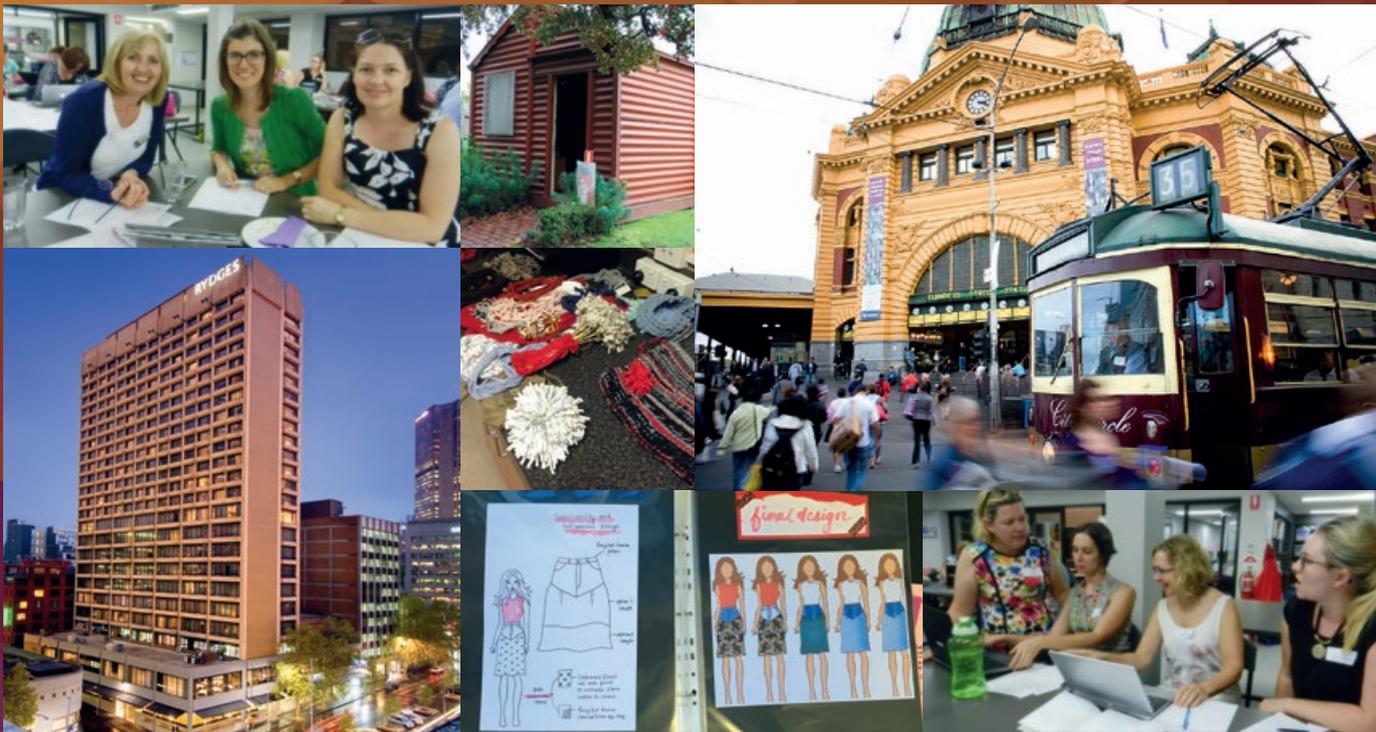


inform

Newsletter of the Home Economics
Institute of Australia (Qld) Inc.
June 2016



The June 2016 issue of InForm has a major focus on the many professional learning opportunities in which home economics professionals have engaged in Term 2 as well as the many still to come for the remainder of the year and into early 2017. In addition there is important information about what is happening at the Queensland Curriculum and Assessment Authority regarding senior Home Economics and other senior subjects. Our member profiles are not forgotten with a profile of HEIA(Q) regional coordinator Sue Smith as well as King and Amy O'Malley Trust scholar Laura Hains.

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Contents

From the President	2
Senior syllabus redevelopment in Queensland	2
QCAA Position vacancy	3
HEIA(Q) 2016 professional development program Home Economics—A defining time? What happened in Term 2	4
HEIA(Q) 2016 regional professional development program Home Economics—A defining time? Still to come	6
Practical day out	7
CQU Fashion Design—The Rockhampton residential school	8
CQUniversity Textiles Technology students got busy over the holidays	9
HEIA(Q) state conference Home Economics—A defining time?	10
Retirees' High Tea	12
Profiling King & Amy O'Malley Trust Scholar Laura Hains	12
Member profile Sue Smith	13
Activities your school can use to encourage and promote World Food Day	14
HEIA(Q) World Food Day celebrations at Sirromet Wines	14
HEIA national conference Home economics without borders	15
Diary Dates	Back cover

From the President



This last term has been a very busy time for all of us, with lots happening both in the HEIA(Q) calendar and at the Queensland Curriculum and Assessment Authority (QCAA), where current reforms will impact substantially on the Queensland home economics profession.

QCAA continues to look at how the P-10 curriculum can be uncluttered, following concerns by some Queensland education stakeholders that ACARA revisions to the Australian Curriculum have not significantly reduced the content of the curriculum. Also at QCAA, the redevelopment of senior syllabuses is in full swing with the first ones having been put out for consultation. They are available on the QCAA website—take a look at the Health syllabus; it includes elements of Home Economics. The second round of syllabus redevelopment includes the redevelopment of a further 6 subjects and the development of six new syllabuses including *Design* and *Food and Nutrition*. However, the Home Economics senior syllabus will not be redeveloped and will not be supported by QCAA after 2018. Hospitality Studies will not be redeveloped as there is no distinctive tertiary pathway for it and there is a related subject in the Study Area Syllabuses, which will remain. The expert writing teams for the new syllabuses will be appointed by mid-July, with their work to be finished early next year.

On the HEIA(Q) calendar, the annual conference is fully subscribed, a testament to the conference committee and Dr Janet Reynolds who convenes this to set up an excellent event that meets the needs of our members. Congratulations to the conference team.

The HEIA national conference is being held in January next year and I encourage you to visit the HEIA national website for information—the program will be out soon. The three-day event runs from 11-13 January in Melbourne and will be well worth attending. Take the time to check it out and maybe seek funding to attend.

The HEIA(Q) professional development program is again in full swing. There are a number of workshops available during Term 3. Take a look on the HEIA(Q) website for information on where they are and the topics. The evaluations of the workshops have shown the workshops to be highly valued so I do urge you to take advantage of those still on offer for the rest of the year.

I look forward to seeing you at the HEIA(Q) conference on Saturday 6 August 2016. Please take the time to make yourself known to me and let me know if there is anything that you would like HEIA or HEIA(Q) to do for you in the future. Think about getting involved in this vibrant organisation that supports your professional growth and networking.

Kay York

President, HEIA(Q)



It has now become clear that Senior Home Economics will not be supported by the Queensland Curriculum and Assessment Authority (QCAA) beyond 2018. However, Schools can still continue to offer the existing syllabus in 2016-17.

Various QCAA memos and a media release from the Education Minister Kate Jones have advised that in order to support the introduction of the new senior assessment system, QCAA has commenced the redevelopment of thirty-five senior subject syllabuses. These draft syllabuses were available online for consultation and feedback during May 2016. These syllabuses included the subjects with the highest student enrolments and the fifteen Australian Curriculum senior secondary subjects. One of these subjects was Health. HEIA(Q) provided feedback on the redeveloped Health syllabus. The full suite of redeveloped syllabuses will be released during 2017, ready for implementation with Year 11 students in 2018.

Memos have further advised that the QCAA board has now given approval to start Stage 2 of the syllabus redevelopment project with a further group of 12 subjects. In QCAA memo 047/16 in June 2016, QCAA Chief Executive Officer Chris Rider advised six subjects that would be redeveloped and six new subjects that will be developed to modernise existing curriculum offerings while maintaining valued learning from some current syllabuses. The six subjects to be redeveloped are:

- Agricultural Science
- Marine Science
- Aerospace Studies
- Chinese Extension
- French Extension
- German Extension.

