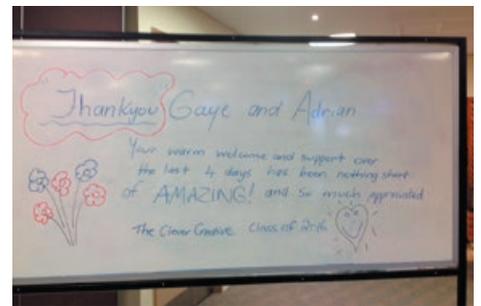
And into the future?

With a new vision for a stronger and more engaged CQU, Bill believes the important partnership formed between the HEIA(Q) and CQU can be replicated in any state in Australia to reinvigorate a much needed teaching area in schools with specialist qualified teachers.

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First-year pre-service home economics teachers attend CQU's first residential school in Brisbane



The home economics/hospitality facilities at Canterbury College's Trade Training Centre, just south of Brisbane, were a hive of activity over the Easter break. First-year pre-service teachers from CQUniversity's (CQU) Bachelor of Education (Secondary) Home Economics teaching discipline area were immersed in the unique (and very busy) world of a home economics teacher. They learnt quickly that becoming a home economics teacher is not for the faint-hearted with sharp knives, hot ovens, people, time constraints and busyness at every turn.

Organisation and confidence are essential skills for an efficient home economics teacher. With the students in the expert hands of Canterbury College's teachers Belinda Ingram and Caroline Diprose, CQU's Dr Bill Blayney, Dean of the School of Education and the Arts and Home Economics discipline coordinator, Dr Jay Deagon knew the students were in for a real teaching and learning adventure at the recently held foods-based residential school.

Belinda Ingram instilled in the students the important role that Home Economics plays in Australian society—sometimes it's the only opportunity for children to learn vital life skills such as cooking. With obvious passion and extensive knowledge about the subject, Belinda ensured that the students knew how valuable home economics education is to the health and wellbeing of individuals, families and communities. This was Belinda's first time teaching university students and she obviously enjoyed the experience. Belinda stated:

I feel privileged to have been given the opportunity to mentor these first-year students and be a part of their journey in becoming home economics teachers. They were so enthusiastic and I was encouraged to see they share the same passion for supporting Home Economics in schools as I do. It was lovely to see the development of the students' skills and confidence over the four days at the residential school and to see them engage in positive discussions about pedagogical practice and the importance of what we teach.

The four-day intensive residential school was modelled upon a typical Queensland food studies course that progresses from the Junior to the Senior Phase of schooling. The residential school provided a hands-on learning context through which content knowledge in food studies was presented. At the Canterbury College inaugural residential school, fifteen pre-service teachers were engaged with practical and theoretical aspects of food studies as a teaching area in schools. They were taken through a series of practical cooking tasks that focused on nutrition, meal planning, food evaluation and the importance of healthy eating. In addition, the students got a feel for practical classroom management such as overcoming potential student challenges, risk assessment, workplace health and safety procedures, food hygiene, and how to set up and manage a home economics/hospitality kitchen. Each student was supplied with ingredients and cooking equipment.

In previous years, CQU has offered the residential school only in Rockhampton; however, since partnering with the HEIA(Q) and the promise of residential schools in the south-east corner, the number of home economics pre-service teacher enrolments at CQU has doubled.

There are more residential schools planned in Textile Technology, Fashion Design and Culinary Science for Teachers. Practising home economics teachers are invited to attend future residential schools as professional development and upskilling opportunities.

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HEIA(Q) participates in the 2016 Stitches and Crafts Show

Late in 2015, the organisers of the 2016 Stitches and Craft Show approached HEIA(Q) to prepare a display for the Stitches and Craft Show to be held 17-20 March 2016. With the theme being 'Rising stars', the Committee of Management jumped at the opportunity to display textiles work on behalf of the organisation.

This was the first time that HEIA(Q) had prepared such a display. However, All Saints Anglican School, Canterbury College, John Paul College, Helensvale State High School and Moreton Bay College all provided fabulous work from students spanning Years 9 to 12. It is planned that next year, with a longer lead-time, expressions of interest will be called to display student work.

Many HEIA(Q) member volunteers supported the event, working feverishly to set up, supervise and take down the stand. Without their time and energy, it would have been impossible to run the display over the four days. Fortunately, the organising company Expertise Events was extremely helpful during the process of organising and displaying student work. The general public, crafters and other home economics educators all gave very positive feedback. Expertise Events also received very positive feedback from other stallholders about the professional nature of the display as well as the quality of the work.

As the Stitches and Craft Show coincided with the HEIA(Q) World Home Economics Day celebration, 'I love Home Economics' badges were handed out to those who entered the display. They were received warmly and many people were seen wearing their badges with pride. We hope to be asked again to display student work and we would like to call upon others in the organisation to present student work or volunteer their time.



Home Economics



save the date



A Defining Time?



2016 State Conference

Saturday 6 August Brisbane Convention & Exhibition Centre

The HEIA(Q) 2016 Conference Organising Committee is busily finalising plans for the HEIA(Q) 2016 state conference, *Home economics 2016—a defining time?*. The Conference Organising Committee has welcomed two new members this year—Cheryl Conroy (Dakabin State High School) and Lyn McErlean (All Hallows' School). They join members who have been on the committee previously—Sue Smith (Clairvaux College, Mt Gravatt), Ngaire Mayo (Innisfail State High School) and myself, Janet Reynolds, as convenor—supported of course by Lidia Dalton and Leanne Mulheran from Expert Events. It has been very exciting and positive to have new members of the committee injecting new ideas.

The 2016 program has three 65-minute concurrent sessions and two keynote speaker sessions. Conference evaluations have indicated that this is the preferred format for our delegates.

Getting ready for the HEIA(Q) 2016 state conference

As usual, HEIA members were advised of the opening of registration prior to notices being sent to schools.

It is recognised that many teaching members have to apply for funding to attend the conference. The following may help them prepare for the conference and, where necessary, make their cases to administrators.

Plan now for the HEIA(Q) 2016 conference Saturday 6 August 2016

Mark it in your diary, set aside your budget or apply for funding, book your flights—and look forward to an exciting day of professional learning and sharing.

We look forward to seeing you there!

Why home economics teachers should attend the conference

The conference aims to assist home economics teachers attend to curriculum demands as specified in the recently endorsed *The Australian Curriculum: Health and Physical Education* and *The Australian Curriculum: Technologies*. There will be sessions specifically targeted at the Australian Curriculum, along with others related to inquiry processes and critical and creative thinking as advocated in the Australian Curriculum. Three sessions are dedicated to changes in Years 11/12, with key personnel from the Queensland Curriculum and Assessment Authority presenting on the new assessment system, including external assessment, the new Senior curriculum and assessment in the Subject Area Syllabuses. There will also be many sessions that will update discipline knowledge related to food and nutrition, textiles, wellbeing and families, along with a session on Education Queensland's Respectful Relationships program. The Conference Organising Committee is also excited to bring sessions related to food science, an area often not explored at the conference.

And if you are not a teacher?

The Conference Organising Committee has reviewed the program to make sure there is something for everyone, whether in education, business or not in the paid workforce. Sessions related to food technology, the latest on trans-fatty acids, behind the scenes with a successful local fashion designer, what's happening in the food supply, new work from Queensland Health related to food and culture as well as sessions on stress management, time management and several sessions on textiles and practical foods are sure to engage all with an interest in the home economics field of study.

Home Economics

A Defining Time?

About the venue

The conference venue is once again the Brisbane Convention & Exhibition Centre (BCEC). Over several years, it has proved to be the best location for the demands of our conference needs. It is large enough, has plenty of space to move around, has great AV facilities and is easily accessed by public transport.

Registration costs

HEIA(Q) has kept increases to a minimum, with only a \$5 increase for member registration compared to 2014. (All prices include 10% GST)

	Early bird \$A per person	Standard \$A per person
HEIA member	\$245	\$295
HEIA member: student/not-in-paid employment member	\$165	\$215
Non-member	\$335	\$385
Non-member student/not in paid employment	\$220	\$270

The conference program

The HEIA(Q) conference always aims to have a balance of speakers who have previously spoken at the conference and are known to hit the spot for the Queensland home economics profession, along with exciting and engaging new speakers. A selection of the new and returning speakers are introduced on these two pages. Full details will be found in the 2016 conference brochure, which was sent to all members in April.

New speakers

Keynote speakers Dr Helena Popovic and Dr Joanna McMillan

Speakers new to the HEIA(Q) platform for 2016 include the two keynote speakers, Dr Helena Popovic and Dr Joanna McMillan. Dr Popovic will start the day with her opening address *Boost your brain*. This presentation distils the essence of the neuroplastic revolution and gives immediately implementable, practical suggestions to improve the functioning of the brain—for example, how to sharpen our thinking, improve concentration and memory, tap into brain potential we never knew we had, expand our creativity, prevent the cognitive decline we've mistakenly believed to be inevitable with ageing—and more besides!

To close the day, well-known Dr Joanna McMillan will address the topic of *Dietary dilemmas*. Once upon a time we all just ate the food that was in front of us. Yet today if you are confused about what constitutes a healthy diet you are not alone. Is gluten toxic? Should we be eating grains? Is butter back on the menu? Is sugar the real problem? Should I follow a Paleo diet? Or is a vegan diet the way to go? If your head is in a spin with such dietary dilemmas, this session aims to clear the muddied waters and answer all of these questions and more. Dr Joanna McMillan will bring you the science without the media spin for an evidence-based approach to optimal healthy eating.

Dr Helena Popovic

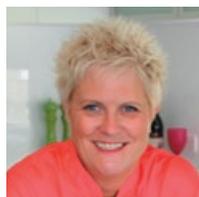


Dr Helena Popovic is a medical doctor, a leading authority on how to improve brain function, an international speaker and a best-selling author. Since graduating from The University of Sydney in 1995 she has been paving the way for a new paradigm in peak health for peak performance. Helena is unique in that promoting optimal physical and mental health is not only her profession; it is her passion, her purpose and her personal way of life. Helena's philosophy is that education is more powerful than medication and she believes in slow ageing despite fast living. Helena enables people to discover the power of their moment-by-moment choices in reigniting their zest and vitality for life and work.

Dr Joanna McMillan



Dr Joanna McMillan is one of Australia's favourite and most trusted health and wellbeing experts. She is a PhD-qualified nutrition scientist, Accredited Practising Dietitian and a former fitness instructor, giving her sound credentials to help us all make heads or tails of the increasingly confusing nutrition and health messages in the media. Joanna is a regular on television, on radio and in print media, and is the founder of Get Lean, an online lifestyle change program. She is a proud ambassador for Diabetes Australia, the Skin & Cancer Foundation Inc., and Foodbank.



Alison Taafe



Amelia Webster



Anne Schafer



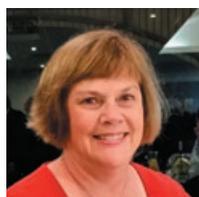
Barbara Radcliffe



Jacqueline Wilton



Julie Tengdahl



Kay York



Kathryn Tully



Christine Loos



Deanne Wooden



Jane Milburn



Dr Jason Wu



Dr Jenny Nayler



Mabina Alaka



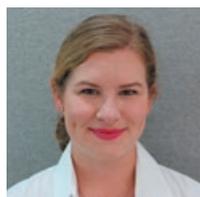
Rosie Sciacca



Shannon Kellam



Simone Johnston



Tegan McIntosh



Michael Knight



Dale Chapman

Other speakers new to the HEIA(Q) conference stage

The 2016 HEIA(Q) conference this year will also bring to the stage others with new perspectives for delegates, for example:

- **Dr Joel Gilmore** from The University of Queensland is sure to entertain as he steps through an exploration of the physics of foams from the conventional (are plastic bowls actually bad for beating egg whites?) to the extreme (melt-in-your-mouth desserts made using high-pressure gas). But there is more! In his second session, Joel will discuss the science and demonstrate the methods of manipulating the proteins in our food to give the perfect taste and texture—from cooking the perfect steak in a plastic bag to custom-designed boiled eggs.
- Successful local fashion designer **Julie Tengdahl** will step delegates through the processes of fashion design from concept to marketing.
- **Anne Schafer** and **Christine Loos** from the Queensland Department of Education and Training will explore the Queensland Government's new (2016) *Respectful relationships education program*, which is part of a broader multi-departmental commitment to ending domestic and family violence.
- Queensland Health's **Barbara Radcliffe** and **Simone Johnston** will consider the food skills needed to interact and thrive in a culturally diverse world, regardless of background and location. They will share Metro South Health's multicultural nutrition resources and methods of providing culturally safe and accessible services and how delegates can become 'global village ready'.
- Heart Foundation's **Deanne Wooden** will consider the Australian food supply and look at the politics of healthy eating and how decisions are made in our food supply, while Nutrition Australia's **Amelia Webster** will examine the new Smart Choices for Queensland schools.
- A team of key personnel from the Queensland Curriculum and Assessment Authority—Director **Jacquie Wilton**, Assistant Director **Kathryn Tully**, and Principal Education Officers **Jo Butterworth**, **Shauna Bouel** and **Carolyn Jones**—will present three sessions that cover key curriculum issues for home economics teachers—for example, P-10 requirements, external assessment, the Senior syllabus and assessment of Subject Area Syllabuses.
- **Shannon Kellam** from Montrachet is sure to delight with his demonstration of cooking techniques to bring flavours and textures to the forefront, along with a discussion of fresh organic vegetables and how to make them more the hero of the menu.
- Echidna Sewing's **Amanda Loveridge** will run two sessions to exemplify the power of the sewing machine, while **Mabina Alaka** will demonstrate the process of creating a brooch with traditional textiles in a modern

way and share the processes she uses to source her ideas, design her brooches, sketch her ideas and refine them to meet consumer demand.