Senior syllabus redevelopment in Queensland

The six new subjects are Business, Psychology and four technology subjects, as follow:

- Design—Students will study a design process to develop solutions to commercial needs that require the balancing of technical, commercial, human, cultural and aesthetic requirements. It will incorporate the valued learning in Graphics, Technology Studies, Home Economics (textiles) and Information Technology Systems
- Digital Technology—Students will use computational thinking to solve problems and develop solutions. It will incorporate the valued learning in Information Processing and Technology and Information Technology Systems
- Engineering—Students will study a problem-solving process that focuses on the technical and commercial requirements of projects through a range of engineering contexts. It will incorporate the valued learning in Engineering Technology
- Food and Nutrition—Students will study the production, processing, consumption and marketing of food and the nature of food and human nutrition through a problem-solving process. It will incorporate the valued learning in Home Economics (nutrition and food)

Please note that syllabus titles are provisional while the redevelopment process continues.

The Queensland syllabuses for the following three subjects will not be redeveloped:

- Hospitality Studies
- Indonesian Extension
- Modern Greek

The redevelopment of the syllabuses is to support the new senior assessment and tertiary entrance system, which will be introduced for students entering Year 11 in 2018. Features of the new system include:

- a new senior assessment model that combines school-based assessment developed and marked by teachers with external assessment developed and marked by the QCAA
- new processes to strengthen the quality and comparability of school-based assessment
- a move from the existing Overall Position (OP) tertiary entrance rank to an Australian Tertiary Admission Rank (ATAR).

The announcement was made following the recommendations of the Review of Senior Assessment and Tertiary Entrance, conducted by the Australian Council for Educational Research, and the results of public and stakeholder consultation.

To support the introduction of the new senior assessment and tertiary entrance system, syllabus constructs have been modified to reflect the new assessment system and will include greater detail in relation to subject matter and assessment requirements. Teachers will continue to have the flexibility to develop learning experiences and assessments to suit their school contexts. All syllabuses will be redeveloped as four-unit courses, to reflect the senior Australian Curriculum subjects and allow structural alignment with other Australian educational jurisdictions.

Draft 1 of the redeveloped senior syllabuses, including Health, included:

- a rationale outlining the particular qualities of a subject and what the students will learn
- where relevant, the valued pedagogies and/or conceptual frameworks particular to a subject
- syllabus objectives and explanations for each
- a course of study consisting of four units of work (Units 1 and 2 are formative; Units 3 and 4 are summative). Each unit has a unit title and description, unit objectives and detail of subject matter
- a glossary of cognitive language that is consistent across syllabuses.

Expert Writing Teams (EWTs)

Another memo was released to advertise for Expert Writing Teams (EWTs). Applications for these closed on 15 July 2016. Each of these teams will be responsible for gathering information about the valued learning in our existing subjects and researching the discipline to write the syllabus. The first draft will be available in Term 4 and will contain the rationale, objectives and subject matter. A survey will be available for you to provide feedback. Please subscribe to the QCAA Memos at www.qcaa.qld.edu.au/secure_site/memos/jsp/memoSubscriptionAdmin.jsp so that you don't miss the opportunity to do so.

QCAA Position vacancy

Principal Education Officer (Food and Nutrition)

Job type

Temporary Full-time

Classification

AO7

Workplace Location

Brisbane Inner City

Job ad reference

QLD/QCAA35/16

Closing date

01 August 2016

Yearly salary

\$98184-\$105283

Job duration

Until 30/12/2017 (with possibility of extension)

Contact person

Jo Butterworth

Contact details

(07) 3864 0480

jobutterworth@qcaa.qld.edu.au

Role of the position

The position of Principal Education Officer (Food and Nutrition) has a key project management role in implementing new initiatives associated with the writing of senior syllabuses and the development of internal and external assessment processes for senior certification. This role requires teaching experience and expertise in one or more senior subjects.

For further information go to www.smartjobs.qld.gov.au and type QCAA35/16 into Keyword then press Search.



Home Economics



A Defining Time?

Professional Development Program— what happened in Term 2

In Term 2 of 2016, HEIA(Q) offered regional afternoon workshops in Brisbane North, Brisbane South, Brisbane West and on the Sunshine Coast, and full-day programs in Townsville, Cairns and Mackay. Unfortunately the full-day program for Roma had to be cancelled, as did the Friday afternoon *Refashioning* workshop in Townsville. It was disappointing to cancel the Roma and Townsville workshops but neither had sufficient numbers to make the workshops viable. It was an ambitious program for Townsville to offer three workshops on one weekend and it was probably asking too much of teachers to commit to Friday afternoon and all day on Saturday. The theory was that teachers from out of town could travel in and do all three sessions with only one journey.

WORKSHOP 1:

Improved engagement and learning through inquiry-based learning: Getting practical

WORKSHOP 2:

Working with the revised and endorsed Australian Curriculum (HPE and Design & Technologies)

WORKSHOP 3:

Refashioning

Term 2 reports

Reports from three of the workshops offered in Term 2 appear below.

Brisbane South

Workshop 1

Brisbane South has elected to have three workshops this year, all being held late afternoon (3.45–6.15 pm) at Clairvaux Mackillop College at Mount Gravatt. The first was held on 28 April, when we welcomed Jane Milburn to excite us with her *Refashioning* workshop. Once again, Jane wowed us with her amazing examples of refashioning, inspiring us with her creative use of unwanted clothing items to make new garments as well as jewellery, accessories and household items. Jane's 'have a go and keep trying until you are happy' attitude encouraged us to experiment, resulting in some fast and surprising results. With the aim of learning how to be more sustainable in our choice and use of clothing as well as gaining ideas to take back to the classroom, the twenty-one attendees spent a couple of hours courageously chopping into past favourites. Jane was on hand to offer ideas and suggestions, which proved to be invaluable. Most of us went away wishing we had more time to play a little longer.

Sue Smith

Clairvaux Mackillop College

Brisbane North

Workshop 2

The twenty participants who attended Workshop 2: *Improved engagement and learning through inquiry-based learning: Getting practical* at Hillbrook Anglican School on Tuesday 10 May 2016 were pleasantly surprised to experience Inquiry Based Learning from the students' perspective. To explain the IBL approach, Dr Jennifer Nayler skilfully modelled the TELSTAR process, challenging our current teaching practice and providing many practical strategies that are classroom ready. Jenny's energy, enthusiasm and great knowledge of the IBL approach inspired her audience to incorporate big questions into their teaching, with a goal to using actions such as the 'three storey intellect' questioning framework and the 'Silent QuAK' brainstorming technique. Jenny's use of digital pedagogies encouraged participants to collaborate using strategies such as Padlet and Google Docs. Throughout the afternoon, there was a positive energy in the room and an obvious transfer of enthusiasm, ideas and knowledge to participants.

Julie Nash

Hillbrook Anglican School

Brisbane West

Workshop 2

Bris-West PD success!

The second workshop for Brisbane West this year was the Term 2 workshop *Improved engagement and learning through inquiry-based learning: Getting practical*, held on Wednesday 18 May at Ipswich State High School. The workshop, facilitated by Dr Jenny Nayler, was very helpful for the seventeen home economics teachers who attended. Jenny presented lots of really useful ideas in an experiential manner—learning through activity is a favourite of mine—and gave relevant suggestions for strategies that we could try in our classrooms. Jenny broke the inquiry model down into valuable steps and showed us how to use it in the home economics classroom. Her ability to articulate inquiry-based learning and her explanations of the many approaches that could be taken all contributed to making our job easier in engaging our students in learning—THANK YOU Jenny!

Tanya McKenna

Ipswich State High School

Cairns

Workshop 3 and Workshop 2

On Saturday 4 June, eighteen home economics teachers from the Cairns region gathered at St Andrew's Catholic College, Redlynch for a wonderful day of professional development and networking. We were lucky enough to have the workshop *Working with the revised and endorsed Australian Curriculum* in the morning and the workshop *Improved engagement and learning through inquiry-based learning: Getting practical* in the afternoon.

We started the day under the expert guidance of Dr Janet Reynolds, who shared more of her knowledge of the HPE and Technologies ACARA curriculum. It was a highly informative session and as always Janet shared so many useful examples. We all finished that session with ideas and plans to take back to our schools to further develop our ACARA development of general understandings/new units/assessment ideas.

After a lunchbreak filled with energetic networking, Dr Jenny Nayler presented a highly engaging workshop. Her engrossing presentation was extremely thought provoking and made each of us reflect on how we use inquiry-based learning in our classroom. We were given a variety of thought-provoking activities, ideas and thoughts to ponder, which will assist each of us in engaging our students in a variety of inquiry-based learning activities in the future.

Overall, all participants had a fantastic day of professional development. Thank you to the organisers at HEIA(Q) who create and coordinate such wonderful professional development for regional areas. We are very grateful to have such inspirational and useful professional development opportunities come to our area each year.

Kathryn Savina

St Andrew's Catholic College

Workshop evaluations

All workshops are evaluated in order to guide those still to be offered and HEIA(Q)'s future planning. As can be seen in the accompanying table, the responses to the 2016 workshops have been amazing. Thank you to all the presenters as well as the regional coordinators, and of course the participants, who made them so successful.

Terms 1 and 2 workshop evaluations

Rating 1= Very Poor; 5= Very Good

	Venue	1	2	3	4	5	Average
Workshop 1	Gold Coast				7	6	4.5
	Bundaberg				2	9	4.8
Workshop 2	Bundaberg				2	7	4.8
	Toowoomba			1	1	11	4.8
	Brisbane North			1	1	16	4.8
	Townsville			2	1	6	4.4
	Cairns				1	10	4.9
Workshop 3	Brisbane North				12	12	4.5
	Toowoomba				7	4	4.4
	Townsville				3	8	4.7
	Cairns				4	10	4.7



Following are some of the comments made about the Term 2 workshops:

Workshop 1

- Excellent workshop.
- Loved the hands on.
- Got the creative juices going.
- Very inspirational.
- Wonderful workshop—very inspiring.

Workshop 2

- Great energy; very practical ideas.
- Lots of great strategies provided; got me engaged and thinking about the classes.
- An excellent presentation, which kept us awake.
- Best HEIA(Q) workshop I've been to. Thank you!
- Thank you so very much for the inspiration and re-ignition.

Workshop 3

- Excellent templates—useful and easy to read.
- Excellent presentation and booklet.
- Very knowledgeable presenter.
- Simplified criteria sheet was awesome.
- Clear explanations and great to have time for actual planning.
- Gave us the empowerment to push for Home Economics.

2016 Regional Professional Development Program

Home Economics



A Defining Time?

Still to come

The following are summaries of the 2016 workshops still to be offered in 2016. For further information please go to the HEIA(Q) website www.heiaq.com.au/events/workshops/

Costs

2.5-hour afternoon program, including afternoon tea:

- Members: **\$55**
- Non-members: **\$75**

Full-day program, including morning tea and lunch:

- Members: **\$125**
- Non-members: **\$165**

Workshop 1

Refashioning

Presenter Jill Milburn

Time 2.5 hours

Hours of professional development 2.5 hours

What to bring:

- Basic sewing kit (scissors, needle and thread, pins, safety pins etc.)
- Materials for the desired options from those shown below

Session overview

This workshop will spark creative thinking about ways to extend the life of clothing by upcycling. Garments refashioned during the Sew it Again project will be shown for inspiration and ideas. The following three refashioning techniques will be demonstrated and delegates will be given the opportunity to apply one or more of those techniques in the session:

1. Adapting tops—replace collars/turtlenecks with rolled-collar necklines
2. Refashioning jumpers—turning discarded jumpers into jumper skirts and beanies
3. Repurposing T-shirts—turning an unwanted T-shirt into an eco-necklace or infinity scarf (no sewing machine skills are needed for this one).

Based on the above options, please bring along one or more garments you wish to refashion:

- For 1: A top or dress with a problem neckline along with approximately 30 cm of stretch or woven fabric, suitable for fashioning into a replacement collar
- For 2: A jumper (which needs to fit over your hips) and a waist-length piece of elastic 1 cm wide
- For 3: Several old T-shirts and a couple of safety pins.

The number of items you refashion will depend on your own way of working.

This is a standalone workshop for all those interested in refashioning as a means of contributing to sustainable environments. It will also provide a wealth of ideas for exploring the topic of sustainable textiles with high school students.

Note: The host school will provide sewing machines but feel free to bring your own if you prefer.

Workshop 2

Improved engagement and learning through inquiry-based learning: Getting practical

Presenter Dr Jennifer Nayler

Time 2.5 hours

Hours of professional development 2.5 hours

Session overview:

This professional learning and planning session will focus on practical classroom strategies to support active student engagement and achievement through inquiry-based learning (IBL) approaches. The workshop will clarify what constitutes IBL and the evidence base for such an approach. The focus, however, will be on supporting participants to expand their own repertoires of teaching strategies. The workshop will draw on four key approaches to structured teaching: indirect (such as IBL), direct (or explicit teaching), collaborative and experiential approaches. In this highly interactive session the four structured teaching approaches (direct, indirect, collaborative and experiential) will be modelled and resources will be provided in the program guide to illustrate the practical application of 'The IBL 5'.

Workshop 3

Working with the revised and endorsed Australian Curriculum (HPE and Design & Technologies)

Presenter

Dr Janet Reynolds and Kay York

Time 2.5 hours

Hours of professional development 2.5 hours

Session overview:

This session will build on the Australian Curriculum workshops offered by HEIA(Q) in 2014 and 2015. Its focus will be designing standalone (HPE or D&T) and integrated units (HPE and D&T), and identifying instances when these options will work well. The session will complement the 2014/15 workshops by addressing the Design and Technologies curriculum in more detail. For both Health and Physical Education and Design and Technologies, examples will be provided of how to link planning documents to the content descriptions and the achievement standards of the now-endorsed Australian curriculum. It is suggested that delegates attend with a view to working on a specific unit of work for Years 7/8 or Years 9/10.

Workshop registration

Please register online at the HEIA(Q) website www.heiaq.com.au/eventsworkshops

Cancellation and refund policy

Workshop cancellations must be made **in writing** to the HEIA(Q) workshop secretariat, Expert Events. A full refund will be made for cancellations received up to 7 days before a workshop. No refund is available for cancellations received less than 7 days before a workshop. Provided you advise the secretariat in writing, you may transfer your registration to a colleague at any time prior to a workshop.

Workshop registration and general enquiries

Please contact Expert Events:

T 07 3848 2100

E heiaqpd@expertevents.com.au

PO Box 351, Hamilton Central QLD 4007

Dates and venues

TERM 3

Brisbane South Workshop 2

Thursday 21 July, 3.45–6.15 pm
Clairvaux Mackillop College
Klumpp Road, Upper Mt Gravatt

Gold Coast Workshop 3

Monday 1 August, 4.00–6.30 pm
All Saints Anglican School
Highfield Drive, Merrimac

Brisbane West Workshop 3

Wednesday 3 August, 3.30–6.00 pm
Ipswich State High School
1 Hunter Street, Brassall

Rockhampton

Workshop 3 and Workshop 1

Friday 12 August, 9.00 am–3.30 pm
The Cathedral College Home Economics
Textiles Room
104 Derby Street, Allenstown, Rockhampton

Sunshine Coast Workshop 3

Friday 19 August, 4.00–6.30 pm
Siena Catholic College
69 Sippy Downs Drive, Sippy Downs

TERM 4

Brisbane South Workshop 3

Thursday 13 October, 3.45–6.15 pm
Clairvaux Mackillop College
Klumpp Road, Upper Mt Gravatt



save the date

Practical Day Out

In addition to the HEIA(Q) regional workshops this year, plans are well under way for our first HEIA(Q) Practical Day Out. This full day of hands-on workshops is designed for teachers, teacher aids, or those interested in participating in textile and culinary workshops to acquire new skills or simply refine existing ones, and have the opportunity to network with others and find new ways of implementing engaging workshops into home economics classrooms.