- **Michael Knight** from Peer Power will no doubt be in demand as he explores stress management and time management (two sessions).
- **Tegan McIntosh** from Diabetes Queensland will talk about the *Need for Feed* program, a successful evidence-based cooking and nutrition program delivered in Queensland high schools that enhances the skills and confidence of teenagers to prepare and cook healthy food.

Speakers returning to the HEIA(Q) stage

HEIA(Q) members certainly have their favourites and we could fill the program with the many speakers who have repeatedly impressed delegates with their extremely high standards over the years. But in an effort to bring variety to the program, the Conference Committee tries to blend the tried and tested with some new speakers. Those returning to the stage this year are as follows.

- **Dr Jenny Nayler** will lead a session on critical and creative thinking with a focus on a key element of IBL: BIG questions to drive units and questioning frameworks to support critical and creative thinking in the classroom.
- **Kay York** from the Queensland Department of Education and Training will address delegates about satisfying data demands. Kay will explore some ideas to help meet the demands of schools for improving engagement and student achievement.
- **Rosie Sciacca**, from John Paul College, will explore the intricacies of the reasoning process and the implications they have for students and teachers with regards to learning experiences and assessment.
- **Dale Chapman** will take delegates on a cultural journey explaining the scientific thinking behind bush tucker and **Alison Taafe** will demonstrate how to cook fabulous health-promoting dishes.
- **Dr Jason Wu** from The George Institute for Global Health will review recent research assessing the current trans-fatty acid levels in processed and takeaway foods and intake levels in Australia, as well as the burden of coronary heart disease attributable to TFA intake. He will also explore the effectiveness of policy interventions at reducing TFA intake
- **Jane Milburn** of Textile Beat will share her Slow Clothing Manifesto and reflect on who makes our clothes, the fibres they are made from and where they go when we discard them.
- **Dr Janet Reynolds** will explore the revised (and to be renamed) 'Fashion for the sun' resource, modelling one way to implement the Design and Technologies curriculum and how to scaffold related learning.

We hope to see you there!

Win a full scholarship for the NESLI Program at the 2016 HEIA(Q) state

The closing date for applications has been changed to 15/7/2016.

HEIA(Q) is delighted to announce that it has partnered with the National Excellence in School Leadership Initiative (NESLI) to enable HEIA members registering for the 2016 HEIA(Q) state conference to have an opportunity to win a full scholarship to the Women's Advanced Leadership Program, valued at \$5995. Five partial scholarships will also be awarded, each one valued at \$4000. The Advanced Leadership Program Prospectus, available on the HEIA(Q) website home page at <www.heiaq.com.au> along with the application form, provides more information about this unique opportunity for HEIA members. Completed application forms need to be returned to Betti Tovishazy, Senior Scholarship Advisor at btovishazy@asam.edu.au by Friday the 15 July 2016—please note that the closing date has been extended to take into account the holiday breaks during April. The winners of both the full and partial scholarships will be announced at the conference on 6 August 2016.

For more information please call Betti on 03 9270 9046 or 1300 138 037.

What is the Advanced Leadership Program?

The Advanced Leadership Program supports the development of exceptional female school leaders. Created to provide tailored development and support to Australia's growing pool of senior female school leaders, the Advanced Leadership Program enables the advancement of high potential women across all school sectors.

The Advanced Leadership Program is an integrated development platform focusing on the interpersonal and behavioural dynamics associated with a senior leadership position. Delivered over an extended six-month period to ensure minimal disruption to participants' workloads, the program combines rich, multimedia presentations with user-friendly toolkits delivered via a cutting-edge online learning platform.

During the program participants engage in a deep exploration of their own strengths, weaknesses and opportunities as they relate to building and maintaining highly effective school teams. The Advanced Leadership Program equips leaders with the insights, skills and confidence to accelerate their own career progression as they simultaneously strengthen the performance of their colleagues and their schools.

Regularly engaging in highly interactive learning experiences, participants share their journeys with like-minded colleagues across the country. In addition to delivering high-impact professional development, the program sets out to create powerful, lifelong professional networks.

The program employs an integrated learning methodology based around self-analysis, peer knowledge sharing, experiential exercises, practical workplace application and reflection. Throughout the program, learnings are related back to the day-to-day realities and challenges of each participant. This process is enhanced through participant-generated discussions and adaptive leadership challenges that unlock existing skills and experience within the group.

Why have a leadership program exclusively for female school leaders?

Through broad consultation across many geographical and industrial boundaries, Women & Leadership Australia (WLA) has uncovered a significant need for a developmental program that enables high-potential female school leaders to engage in an intensive, peer-oriented leadership development experience.

In response to this need, WLA engaged a wide range of stakeholders from across a number of key industries to assist in the development of the Advanced Leadership Program. In addition to delivering exceptional professional development, the program sets out to create powerful role models for future female leaders.

In addition to enabling real outcomes for individual leaders, the Advanced Leadership Program is recognised internationally as a unique and innovative program that contributes in a meaningful way to the realisation of gender equity in relation to formal school leadership.



Advanced Leadership conference



Don't miss this fabulous opportunity.

Program elements explained

The program alternates between delivery modes to create a rich and engaging learning environment.

Capability assessment

At the beginning of the program, participants undertake a capability assessment to evaluate their abilities and confidence in key areas. Results from this simple assessment support each participant to develop a personal action plan to help them achieve their developmental objectives.

Online sessions

Throughout the program participants engage in seven live webinar sessions, focused on rich discussion and debate relevant to each topic area.

Adaptive leadership challenges

Throughout the program, participants take part in a number of adaptive leadership challenges. By contextualising major themes within real-world situations, the challenges reinforce key learning and equip participants to operationalise new approaches.

Peer coaching

During the program each participant enters into a peer mentoring partnership with a co-participant. The peer mentoring process is fundamental to the program and greatly enhances the learning process.

Self-directed learning

Throughout the program, content and media for each module is accessible 24/7 via a state-of-the-art online learning management system that allows participants to engage with it any time from any device.

Interactive online community

During the program, participants have 24/7 access to the interactive online portal which connects them with other female leaders from across the country.

Program snapshot

Program duration:
6 months

Average weekly time commitment:
2 hours

Program themes explained

Mindful and authentic leadership

The first theme introduces participants to a values-based operational framework as participants explore the relationship between personal authenticity and effective performance. Participants take a deep dive into the traits and behaviours that define exceptional leaders in today's society; and consider how to synthesise their personal aims and objectives with that of their roles in order to optimise their impact and stay focused on their goals.

Conflict and feedback—the DNA of performance

When handled effectively, conflict leads to a better awareness of other people's feelings and can be highly productive. The second theme approaches conflict and feedback as proactive performance management tools and fundamental ingredients in effective communication.