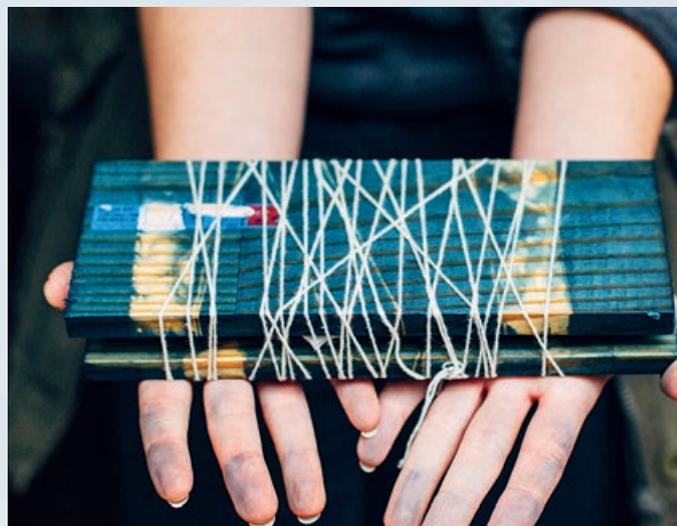
Workshop 1: Indigo dyeing with textile artist Bec Anderson

In this workshop participants will learn about one of the most fascinating of natural dyes, indigo. This stunning blue dye is derived from the leaves of the *Indigofera tinctoria* plant. Participants will prepare a silk scarf using some shibori techniques, (tying, sewing and folding the cloth) to create a resist. When the scarf is dipped into the large vat, watch the dye change colour from green to blue as it oxidises in the air.



Workshop 2: Cooking the modern way with Chef Reg Morgan

2016 is the 'Year of the Pulses'. In this workshop, Chef Reg Morgan will take participants on a culinary journey of how to prepare and serve some of our most versatile pulses with a modern twist in new and innovative ways.



When:	Monday 28 November 2016
Times:	Workshop 1 9am - 12.00pm; Workshop 2 1pm - 3.30pm
Venue:	Moreton Bay College
Cost for workshops:	Members: \$125; Non-members: \$135 Cost includes a silk scarf for the textile workshop and all food for the cooking workshop.

Save the date in your diary.

For further information contact Belinda Ingram at b.ingram@canterbury.qld.edu.au or Tiarni Twyford at ttwyf4@eq.edu.au

To book, please go to Trybooking <https://www.trybooking.com/MGXN>

CQU Fashion Design

The Rockhampton residential school



As part of the newly designed Bachelor of Education (Secondary) Home Economics course offered through CQU University (CQU), the Fashion Design residential school ran during the June holidays this year. From Tuesday 22 June through to Friday 1 July, ten students made the trip to Rockhampton to engage in the practical component of this discipline subject.

Prior to the workshop

The Fashion Design unit is a twelve-week course that is conducted primarily online, with students experimenting with various textiles techniques and fashion design concepts over these weeks and documenting their exploration in folios. The students are then given a design brief—this year centred around Indigenous perspectives and sustainability—which forms the main part of their assessment for the final element of the course: the four-day practical workshop at the residential school. Students had already planned what they were to make before arriving at the residential school and had brought with them materials to facilitate this.

The practical component

The residential component of the course focuses on engaging students in the entire fashion design process, from ideation through to construction and presentation. On their first day students were taught to draft a skirt pattern and then alter their pattern to suit their responses to the design brief.

Whilst all students opted to design a skirt, it was interesting to see how each skirt differed. This pattern drafting experience was a valuable way for the students to appreciate the complexities of pattern design and the challenges their future students may face when trying to convert their designs into practical realities.

Over the second and third days of the course students were given time to work on the construction and embellishment of their skirts. During this time, participants also engaged in fashion drawing workshops, using both art materials (eg, pens, chalk and paints) and Photoshop. The Photoshop session was an ideal way to integrate digital technologies into the students' learning experiences. Students uploaded their sketches to Photoshop then used photos of their fabrics to colour in their sketches and add relevant backgrounds that reflected their themes. This resulted in professional sketches that were not only used in their final presentations but also sent to Mockshop, who were able to use these designs to 'fill' a virtual clothing store. This allowed students to see their designs go from their initial ideas, through to final practical products and products in the store, emulating the fashion cycle.

By the end of the third day, the students' skirts had been constructed and were ready to be paraded. The fashion parade was held on Thursday evening at The Workshop, Rockhampton. It was a fantastic way for students to showcase their

designs and celebrate their week's work with drinks and tapas. Newly appointed CQU Home Economics Course Coordinator Dr Jay Deagon was present to acknowledge the work done not only by the students, but also by Frances Murphy in leading the fashion design course. The night also included a fashion parade by a local designer, a presentation by Desley Cowley about the 2016 Art to Wear Competition, and a suitcase rummage sale. This intense week finished on Friday with students presenting their responses to the design brief to their 'client' and finalising their folios.

The course is expertly run by Frances Murphy of Rockhampton State High School. Over the years this course has been offered, it is amazing to see how it has evolved with the changes in technology and the experiences that Frances offers her students. Whilst the course is part of the Bachelor of Education (Secondary) Home Economics course, units such as the Fashion Design course, which involve residential schools, are also available to teachers and others interested in the units as a valuable professional development opportunity. When talking with participants, no matter the years of experience they have had with textiles and education, it is clear they loved engaging in the course and have developed their proficiency to teach textiles and fashion. It is a fantastic course that is highly recommended to all, particularly given the current changes to senior subjects within Queensland and the emphasis on design as a sole subject.

As numbers continue to grow within the Home Economics Education program, so too will the locations of the residential schools. Already this year CQU has offered its first-year discipline studies in food and textiles in both Rockhampton and Brisbane. These residential schools are usually held during school holidays. HEIA(Q) encourages members to promote this course to those wishing to pursue a career in home economics education or for those seeking valuable professional development opportunities. For more information about the Home Economics Education program or the residential schools, please contact CQU Home Economics Course Coordinator, Dr Jay Deagon at j.deagon@cqu.edu.au.

Rosie Sciacca

HEIA(Q) Committee of Management



Textiles Technology students got busy over the holidays



First-year CQUniversity students attended four-day intensive Textile Technology residential schools in Rockhampton and Brisbane during the Queensland 2016 June/July school holidays. Distance education students came from throughout Queensland to be immersed in a creative textile experience.

Course tutor Alice Nelson is an experienced, talented and innovative textiles educator who travelled from Victoria to facilitate the Rockhampton workshop. Alice incorporates various technologies and techniques into the textiles classroom environment. Alice's passion for textiles is obvious and contagious. She has presented at a number of HEIA conferences and will present at the upcoming HEIA national conference in Melbourne 2017.

Kerrie Hurford, an experienced textile teacher at Canterbury College, facilitated the very busy Brisbane residential school.

Activities were set up at stations where every student had an opportunity to create. In four days, each student completed a process journal and portfolio that included samplers such as machine sewing (gathering, zippers, sleeves, hems, darts, pockets and buttons), felting, graffiti using spray stencils, tie-dyeing, various embellishments, and mixed-media surface designs. They also constructed shorts and a bag. Sustainability featured in a number of activities where plastic bags were repurposed and zippers made into flowers. CQU's Home Economics

course coordinator Dr Jay Deagon visited both the Brisbane and Rockhampton residential schools and spent time with teachers and students. Jay stated, 'It was quite extraordinary how many different textile techniques were learnt and displayed in their portfolios in such a short time'.

Coming into the course, students were at various levels of expertise. Some were already expert sewers, while others were less confident. Over the four days every student successfully completed all tasks. Feedback from students was very positive. Alice and Kerrie were acknowledged as very giving of their time and textiles expertise.

A very important aspect of this experience was that as the students learnt each new skill, Alice and Kerrie also demonstrated ways of teaching these skills to secondary students and provided advice, including how to make judgements of student work, align assessment to the design process, and how to effectively manage a textiles classroom safely and efficiently.

The Textile Technology course is the precursor for the third-year Fashion Design course and accompanying residential school. In 2016, this third-year course occurred the week prior in Rockhampton. Having attended both the Fashion Design and Textile Technology residential schools over the holidays, Jay Deagon believes that with these cohorts of future home economics teachers, textiles technology is in good hands.

The textile technology residential school was also offered as a professional development opportunity for upskilling and retraining in Home Economics. One teacher who attended enjoyed the experience so much that she is now enrolling in the whole semester's course.

In previous years, CQU has only offered residential schools in Rockhampton; however, since partnering with HEIA(Q), the number of Home Economics pre-service teacher enrolments at CQU has doubled. As a result of this increase in numbers, CQU has needed to expand operations into Brisbane. CQUniversity offers residential schools in Food Technology, Fashion Design and Culinary Science for Teachers. HEIA members are invited to attend future residential schools as professional development and upskilling opportunities. If you would like to attend one of CQUniversity's Home Economics residential schools, please contact Jay Deagon at <j.deagon@cqu.edu.au> or call Jay on 07 3023 4264 (x54264) or 0402 119 711 (M).

Jay Deagon
CQUniversity



Home Economics



2016 State Conference

Saturday 6 August Brisbane Convention & Exhibition Centre

Ready, set ...

- 2 fabulous keynote speakers
- 26 concurrent sessions
- 5 conference committee members
- 2 conference managers

are all set and organised in readiness for over 300 delegates to attend the HEIA(Q) 2016 state conference. The line-up is outstanding!

We are full!

When earlybird registration closed on Friday 17 June, the conference was full to capacity. Within a few days of that date, the waiting list had spiralled to about 15 people. We hope, somehow, we will be able to accommodate everyone. Of the 307 delegates who registered by the earlybird date, 250 were members and 57 were non-members.

New committee members, new ideas

This year we welcomed two new members to the Conference Organising Committee. Cheryl Conroy and Lyn McErlean joined Sue Smith, Ngaire Mayo and Jan Reynolds, all of whom have been on the committee for a few years now. It was great to welcome Cheryl and Lyn to the committee, with each bringing fresh ideas for presenters. These new ideas have added a new look to the line-up of presenters. Thank you to Cheryl and Lyn but also to Sue, Ngaire and Jan for their ongoing ideas and expertise. Together, you make a great combination!

A Defining Time?

Saving some money

Remember, conference registration fees are tax deductible if you pay your own registration and associated costs.

Something for everyone

The HEIA(Q) Conference Organising Committee recognises the diverse needs of its members in terms of professional development and the importance of being able to show administrators how the program warrants the funding of members' attendance at the conference. We believe the committee has addressed those needs in the 2016 conference program.

Industry and business perspectives

So often, home economics professionals who do not actually work in industry or business do not have the opportunity to engage with industry and/or business personnel to hear different perspectives about home economics related businesses and professions. In 2016, delegates will have the opportunity to engage with fashion designer Julie Tengdahl, textiles artist Mabina Alaka and Dr Jason Wu from The George Institute for Global Health. Respectively, they will explore the fashion industry, designing textiles jewellery and trans-fatty acids. What fabulous opportunities!

Public health nutritionists

Apart from high-profile nutritionist Dr Joanna McMillan presenting a keynote address, this year will see five presenters discussing topics related to public health nutrition. Representing major non-government organisations, Deanne Wooden (Heart Foundation), Tegan McIntosh (Diabetes Queensland) and Amelia Webster (Nutrition Australia) will explore major issues and initiatives from their organisations, while Queensland Health officers Barbara Radcliffe and Simone Johnston will engage delegates in discussions about food, health and culture—how topical at this point in our history.

Conference convener · Dr Janet Reynolds · **M** 0400 628 880 · **E** janetrey@ozemail.com.au

Conference organisation and registration enquiries

Please contact Expert Events · **T** 07 3848 2100 · **E** heiaq2015@expertevents.com.au · PO Box 351, Hamilton Central QLD 4007

Curriculum

Maybe you or your school has a particular interest in curriculum. There is plenty happening at the moment and HEIA(Q) has been very fortunate to have the support of both the Queensland Curriculum and Assessment Authority and Education Queensland to present the many emerging issues—Senior Home Economics, external assessment, P-10 core, assessment in study area syllabuses, respectful relationships education and not forgetting the Australian Curriculum. Dr Jenny Naylor's session on critical and creative thinking and Rosie Sciacca's session on the inquiry process will back up the pedagogic implications of 21st-century learning and Kay York will explore data management.

Have a leaning towards textiles?

In that case, there is plenty for you this year. Well-known local fashion designer Julie Tengdahl's session has proved to be very popular with delegates clearly interested in the real world development of fashion items. Similarly, delegates are very keen to hear how textiles jewellery artist Mabina Alaka uses the design process in her work. Jane Milburn will no doubt continue to inspire about how everyday actions—including sewing!—can lead to greater sustainability in the fields of textiles and fashion. And Amanda Loveridge will show how to hone those sewing skills with two very practical sessions related to the sewing machine.

Contemporary tables—and the science of cooking

Three sessions will be dedicated to those with a particular interest in food preparation and the industry in general. Shannon Kellam from Montrachet is new to the HEIA(Q) conference stage. His demonstration will complement those by popular Dale Chapman from The Dilly Bag and Alison Taafe, the Sassy Chef. Another new highlight for 2016 will be Dr Joel Gilmore, who will share his passion for understanding science in the kitchen—delegates had to be quick to secure a spot in these sessions!



Who are our 2016 presenters?

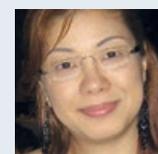


This year, the HEIA(Q) conference committee has liaised with a whole raft of speakers to bring 28 presenters to the conference. Here are their backgrounds:

- 8 curriculum/assessment officers, three of whom have home economics backgrounds
- 2 academics
- 1 practising home economics teacher
- 4 consultants
- 4 fashion/textiles specialists
- 6 nutritionists/public health nutritionists
- 3 chefs.

Of these:

- 5 practise, or have a background in, home economics
- 11 have a background or special interest in food and/or nutrition
- 4 have a background or special interest in textiles
- 4 specialise in education more broadly
- 2 have backgrounds in social research/social marketing.





save the date

Retirees' High Tea

This much-enjoyed event will be held again in 2016. The venue is the ever-popular Keri Craig Emporium, with a central position and easy access to transport. It is also quiet (until the retirees get there) and private.

The ambience seems to fit the occasion. If you are in contact with any retired colleagues, please alert them to this event and urge them to contact Denise McManus so they can be added to the database and receive information.



Date: **Tuesday 30 August 2016**

Time: **11.30 am**

Venue: **Keri Craig Emporium
Brisbane Arcade
Brisbane City**

Cost: **\$40.00 approx.
(final cost to be advised)
including high tea,
with a glass of
sparkling wine on arrival**

RSVP: **Tuesday 18 August
to Denise McManus**

Tel: **07 3865 1401**

Email: **zzdmcman@westnet.com.au**

Please advise of dietary requirements when replying.

Hope to see you there

Profiling King & Amy O'Malley Trust Scholar

Laura Hains

HEIA(Q) apologises for not including a profile of King & Amy O'Malley scholar Laura Hains in the March 2016 issue of InForm, along with the other 2016 scholars.

Laura has always been passionate about working with and making a difference in the lives of children and their families. It is through them that she hopes to make a significant contribution to the practice of Home Economics in Australia. Laura has jumped at any opportunity over the years to work with children, from assisting teaching children's art classes, to coaching a junior netball/fitness clinic, babysitting, gaining professional experience in primary school classrooms, tutoring, volunteering with sick children and their families at the Royal Children's Hospital, working in the childcare industry and volunteering in Africa with children and their families on community development projects.

These experiences have not only reinforced her passion for this field, but also opened her eyes to the hardship, injustice, illness and disadvantage some children and their families face on a daily basis. Through these experiences, Laura has realised that she wants to do more than simply educate children in a childcare or school setting, she wants to be an advocate for children's safety and rights, social justice, child and family welfare and improve the wellbeing and living conditions for struggling children and families within the household environment. Laura believes that the ultimate way to change and make a sustainable contribution to the practice of Home Economics in Australia is to start with the children.