Mastering influencing and negotiation

Our ability to effectively influence and negotiate with others is fundamental to success in all areas of life. As leaders we use these skills every day to settle differences and achieve optimal outcomes for our schools. The second theme will explore the psychology involved in influencing others and negotiating for particular outcomes.

Leading innovation and change

This theme focuses on the leadership qualities involved in driving innovation and change. Using a case study approach, participants explore the way in which innovation and change are inextricably intertwined. Participants then examine leadership challenges during times of crisis, gaining an understanding of the way in which they can help build flexible, agile organisations.

Creating my pathway

As our everyday environments increase in complexity it is easy to become distracted by the immediate at the expense of what's truly important. The final theme centres on developing a coherent and dynamic game plan for future career and life fulfilment. Within the context and expectations of their own workplaces, participants consider the steps required to fully realise their career potential.

About NESLI

The National Excellence in School Leadership Initiative (NESLI) is a collaborative arrangement bringing together an unprecedented array of stakeholders with a common commitment around developing exceptional schools through exceptional school leaders. Through the provision of global best practice in leadership development, NESLI targets the immediate need to equip Australian teachers—across all divides—with the skills, knowledge and confidence to overcome the complex leadership challenges in today's school environment.



About WLA

Women & Leadership Australia (WLA) is a national initiative committed to supporting the increased representation of women in business and community leadership roles. WLA is based on the belief that women represent an enormously under-utilised national resource. Through supporting a greater percentage of talented women to progress into leadership positions, tremendous cultural and economic benefits will follow. The initiative comprises a range of professional development programs, advisory services, and research endeavours. Since its inaugural forum in 2003, over 50 000 women have participated, making WLA Australia's peak leadership initiative for women.

New closing date for applications is Friday 15th July 2016.



2016 Regional Professional Development Program

Home Economics



A Defining Time?

The 2016 HEIA(Q) regional workshops will address curriculum planning that aligns with the endorsed Australian Curriculum, a sustainable textiles hands-on workshop and improving learning and engagement through inquiry-based learning. In total, 28 workshops will be offered across the state. Remember that members can always travel to another region to participate in workshops that are different to what is offered in their own region.

Costs

2.5-hour afternoon program, including afternoon tea:

- Members: **\$55**
- Non-members: **\$75**

Full-day program, including morning tea and lunch:

- Members: **\$125**
- Non-members: **\$165**

Please see back cover for dates and venues of the regional workshops for Terms 2, 3 & 4

Workshop 1

Refashioning

Presenter Jill Milburn

Time 2.5 hours

Hours of professional development 2.5 hours

What to bring:

- Basic sewing kit (scissors, needle and thread, pins, safety pins etc.)
- Materials for the desired options from those shown below

Refashioning

What the participants said:

- Excellent hands-on workshop.
- Wonderful presenter, lots of resources/ideas/relevant to program.
- Great ideas—loved the hands on.
- Got the creative juices going.
- Very inspirational, can't wait to pass this onto my students.
- Practical and hands on.
- Very useful; allowed us to work on our own projects which was great.
- A great afternoon with inspirational ideas.
- Wonderful workshop - very inspiring.

Session overview

This workshop will spark creative thinking about ways to extend the life of clothing by upcycling. Garments refashioned during the Sew it Again project will be shown for inspiration and ideas. The following three refashioning techniques will be demonstrated and delegates will be given the opportunity to apply one or more of those techniques in the session:

1. Adapting tops—replace collars/turtlenecks with rolled-collar necklines
2. Refashioning jumpers—turning discarded jumpers into jumper skirts and beanies
3. Repurposing T-shirts—turning an unwanted T-shirt into an eco-necklace or infinity scarf (no sewing machine skills are needed for this one).

Based on the above options, please bring along one or more garments you wish to refashion:

For 1: A top or dress with a problem neckline along with approximately 30 cm of stretch or woven fabric, suitable for fashioning into a replacement collar

For 2: A jumper (which needs to fit over your hips) and a waist-length piece of elastic 1 cm wide

For 3: Several old T-shirts and a couple of safety pins.

The number of items you refashion will depend on your own way of working.

This is a standalone workshop for all those interested in refashioning as a means of contributing to sustainable environments. It will also provide a wealth of ideas for exploring the topic of sustainable textiles with high-school students. The discussion surrounding the practical work will explore issues related to sustainability as it relates to textiles and fashion. The practical component will necessitate some basic machine sewing skills.

Note: The host school will provide sewing machines but feel free to bring your own if you prefer.

Professional standards

The workshop will focus on the following Australian Professional Standards for Teachers:

Standard 2 Know the content and how to teach it

Standard 6 Engage in professional learning

Standard 7 Engage professionally with colleagues, parents/carers and the community.

Workshop 2

Improved engagement and learning through inquiry-based learning: Getting practical

Presenter Dr Jennifer Nayler

Time 2.5 hours

Hours of professional development 2.5 hours

Improved engagement and learning through inquiry-based learning

What the participants said:

- Not only very informative, but also entertaining.
- Absolutely awesome! Wow! So empowering—I am keen to try these strategies and tools this week.
- Fantastic! Great to see some ideas which break out of the 'I do, we do, you do' structure.
- Allows students to take control and have responsibility for their learning.
- Fantastic! Inspiring, enthusiastic, motivating and useful presentation. Loved it!
- Very informative and relevant. Lots of examples to demonstrate.
- Amazing strategies—loved it!

Session overview:

This professional learning and planning session will focus on practical classroom strategies to support active student engagement and achievement through inquiry-based learning (IBL) approaches.

The workshop will clarify what constitutes IBL and the evidence base for such an approach. The focus, however, will be on supporting participants to expand their own repertoires of teaching strategies. The workshop will draw on four key approaches to structured teaching: indirect (such as IBL), direct (or explicit teaching), collaborative and experiential approaches.

'The IBL 5' (Nayler, 2014) will form the basis of the workshop content. This will involve the explicit use of the following to drive teaching and student learning in a specific unit:

1. BIG questions and sub-Qs, with BIG Qs being conceptual or higher order and connected (to students' lives, the world and the required curriculum)
Note: Examples appropriate for the Home Economics subject area will be included with a focus on collecting and sharing further examples during the workshop series.
2. A model of inquiry (such as TELSTAR¹) to scope and sequence the student investigation and teaching planning and enactment
3. Thinking skills taxonomies
4. Questioning skills frameworks
5. A repertoire of IBL teaching strategies with a focus on the use of digital pedagogies.

In this highly interactive session the four structured teaching approaches (direct, indirect, collaborative and experiential) will be modelled and resources will be provided in the program guide to illustrate the practical application of 'The IBL 5'.

Professional standards

The workshop will focus on the following Australian Professional Standards for Teachers:

- Standard 1 Know students and how they learn
- Standard 3 Plan for and implement effective teaching and learning
- Standard 4 Create and maintain supportive and safe learning environments
- Standard 6 Engage in professional learning
- Standard 7 Engage professionally with colleagues, parents/carers and the community.