Laura wants to work to educate children about how to effectively run the family environment, manage household resources, treat other family/community members, maintain good nutrition and eat healthily, as



well as work as an advocate for children's welfare, rights and safety. After graduating Laura hopes to work as a leader of one of the integrated child and family programs emerging in the health and community service sector, such as the Benevolent Society or other community services, in the area of child and family welfare/protection. By helping the children, she aims to improve the household environment for families of the future and ultimately make communities in Australia a better place for generations to come.

**KING & AMY
O'MALLEY
TRUST**

Member profile

Sue Smith

Teacher, Head of Department, HEIA(Q) Regional coordinator and member of the HEIA(Q) Conference Organising Committee

I didn't always want to be a home economics teacher. During primary school I wanted to be an astronaut, though once I hit high school and experienced first-hand the impact a good home economics teacher can have, I was hooked. As an avid student of Home Economics, I spent a lot of time in the sewing room at lunchtime and that cemented my ambition to become a home economics teacher. I felt that this was where I could make a contribution to the lives of young people, nurturing them and giving them an appreciation for healthy food and a stable family life, as well as an ability to make sound consumer decisions about clothing.

I studied at Kelvin Grove College of Advanced Education (now Queensland University of Technology) from 1976, earning my all-important Diploma of Teaching at the end of 1978. This gave me a life-long career and fantastic friendships that endure to this day.

My first school was Goodna Special School where I was thrown in at the deep end with a whole range of learning issues that made for a steep learning curve. My time at Goodna was short-lived though and when the principal walked into the staffroom on the Thursday morning of the seventh week of Term 1 and told me I had a transfer to Cecil Plains, I thought he was joking. None the less, the following Sunday, I was on a bus heading off to the Darling Downs, where I taught Year 8, 9 and 10 Home Economics, Year 8 English, Year 8 Geography and Year 10 Citizenship Education, none of which were my second teaching area. I was also Sports Mistress. Secondary high-tops provide a wealth of experience and I gained both knowledge and skills from teaching the lovely bush students. I married at the end of first year and moved back to Brisbane, teaching at Bundamba State High School. This was followed by a year as District Reliever. Following this, I taught at Acacia Ridge State High School, where I worked with truly inspirational women; they taught me so much that has stood me in good stead throughout my career.

I resigned from the Education Department in 1985 to spend time with my young children. During this period of time, I taught adult education sewing classes two nights each week for TAFE Queensland. In 1987, I was offered a part-time Home Economics position at Clairvaux Mackillop College. This turned into a full-time position in 1989 and I have been there ever since.

In 1990, the college introduced a TAFE-linked Hospitality program and this has evolved over time into the VET subject currently on offer. While this has taken up a lot of my time in writing programs, running functions, coffee shops and restaurants, Home Economics is my true passion and I see this subject as having value beyond employment.

In 1994, I completed a Bachelor of Education; this was when I first heard of the notion of a National Curriculum. I also studied other areas that have provided impetus for the later part of my career.

During my time at Clairvaux Mackillop College, I have been fortunate enough to carry out a few different roles, in addition to that of home economics teacher. I spent time as the Pastoral Care Coordinator and the Vertical Curriculum Coordinator, before taking on the role as Home Economics Head of Department in 2005.



I have a genuine belief that Home Economics has a place in contributing to the health and wellbeing of our students, as well as the wider community—after all, how many times have you prepared a healthy dish in class, only to have a parent tell you it has become a family favourite? What we teach does go beyond our classroom and our subject does have an impact on and relevance to many other aspects of school and life. In recent years, the inclusion of sustainability studies into our curriculum area has provided 21st-century relevance. Our students need to be equipped to deal with shrinking resources, a changing climate and eating insects as a protein source; our subject can do that.

I have always been actively involved in home economics education and professional development. In more recent years I have been a member of the Brisbane East Monitoring and Verification Panel for Home Economics, a HEIA Conference Committee member since 2012 and a Regional Workshop Coordinator for a number of years. While I can't say panel work is fun, it has brought me into contact with experienced and expert educators, allowing me to continue my own personal and professional development. On the other hand, conference planning is fun, while still providing growth through exploring and searching for relevant topics and presenters, and working with professionals who share my passion.

Over the years, all of these experiences and interactions have contributed to professional and personal growth that has been life-giving and encouraged me to pay it forward and enrich the lives of my own students. My wonderful fellow teachers, the brilliant members of the Conference Committee and the inspiring presenters at conferences and regional workshops, all make me very proud to be part of this caring and stimulating professional environment.

Sue Smith

Clairvaux MacKillop College



Activities your school can use to encourage and promote World Food Day

World Food Day is acknowledged on 16 October each year. Now is the time to be looking at and planning a fourth-term unit with impact. The ideas below are just the beginning and an opportunity for home economists to promote the wellbeing of our students, their families and the wider community. Enjoy the opportunity to share this very important message.

Suggested activities include the following:

- Participate in the OXFAM Hunger Banquet www.oxfam.org.au/get-involved/how-schools-can-get-involved/resources-for-teachers/term-four-featured-resource-eat-local-feed-global/
- Visit local food producers and sellers such as the Rocklea Markets or farms, or invite a farmer to your school. You might be able to Skype with a farmer if they can't come to town.
- Invite a guest speaker from Meals on Wheels to speak to your students about their role in the community.
- Investigate where Australia's food is produced and identify the advantages and disadvantages of using locally produced foods that are in season.
- Research the impact of food miles www.ecofriendlyfood.org.au/buy_locally and create a poster or video to promote food habits that respect the food we are so lucky to have in Australia. This website has some great pieces that could easily be incorporated into your lesson planning and into your school newsletter without you having to do the hard yards. Also look at www.foodmiles.com/more.cfm
- Look at agencies in our wider community that help those people who do not have enough food—Foodbank is an ideal example although there are so many from which to choose. Discuss the need for us to make ethical and environmentally sound choices with the food we use www.foodbankqld.org.au/

Tessa Lund

St Thomas More College



HEIA(Q) World Food Day celebrations at Sirromet Wines

The focus for World Food Day 2016 is Climate is changing. Food and agriculture must too. This focus on food security looks at the global issues our farmers and food producers are facing, including overpopulation and weather-related disasters. It highlights our need to grow in a sustainable way and to support rural development and our local food producers.

To celebrate World Food Day 2016 the Queensland Division of the Home Economics Institute of Australia would like you to join in a morning of learning about wine and a shared lunch at Sirromet Wines, Mount Cotton. The morning will begin with a 90-minute tour of the winery where you will go behind the scenes and gain an insight in to the winemaking process. The tour will conclude with a tasting of six Sirromet wines followed by a shared lunch at the restaurant (beverages can be purchased at the bar throughout the lunch).

Please advise of any dietary requirements at the time of booking. With notice vegetarian and gluten-free options can easily be provided.

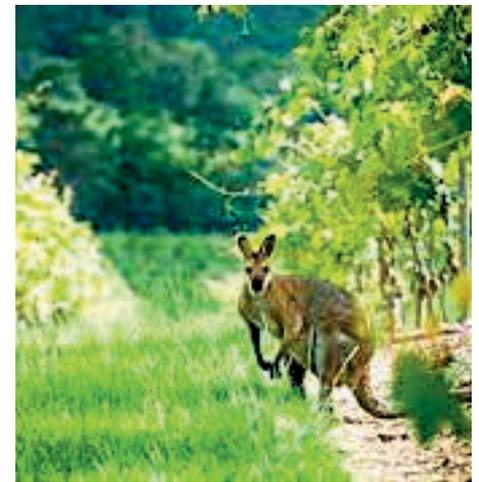
Points to note:

- Closed-in shoes must be worn at all times. If you do not wear closed-in shoes you will not be permitted on the tour.
- The tour includes walking up and down steep inclines, stairs and obstacles, as to be expected within a working winery. Please ensure that you are physically able to do the tour before proceeding with payment.
- Due to workplace health and safety requirements, wheelchairs, prams and walkers are not permitted on the tour.

An email will be sent to all members closer to the time advising of booking procedures.

For further information, please contact Tessa Lund at tessalund07@gmail.com

Date:	Saturday 15 October 2016
Time:	10 am until approximately 12.30 pm
Address:	850-938 Mount Cotton Rd, Mount Cotton QLD 4165
Maximum number:	24
Cost:	
HEIA member	\$55
Non-member	\$65



Oh dear, where to start? So much to say!

Short version: The program is finalised, the site visits are organised, the social events are planned and the pre- and post-conference tours and workshops are all booked. By the time you receive this newsletter, registration will be open—don't leave it too late to book or you might miss out! Re-member, the HEIA(Q) 2016 conference was booked out even before the earlybird registration date.

That is to say, the HEIA 2017 national conference is all set to go!

About the conference theme

The conference theme Home economics without borders shares a focus with organisations around the world of moving from the rhetoric of policymaking to taking coordinated action across borders in the pursuit of wellbeing, social justice and human rights. This action cuts across, for example, national, state and territory borders; socio-economic and gender borders; and borders between disciplines. Through such action being taken, the significance of these physical and psychological borders is diminished and the powerful meanings of the expression 'without borders' with respect to home economics become evident—inclusion, maintaining a global perspective and expanding our connectedness using all the organisational and technological tools at our disposal. The HEIA 2017 conference will enable delegates to explore effective home economics practice without borders.

The program

There will be six keynote sessions, which will be presented by eleven fabulous keynote speakers. The keynote speakers will be supported by thirty-one concurrent sessions and nine site visits from which to choose.

There is a pathway for everyone. Melbourne is the place to be for those interested in fabulous food. The conference is delighted to welcome three well-recognised chefs—Scott Pickett (The Estelle), Greg Hampton (Charcoal Lane) and Ha Nguyen (OTAO Kitchen cooking school). And whilst on the topic of food, we are delighted to welcome a number of food and nutrition experts on a range of topics—plant-based diets, bone health, GM foods, taste perceptions, research on food literacy, what is happening in schools and so much more.

The curriculum and pedagogy pathway has so much to offer—plenty about the Australian Curriculum and the newly released Victorian Food Studies syllabus as well as several sessions on pedagogy to engage 21st-century minds.

Other speakers will share their research, with both experienced researchers and up-and-coming PhD and Masters students sharing their work on a range of topics.

For those with an interest in textiles, apart from the site visits that include two practical hands-on sessions and a trip to the NGV International Fashion and Textiles study room, lecturers from Holmesglen Institute are offering sessions on design thinking and how to draw, and two other presenters sharing experiences for the textiles classroom.

There is so much more, including speakers from the Asylum Seekers Resource Centre, poster displays exhibiting current research and five special interest groups from which to choose.

Site visits

Delegates will be able to choose from nine site visits as part of their program:

- **Duck demonstration** cooking class—Let Luv-a-duck's trained chefs will show you how easy it is to cook a whole duck, duck breasts and duck legs along with a host of easy duck dishes including the secrets to the perfect roast duck and duck-fat-roasted potatoes.
- **A change of clothes**—Stay engaged in the making process and transform existing clothing by joining the conversation about a different style of making with a show-and-tell by upcycler Jane Milburn. Bring along a garment you are keeping yet not wearing or several scarves or a t-shirt you aren't wearing and transform them into something else.
- **Simplot**—Come along and tour the state-of-the art culinary centre at Simplot, home of Australia's favourite iconic food brands. Learn how products are conceptualised, developed, tested and produced, and observe and experience sensory evaluation, recipe development, cooking demonstration and food styling.
- **In the garden with Mark Dymiotis**—Join passionate promoter of the traditional Greek diet, Mark Dymiotis, and explore his well-known garden and see how organic produce is grown. Mark will explain, for example, making traditional bread in his outdoor oven and making wine with natural fermentation. You will also make and taste a traditional Greek salad.
- **Portable Iron Houses**—Take the unique opportunity to explore three original kit homes. The three Portable Iron Houses in South Melbourne are among the few pre-fabricated iron buildings remaining in the world. During the gold rush thousands of portable buildings were imported from Britain—shops, houses, churches and even a hospital and an iron theatre.
- **National Gallery of Victoria (NGV) International**—View Australian and international works of art from the NGV International Collection in the Gallery's Fashion and Textiles study room. These are specialised and focused sessions where up to ten works of art may be selected for viewing.
- **Fabric designing without limits**—Create simply stunning fabrics in this comprehensive hands-on workshop that will explore a wide range of techniques to prepare one-colour and multicolour samples to inspire individuality—heliography (sun dyeing), air exclusion, resists, marbles and poles, to name a few.
- **Makerspaces**—Want to find out more about 'hard fun' and the makerspace phenomenon? Have a go at creating some wearable technology, using circuit scribe pens or augmenting garments and other textiles with LEDs. Learn ways to use makerspaces and the range of resources available—this site visit will definitely be 'hard fun'.
- **Prahan Market Hidden Gems Tour**—Love good food? Want to know what the latest or greatest is? Then take this tour to find out the latest and greatest new food products and how to prepare them. Especially designed for conference delegates, the tour will address issues such as sustainability, what is trending in food and what to do with some of those 'difficult' foods!



keynote speakers

The HEIA 2017 national conference will welcome a number of outstanding presenters. Among them is the very talented and inspirational team of keynote speakers as shown on this page.



Dr Debbie Ollis

Debbie Ollis is senior lecturer at Deakin University where she teaches and researches in the areas of capacity building in sexuality education and gender and violence education. Debbie has worked in the field for over 30 years as a health, home economics and physical education teacher, policy officer, curriculum consultant, curriculum writer, teacher educator and researcher. Debbie has written a respectful relationships curriculum for Victorian secondary schools. She is also a managing trustee for the King and Amy O'Malley Trust Home Economics Scholarships.



Luke Ablett

A former AFL player, Luke is a White Ribbon Ambassador who is passionate about promoting gender equity, preventing men's violence and a broader idea of what it means to be a man, advocating a shift in the conversation from what women should do to stay safe, to men, and what they should do to not be violent. He has appeared on national television and radio and has written articles for major newspapers on gender equity and violence against women.



Dr Helena Popovic

Dr Helena Popovic is a medical doctor, leading authority on how to improve brain function, international speaker and best-selling author. Since graduating from The University of Sydney in 1995 she has been paving the way for a new paradigm in peak health for peak performance. Helena's philosophy is that education is more powerful than medication and she believes in slow ageing despite fast living. Helena enables people to discover the power of their moment-by-moment choices in reigniting their zest and vitality for life and work.



Josephine Cashman

Josephine Cashman is a Worimi entrepreneur from New South Wales. She is a lawyer, business woman and social entrepreneur and was appointed by the Prime Minister to the Indigenous Advisory Council and serves as Chair of its Safe Communities Committee. She is an innovator who focusses her expertise in business, negotiation and engagement on real outcomes that meet the diverse practical needs of Indigenous communities. She is passionate about encouraging the Indigenous youth of Australia to become future leaders.



Dr Joel Gilmore

Dr Joel Gilmore is a physicist, renewable energy analyst, award winning science communicator, MC, and (most importantly) a lover of good food. He has a PhD in physics and regularly delivers public events on topics ranging from black holes to tackling climate change, but he is particularly passionate about understanding the science of the kitchen. He has presented sold-out food science talks since 2010 and featured on television programs such as Catalyst and SCOPE. In his spare time, he sings, dances, and has visited 49 countries.



Clementine Ford

Clementine Ford is a Melbourne-based writer, speaker and feminist thinker. She is a columnist for Fairfax's Daily Life and is a regular contributor to The Age and the Sydney Morning Herald. Clementine has been a guest on ABC's Q & A, Channel Nine Mornings and is a frequent contributor to Channel Ten's The Project. In late 2012, Clementine was voted one of Australia's most influential female voices by Daily Life readers. Clementine's number one mission is to speak openly and honestly about the state of the world as we live in it.



Professor Mark Lawrence

Mark is a Professor in Public Health Nutrition at Deakin University. He has 33 years' experience working in food policy at local, state, national and international levels. Mark's research interests focus on the science and politics of evidence use in dietary guidelines, Nutrient Reference Values (NRVs), food regulation and the promotion of healthy and sustainable food systems. He is a member of the Commonwealth committee reviewing the NRVs and a former member of the NHMRC's Dietary Guidelines Working Committee.