Workshop 3

Working with the revised and endorsed Australian Curriculum (HPE and Design & Technologies)

Presenter Dr Janet Reynolds and Kay York

Time 2.5 hours

Hours of professional development 2.5 hours

Working with the revised and endorsed Australian Curriculum (HPE and Design & Technologies)

What the participants said:

- Fast moving and plenty of resources to assist with implementation of both syllabi.
- Great examples of planning.
- Fantastically practical and great examples.
- Very well organised—quality materials and presentation.
- Excellent highlighting of how we could tackle implementing Australian Curriculum.
- Unit planning template is really great.
- Great resources.
- The examples are so specific that we can use them

Session overview:

This session will build on the Australian Curriculum workshops offered by HEIA(Q) in 2014 and 2015. Its focus will be designing standalone (HPE or D&T) and integrated units (HPE and D&T), and identifying instances when these options will work well. The session will complement the 2014/15 workshops by addressing the Design and Technologies curriculum in more detail. For both Health and Physical Education and Design and Technologies, examples will be provided of how to link planning documents to the content descriptions and the achievement standards of the now-endorsed Australian curriculum.

It is suggested that delegates attend with a view to working on a specific unit of work for Years 7/8 or Years 9/10

Professional standards

The workshop will focus on the following Australian Professional Standards for Teachers:

- Standard 3 Plan for and implement effective teaching and learning
- Standard 6 Engage in professional learning
- Standard 7 Engage professionally with colleagues, parents/carers and the community.

Workshop registration

Please register online at the HEIA(Q) website www.heiaq.com.au/eventsworkshops. Registration costs vary based on the workshops being attended. Please see the website for costs for specific workshops.

Registering online enables you to pay registration fees via MasterCard or Visa, or you may choose to pay by cheque or EFT. Outstanding accounts must be settled at least 7 days prior to the commencement of the workshop. The final date for registration is 7 days prior to the workshop date. You will be notified via email if a session is cancelled.

Cancellation and refund policy

Workshop cancellations must be made **in writing** to the HEIA(Q) workshop secretariat, Expert Events. A full refund will be made for cancellations received up to 7 days before a workshop. No refund is available for cancellations received less than 7 days before a workshop. Provided you advise the secretariat in writing, you may transfer your registration to a colleague at any time prior to a workshop.

Workshop registration and general enquiries

Please contact Expert Events:

T 07 3848 2100

E heiaqpd@expertevents.com.au

PO Box 351, Hamilton Central QLD 4007

2016 Professional Development Program—what



The HEIA(Q) 2016 regional professional development program is up and running. Regional coordinators were, once again, totally organised and had their workshops, dates and venues worked out early in Term 1. Regions were given three workshops from which to choose, with most choosing two workshops but some offering all three.

Term 1 started with the appointment of four new regional coordinators, followed by implementation of HEIA(Q) regional workshops in Toowoomba, Brisbane North, Brisbane West, Gold Coast and Bundaberg. Across the five locations, all three workshops on offer for 2016 were delivered:

- Toowoomba was the first region to offer its program, offering all three workshops in an ambitious program scheduled for Friday late afternoon and all day Saturday. Unfortunately there were insufficient numbers for *Refashioning*, to go ahead on the Friday evening, but *Working with the revised and endorsed Australian Curriculum (HPE and Design Technologies)* and *Improved engagement and learning through inquiry-based learning: Getting practical* were well attended on the Saturday.
- Brisbane West and Gold Coast both enjoyed fabulous after-school *Refashioning* workshops whilst Brisbane North's workshop *Working with the revised and endorsed Australian Curriculum (HPE and Design & Technologies)* was a full house.
- Bundaberg offered *Refashioning* and *Improved engagement and learning through inquiry-based learning: Getting practical*.

Regional coordinators: Farewell and welcome

At the end of 2015, four regional coordinators handed over the reins to new coordinators. We say a sincere thank you to Leonie Purcell (Brisbane North), Sue Booth (Brisbane West), Karen Vorpagel (Toowoomba) and Helen Willmet (Townsville) for their great coordination over a number of years. As has so often been said, without the coordinators, the workshops would not go ahead. We welcome Julie Nash (Hillbrook Anglican School, Brisbane North), Tanya McKenna (Ipswich State High School, Brisbane West), Sandy Feldman (Centenary State High School, Toowoomba), Edna Luke (Thuringowa State High School, Townsville) and Wendy Owens (St Margaret Mary's College, Townsville) for taking on the role in their respective regions. Edna and Wendy will coordinate the Townsville program jointly.

Term 1 Workshop reports

Toowoomba

Workshop 3: Working with the revised and endorsed Australian Curriculum (HPE and Design & Technologies) and Workshop 2: Improved engagement and learning through inquiry-based learning: Getting practical

If it's possible, I'm sure you'll all agree, it's a great idea to arrive a bit early to these workshops for the enjoyable catch-up chat and coffee. For those of us in the widespread Darling Downs region, this is always a bonus for attending our HEIA(Q) workshops. Saturday 26 February had 15 teachers keen to learn more about the now-endorsed Australian Curriculum and getting some great strategies and ideas for improving our classroom learning and student engagement. Held at Centenary Heights State High School, both sessions were well received and very beneficial for all attendees. By having sample units of work to peruse as well as experiencing/participating in (!) classroom examples of how to implement inquiry-based learning, we all enjoyed our learning too. Dr Janet Reynolds encouraged and helped us continue to navigate the HPE and D&T Australian Curriculum and how we might plan our units. After lunch, Dr Jenny Nayler provided humorous anecdotes with her strategies on improving student engagement. It was an enjoyable session to finish off a day of great professional development. As usual, the food was delicious, company always great, teaching spot-on and facilities comfortable. Thanks everyone for another worthwhile PD session, especially those of you who travelled so far to attend—presenters included!

Sandy Feldman

Darling Downs regional coordinator



happened in Term 1



Gold Coast

Workshop 1: Refashioning

The Gold Coast regional workshop was held Monday 29 February 2016 at All Saints Anglican School. There were 14 participants at this workshop, held from 4.00 pm to 6.30 pm.

Melinda Pascoe

Gold Coast regional coordinator

Brisbane North

Workshop 3: Working with the revised and endorsed Australian Curriculum (HPE and Design & Technologies)

On Tuesday 16 March 2016, approximately 30 home economics teachers, mainly HEIA(Q) members, were welcomed to Hillbrook Anglican School, which is the latest venue for Brisbane North workshops. Kay York presented Workshop 3: *Working with the revised and endorsed Australian Curriculum (HPE and Design & Technologies)*, which was very well received by all.

Kay provided resources for planning new programs and units of work. These resources fill a gap and are much needed when planning for and preparing to teach the new curriculum. One of the highlights was the specific examples provided, showing how units of work connect to the curriculum. These will hopefully allow teachers to work smarter and not harder. The presentation Kay gave was most informative and provided an easy-to-understand interpretation of the requirements to take our subject forward.

The opportunity to mingle with our peers is always welcome and the afternoon tea provided a forum for general discussion and a chance to catch up with old and new friends.

This workshop was well attended, proving to be an important part of our professional development. Thank you HEIA(Q) for organising this event.

Julie Nash

Brisbane North regional coordinator

Be prepared: AATFA has launched!



Spectacular creations, leading Australian designers and amazing venues are all set to feature in the Apex Australia Teenage Fashion & Arts (AATFA) Youth Festival which will begin around Australia this May.

AATFA is Australia's leading annual student festival of fashion. Upcoming young designers are about to be unleashed onto the national fashion scene. AATFA attracts some of the best aspiring young fashion designers from around Australia and allows them to launch themselves into the fashion industry.

Textile, fashion and art teachers are encouraged to identify students who are passionate about textiles and design and to support students aged 13-19 years to enter online for the AATFA Youth Festival.

Brisbane's 2015 Formal Wear winner, 14-year-old Connor O'Grady, tells of his recent experience:

"A part of the win was a week at The Whitehouse (Institute) participating in a fashion illustration workshop which I did in January of this year. This week was awesome and it was something I really got a lot out of, I learnt so much in that short week. The Whitehouse even offered me a guaranteed spot in their fashion degree course when I finish school, which is something that I am looking forward to!

"Rebecca from White Runway flew me down to Sydney to spend the day with her team... this day was jam-packed from start to finish and it gave me an insight into the busy world of fashion design and also what it is like to manage and run an online store and hands-on experience with clients visiting their showroom to try on dresses. I loved spending time with Rebecca's in-house designer Sunny and her showing me different types of fabrics from around the world. Overall, I had a great day at White Runway but I only wished that my stay was longer!"

The AATFA Youth Festival is supported by community group APEX and is aimed at secondary school students throughout Australia who have the opportunity to design, manufacture and model their own garments. The young designers are encouraged to showcase their unique creative abilities, network with established designers and establish stepping-stones into the world of fashion and design.



Leading designs across the four key categories—Casual Wear, Formal Wear, Wearable Art and Society & Environment—will be showcased through regional, state and national events as part of AATFA, now in its eleventh year nationally. The national final will be held in Melbourne on 22 October 2016 at the prestigious Whitehouse Institute of Design.

For further enquiries go to the AATFA website <www.aatfa.org.au> or contact Jeff Hardie at <aatfa@live.com.au> or by telephone on 0409 050 547.



NEED FOR FEED

Evaluation Summary 2011–2015

Background

Health status of Queensland children

The prevalence of overweight and obesity in Queensland children is astounding, with 28% of children aged five to 17 years reported to be overweight or obese^[1]. Furthermore, the prevalence of obesity in children who live in disadvantaged areas is double those that live in advantaged areas. This is a serious issue as once children become obese, they are more likely to remain obese into adulthood^[2]. Of the 211000 children who are classified as overweight or obese, their risk of developing a range of health conditions and chronic conditions including type 2 diabetes is greatly increased^[1]. This poses a significant economic burden to the community^[2-3].

Cooking skills and health

Nutrition is a key factor for good health and for healthy growth and development. Evidence shows young children are more likely to have a balanced diet consuming the recommended serves of fruit and vegetables and moderate amounts of discretionary foods than adults, however diet quality declines as children get older and move into adolescence^[4-5]. Cooking skills have been identified as a key behaviour to influence diet quality however, less than one fifth of Australian young people are confident about cooking and only 14% make an effort to get nutrition basics right at every meal^[6-9].

The evidence for cooking programs for children

Cooking and nutrition interventions targeting school-aged children have been shown to improve nutrition knowledge and behaviours^[10-13]. Interventions targeting children can also result in positive flow on effects to a child's family and lead to healthier meals being prepared in the home^[14-18]. The benefits of home cooked meals, including eating family meals together is associated with higher nutritional quality including an increased consumption of fruits and vegetables and a lower consumption in total energy, fat, sugar and sodium, compared to meals purchased outside of the home^[19-27].

The Need for Feed program

The *Need for Feed* program was one strategy addressing the growing burden of chronic disease and overweight and obesity amongst Queensland youth through cooking and nutrition education. The program provided practical healthy cooking lessons for students in grades 7 to 10 in Queensland high schools, focusing on improving knowledge, skills and confidence of students in cooking and nutrition.

The *Need for Feed* program was developed in 2010 by Diabetes Queensland in consultation with two experienced Queensland Home Economics teachers. The two professionals designed the program content including lesson plans, recipes and nutrition theory and activities. Program design was overseen and guided by an expert steering committee that included representation from Queensland's Department of Health, Queensland's Department of Education and Training and home economic teachers (through HEIA(Q)).



The program aimed to attract students who didn't study home economics as well as students from disadvantaged communities including Aboriginal and Torres Strait Islander communities, culturally and linguistically diverse backgrounds, and students from regional and remote areas.

Need for Feed was piloted from July 2010 to June 2011 with 12 programs in 11 schools in South East Queensland. The pilot program reached 152 students and achieved successful outcomes including high stakeholder satisfaction.

Based on the success of the pilot, further funding was received from Queensland's Department of Health to expand the program across Queensland to 120 schools and a minimum of 1800 students between July 2011 and June 2015. In July 2015, an additional five programs were funded to reach a minimum of 75 students between July and September 2015. These results are also included within this report.

Need for Feed Evaluation Summary 2011-2015 cont.

Key findings

Need for Feed was an evidence-based program that targeted public and private high school students in grades 7 to 10 across Queensland. The program provided practical healthy cooking lessons, focusing on improving knowledge, skills and confidence of students in cooking and nutrition.

Process, impact and outcome measures were implemented to assess changes in participants' knowledge, behaviours, skills and attitudes toward healthy cooking and eating. A combination of measurement methods was utilised to collect data pre and post program, and a subset of participants were followed up six months after the program completion.

Key findings of the *Need for Feed* program

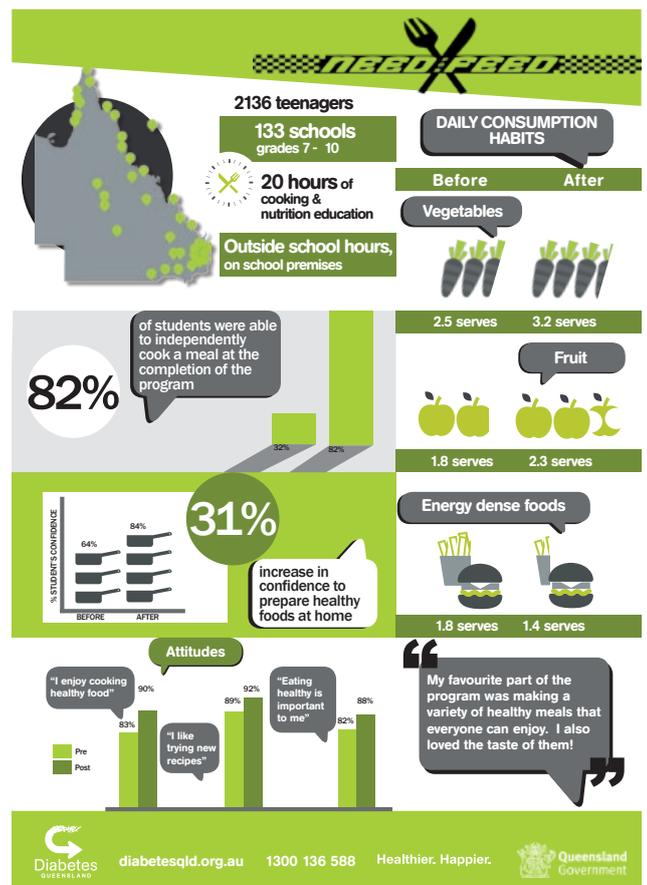
- Participants improved their health behaviours. This was measured by an increase in fruit and vegetable consumption (22% and 50% respectively) and a reduction in energy-dense foods (a change of 13%) six months post program.
- There was a 156% increase in the number of participants who were able to prepare and cook a healthy meal independently post program.
- There was a 5% increase in the number of participants able to correctly identify the recommended servings of fruit and vegetables post program. Knowledge of fruit and vegetables recommendations was already very high pre-program and remained stable six months post program.
- There was a 7% and 6% improvement in the number of participants with a positive attitude towards cooking healthy foods and eating healthy foods respectively post program. Attitudes towards cooking and eating healthy foods were already very high pre-program.
- There was an 8% increase in the number of participants who enjoyed cooking a healthy meal post program.
- There was a 33% increase in the number of times participants cooked healthy meals or snacks per week post program.
- There was a 31% increase in the number of participants that were confident in preparing and cooking a healthy meal post program.
- Both students and facilitators indicated a high level of satisfaction overall with the program and its materials.

The program was successful in reaching audiences across Queensland with 37% of programs delivered in outer regional, remote and very remote locations.

Furthermore, the program was successful in reaching the target group with a total of 39 programs (29%) delivered to vulnerable target groups including Aboriginal and Torres Strait Islander students, recently migrated English-as-a-second-language students, special needs students and disengaged students.

Overall, *Need for Feed* was an effective strategy in improving knowledge of healthy eating and attitudes towards cooking and nutrition as well as increasing cooking confidence and skills and creating long lasting improvements in the consumption of nutritious foods for grades 7 to 10 Queensland high school students.

The *Need For Feed* program is funded by the Queensland Government.



HEIA(Q) membership @ 31 December 2015

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As at 31 December 2015, the Queensland Division had 598 members, 40 fewer than at the end of 2014.

Member type	HEIA(Q) members 31/12/15	HEIA(Q) members 31/12/14	Nationally 31/12/15
Associate	0	1	5
Full	116	137	343
School contact	100	111	208
School non-contact	335	353	674
Student with journal	18	15	48
Student no journal	9	4	21
NIPE	20	17	75
TOTAL	598	638	1374

Nationally HEIA had 1374 members at the end of December 2015 compared to 1540 at the end of 2014, a 10.8% decrease, compared to the 6.2% decrease for HEIA(Q). The decrease could have been due, in part, to members who joined in 2014 to receive the discount rate for the 2014 national conference but who did not rejoin in 2015. Plus there could have been a drop due to the increased fees set at the national level. HEIA(Q) had 43.5% of the membership as at the end of the year. In comparison to the national profile, HEIA(Q) has more school members but fewer full, NIPE and student members:

Member type	HEIA(Q) % as at 31/12/2015	National % as at 31/12/2015
Associate	0.0%	0.4%
Full	19.4%	25.0%
School contact + non-contact	72.7%	64.2%
Students	4.5%	5.0%
NIPE	3.4%	5.4%

The strong HEIA(Q) membership reflects the value placed on the Institute and positions the Division well for advocating on behalf of its members. All 2015 members are encouraged to renew their membership in 2016 to ensure that the home economics profession in Queensland has a strong professional voice. In 2015 the Queensland Division took steps to minimise the impact of increased membership fees imposed at a national level—for example, no increases were made to the registration fees for the 2015 conference or the 2015 regional workshops.

There have been no changes in the trend of HEIA(Q)'s membership distribution across the various categories. School memberships remained strong—of the 598 members, 435 were school members. This was financially beneficial, as HEIA(Q) received a \$242.42 capitation for every school membership. These funds are used to subsidise members' attendance at various events.

New members joined almost every month, each of whom was sent a divisional kit for new members (one kit per school membership). National kits are no longer sent to new members.

As at the end of December 2015, of the 598 members, HEIA(Q) had email addresses for all but two, neither of whom have an email address. Email is an efficient and cost-effective means of contacting members.

By comparison, at the end of 1994, the first full year of HEIA's operation, there were 87 members in the Queensland Division, and 650 members across all divisions.



Home Economics Teacher Excellence Awards

HEIA(Q) would like to acknowledge high quality teachers within our profession, but we need your help. It's time to share with others the exemplary work done by home economics teachers. Please tell us about their activities and achievements by nominating them for a teacher excellence award.

**Nominations
must be received
no later than**

**Friday
24 June 2016**

The Queensland Division of the Home Economics Institute of Australia invites nominations for the **HEIA(Q) 2016 Home Economics Teacher Excellence Awards**. This is an invaluable opportunity to recognise and celebrate the outstanding work done by home economics practitioners. Home economics teachers contribute much to education in Queensland and this is one way the profession can acknowledge practitioners who excel.

The Excellence Awards will be presented at the HEIA(Q) state conference on Saturday 6 August 2016. Regional functions may be arranged to celebrate awardees from regional centres.

Who are you going to nominate?

Nominations are invited for currently practising teachers who have, in recent times, **demonstrated excellence** consistently across **several facets of home economics education** such as teaching practice, curriculum development, student success, professional activities . . . Primary focus should be given to activities relating directly to **home economics** but may also include activities relating to, for example hospitality and early childhood.

- Nominees must be financial members of HEIA Inc (individual or school).
- A member who has received an HEIA(Q) Home Economics Teacher Excellence Award is eligible for re-nomination three years after receiving the award.
- A maximum of three awards will be presented annually. A panel will review the nominations.
- Nominations must address at least two of the three criteria comprehensively but be clear and concise, occupying no more than two A4 pages.
- You may nominate a colleague or nominate yourself.
- Each nomination must be seconded by another member or a school representative such as the Principal.

Selection criteria

1. **Demonstrated** ability of the nominee to implement **high-quality and/or innovative teaching practice** to ensure maximum learning outcomes within a context of home economics
2. **Development** of **high-quality and/or innovative curriculum** within a school-based environment—this could relate to the development of programs that relate to syllabus documents, work programs, or a contribution to syllabus development
3. **Contribution** to **professional activities** by **developing, facilitating or being involved in the implementation** of professional development opportunities for colleagues

To nominate a colleague, please forward the completed nomination form and response to the selection criteria to:

Teacher Excellence Awards
Home Economics Institute of Australia (Qld)
PO Box 629
Kallangur QLD 4503

or scan and email to heiaq@heia.com.au

Home Economics Teacher Excellence Awards

Nomination Form

Nominee details >

(person being nominated for the award)

Name: _____

Tel (H) _____ Tel (W) _____ Mobile _____

Email: _____

School: _____

School Address: _____

Number of years of home economics teaching experience: _____

Nominator details >

Please note that the person proposing the nomination must be a financial member (individual or school) of HEIA Inc. The nomination must be seconded by another member or a school representative such as the Principal. Members may nominate themselves.

Proposed by:

Signature: _____ Date: _____

Tel (H) _____ Tel (W) _____ Mobile _____

Email: _____

Seconded by:

Signature: _____ Date: _____

Tel (H) _____ Tel (W) _____ Mobile _____

Email: _____

Response to selection criteria

Please provide details of how the nominee has demonstrated excellence in home economics teaching in recent years (1-3 years). Include details of the activities undertaken by the nominee and his/her professional characteristics that indicate excellence. Where appropriate, please include the year of the activity.

Details of the nominee's activities/characteristics must address a minimum of two of the following selection criteria:

1. **Demonstrated** ability of the nominee to implement **high-quality and/or innovative teaching practice** to ensure maximum learning outcomes within a context of home economics
2. **Development** of **high-quality and/or innovative curriculum** within a school-based environment—this could relate to the development of programs that relate to syllabus documents, work programs, or a contribution to syllabus development
3. **Contribution** to **professional activities** by **developing, facilitating or being involved in the implementation** of professional development opportunities for colleagues

The primary focus should be given to activities relating directly to home economics, but may also include activities relating to, for example, hospitality and early childhood. Nominations should be comprehensive but clear and concise, occupying no more than two A4 pages.



heia(Q) Diary Dates

5 MAY 2016

**HEIA(Q) REGIONAL WORKSHOP
SUNSHINE COAST**

WORKSHOP 3

4:00 pm – 6:30 pm
St Teresa's Catholic College
Sea Eagle Drive, Noosaville

10 MAY 2016

**HEIA(Q) REGIONAL WORKSHOP
BRISBANE NORTH**

WORKSHOP 1

3:45 pm – 6:15 pm
Hillbrook Anglican School
45 Hurdcotte Street, Enoggera

15 MAY 2016

INTERNATIONAL DAY OF FAMILIES

www.un.org/en/events/familyday/

18 MAY 2016

**HEIA(Q) REGIONAL WORKSHOP
BRISBANE WEST**

WORKSHOP 1

3:30 pm – 6:00 pm
Ipswich State High School
1 Hunter Street, Brassall

20 MAY 2016

**HEIA(Q) REGIONAL WORKSHOPS
ROMA**

WORKSHOP 1 and WORKSHOP 2

9:00 am – 3:30 pm
St John's Catholic School
Bowen Street, Roma

27 MAY 2016

**HEIA(Q) REGIONAL WORKSHOP
TOWNSVILLE**

WORKSHOP 3

4:00 pm – 6:30 pm
St Margaret Mary's College
1-9 Crowle Street, Hyde Park

28 MAY 2016

TOWNSVILLE

WORKSHOP 1 and WORKSHOP 2

9:00 am – 3:30 pm
Pimlico State High School
55-77 Fulham Road, Gulliver

4 JUNE 2016

**HEIA(Q) REGIONAL WORKSHOPS
TOWNSVILLE**

WORKSHOP 1 and WORKSHOP 2

8:45 am – 3:15 pm
St Andrew's Catholic College
Intake Road, Redlynch, Cairns

24 JUNE 2016

**HEIA(Q) REGIONAL WORKSHOPS
MACKAY**

WORKSHOP 1 and WORKSHOP 3

8:40 am – 3:15 pm
Mackay North State High School
Valley Street, North Mackay

21 JULY 2016

**HEIA(Q) REGIONAL WORKSHOP
BRISBANE SOUTH**

WORKSHOP 1

3:45 pm – 6:15 pm
Clairvaux Mackillop College
Klumpp Road, Upper Mt Gravatt

1 AUGUST 2016

**HEIA(Q) REGIONAL WORKSHOP
GOLD COAST**

WORKSHOP 2

4:00 pm – 6:30 pm
All Saints Anglican School
Highfield Drive, Merrimac

3 AUGUST 2016

**HEIA(Q) REGIONAL WORKSHOP
BRISBANE WEST**

WORKSHOP 2

3:30 pm – 6:00 pm
Ipswich State High School
1 Hunter Street, Brassall

6 AUGUST 2016

**HEIA(Q) STATE CONFERENCE:
HOME ECONOMICS 2016—A DEFINING TIME?**

8:30 am – 5:00 pm
Brisbane Convention & Exhibition Centre

6 AUGUST 2016

**WELCOME TO THE 2016 HOME ECONOMICS
GRADUANDS
(PART OF THE HEIA(Q) STATE CONFERENCE:
HOME ECONOMICS 2016—A DEFINING TIME?)**

8:30 am – 5:00 pm
Brisbane Convention & Exhibition Centre

12 AUGUST 2016

**HEIA(Q) REGIONAL WORKSHOPS
ROCKHAMPTON**

WORKSHOP 2 and WORKSHOP 3

9:00 am – 3:30 pm
The Cathedral College Home Economics Textiles Room
104 Derby Street, Allenstown, Rockhampton

19 AUGUST 2016

**HEIA(Q) REGIONAL WORKSHOP
SUNSHINE COAST**

WORKSHOP 2

4:00 pm – 6:30 pm
Siena Catholic College
69 Sippy Downs Drive, Sippy Downs

25 AUGUST 2016

RETIREES' HIGH TEA

11:30 am
Keri Craig Emporium, Brisbane Arcade

13 OCTOBER 2016

**HEIA(Q) REGIONAL WORKSHOP
BRISBANE SOUTH**

WORKSHOP 2

3:45 pm – 6:15 pm
Clairvaux Mackillop College
Klumpp Road, Upper Mt Gravatt

16 OCTOBER 2016

WORLD FOOD DAY

www.fao.org/world-food-day/home/en/

28 NOVEMBER 2016

HEIA(Q) PRACTICAL DAY OUT

Moreton Bay College, Manly West

2016 Professional Development Program Workshops

WORKSHOP 1:

Improved engagement and learning through inquiry-based learning: Getting practical

WORKSHOP 2:

Working with the revised and endorsed Australian Curriculum (HPE and Design & Technologies)

WORKSHOP 3:

Refashioning