Professor Boyd Swinburn

Boyd Swinburn is the Professor of Population Nutrition and Global Health at the University of Auckland and Alfred Deakin Professor and Co-Director of the World Health Organization (WHO) Collaborating Centre for Obesity Prevention. Boyd trained as an endocrinologist and has conducted research in metabolic, clinical and public health aspects of obesity. His major research interests are centred on community and policy actions to prevent childhood and adolescent obesity, and reduce, what he has coined, 'obesogenic' environments.



Jane Milburn

Jane Milburn grew up on a sheep farm and transformed her love of natural fibres into a consuming passion by creating Textile Beat as a social enterprise in 2013. Jane has a Bachelor of Agricultural Science and postgraduate leadership qualifications along with decades of experience in rural journalism and communications. Jane leads The Slow Clothing Project as a conversation about ways of dressing that are good for ourselves, society and the planet.



Jane Martin

Jane Martin leads the Obesity Policy Coalition and advocates for policy and regulatory reform to prevent overweight and obesity, with a focus on food marketing, labelling and tax and pricing measures. For over twenty-five years, Jane has worked extensively in public health advocacy, first in tobacco control then in obesity prevention. Her interests lie in advocacy, policy oriented research and partnerships to support policy reform. Jane is Vice President of the Australian New Zealand Obesity Society.



Dr Joanna McMillan

Dr Joanna McMillan is one of Australia's favourite and most trusted health and wellbeing experts. She is a PhD-qualified nutrition scientist, Accredited Practising Dietitian and a former fitness instructor, giving her sound credentials to help us make heads or tails of the increasingly confusing nutrition and health messages in the media. Joanna is a regular on television, on radio and in print media, and is a proud ambassador for Diabetes Australia, the Skin & Cancer Foundation Inc. and Foodbank.

Social events

The Welcome Reception will be held on Tuesday 10 January at the beautiful Bishops Court, a large colonial mansion located on Clarendon Street in East Melbourne—maybe some of you know the Bishop's wife, Joy Freier, a former Queensland home economics teacher.

The conference dinner will be held on Thursday 12 January in the elegant Premiership Club Dining Room at the iconic Melbourne Cricket Ground—enjoy canapés on arrival, then a sumptuous meal of main and dessert, whilst taking in stunning views of Melbourne's sporting precinct towards South Yarra and, on the other side, the stadium's sacred turf.

In addition to the conference dinner, a Dine Around has been planned. Tables have been booked for Wednesday 11 January at a selection of well-known and recommended Melbourne restaurants—Collins Quarter, Gazi, Mamasita, Red Spice Road, Gingerboy, Terra Rossa and The Colonial Tramcar. Guests of conference delegates are also welcome at the social events.

Pre- and post-conference tours and workshops

Try to get to Melbourne before lunch on Tuesday 10 January to take advantage of the pre-conference opportunities. You will have the choice of a Textiles and Craft Walking tour or a Fine Dining Skills Demonstration workshop. Join Leanne O'Sullivan on an insider's guided walking tour of Melbourne's craft scene especially for HEIA conference delegates to discover where the locals go for their high-quality textiles and craft needs and see artisans behind the scenes in their own studios. Alternatively, come along to a cooking demonstration exclusive for conference delegates and their friends and partners at the prestigious Trupp Cooking School, where you will learn the essential skills that will allow you to create a seven-course menu deserving of its own Michelin stars.

Plus, of course, stay a little longer after the conference and enjoy what is on offer on Saturday 14 January—or stay even longer and go to the Australian Open tennis, which starts on Monday 16 January. On Saturday, you will have four choices especially designed for conference delegates and their friends and family members—in addition, of course, to the myriad of things that Melbourne has on offer. Firstly, there is a fabulous Sashiko Stitching workshop on Saturday morning (no previous experience needed). Or, if food is your passion, go along to the tour of South Melbourne Markets or join Chef Ha Nguyen for a tour of famous Victoria Street markets where you will shop for Asian ingredients before going to the O'TAO Kitchen cooking school to cook up a feast. And if you are feeling like a day out, then don't miss the Wine and Chocolate Indulgence tour to the Mornington Peninsula.



Partner and family events

There will be several pre- and post-conference tours and workshops from which to choose and many social events in which to participate, but we also have a great program for partners, friends and family members who might be travelling with you. Whilst you are at the conference, every day there will be organised events for those accompanying you—a tour of the MCG, a tour of a brewery and a game of golf—along with many other suggestions of things for them to do. Plus, of course, your guests are also welcome at the Welcome Reception, Conference Dinner, Wednesday night's Dine Around, Closing Drinks at the end of the conference, and the pre- and post-conference tours and workshops.



Registration fees

All prices quoted are in Australian dollars and are inclusive of GST.

Registration type	Earlybird (up to Tuesday 1 November 2016)	Standard (after Tuesday 1 November 2016)
HEIA member registration	\$670	\$780
HEIA full-time student/retired member registration*	\$555	\$670
Non-HEIA member registration	\$780	\$895
Non-member full-time student registration*	\$670	\$780
HEIA member day delegate	\$270	\$365
Non-HEIA member day delegate	\$365	\$420

Registration fees are based on date of receipt of payment (not registration date). Payment at the earlybird rate must be received by Tuesday 1 November 2016, otherwise standard fees will apply.

The conference will provide an ideal opportunity for networking with colleagues in a professional and enjoyable environment. We hope to see you there for a great meeting of minds with common interests—Home Economics and the wellbeing of individuals and families.





heia(Q) Diary Dates

1 AUGUST 2016

**HEIA(Q) REGIONAL WORKSHOP
GOLD COAST**

WORKSHOP 2

4.00 pm - 6.30 pm

All Saints Anglican School
Highfield Drive, Merrimac

3 AUGUST 2016

**HEIA(Q) REGIONAL WORKSHOP
BRISBANE WEST**

WORKSHOP 2

3.30 pm - 6.00 pm

Ipswich State High School
1 Hunter Street, Brassall

6 AUGUST 2016

**HEIA(Q) STATE CONFERENCE:
HOME ECONOMICS 2016—A DEFINING TIME?**

8.30 am - 5.00 pm

Brisbane Convention & Exhibition Centre

6 AUGUST 2016

**WELCOME TO THE 2016 HOME ECONOMICS
GRADUANDS
(PART OF THE HEIA(Q) STATE CONFERENCE:
HOME ECONOMICS 2016—A DEFINING TIME?)**

8.30 am - 5.00 pm

Brisbane Convention & Exhibition Centre

12 AUGUST 2016

**HEIA(Q) REGIONAL WORKSHOPS
ROCKHAMPTON**

WORKSHOP 2 and **WORKSHOP 3**

9.00 am - 3.30 pm

The Cathedral College Home Economics Textiles Room
104 Derby Street, Allenstown, Rockhampton

19 AUGUST 2016

**HEIA(Q) REGIONAL WORKSHOP
SUNSHINE COAST**

WORKSHOP 2

4.00 pm - 6.30 pm

Siena Catholic College

69 Sippy Downs Drive, Sippy Downs

25 AUGUST 2016

RETIRES' HIGH TEA

11.30 am

Keri Craig Emporium, Brisbane Arcade

Contact Denise McManus zzdmcm@westnet.com.au

13 OCTOBER 2016

**HEIA(Q) REGIONAL WORKSHOP
BRISBANE SOUTH**

WORKSHOP 2

3.45 pm - 6.15 pm

Clairvaux Mackillop College
Klumpp Road, Upper Mt Gravatt

15 OCTOBER 2016

HEIA(Q) WORLD FOOD DAY EVENT

Sirromet Wines

Contact Tessa Lund <tessalund07@gmail.com>

16 OCTOBER 2016

WORLD FOOD DAY

www.fao.org/world-food-day/home/en/

28 NOVEMBER 2016

HEIA(Q) PRACTICAL DAY OUT

Moreton Bay College, Manly West

2016 Professional Development Program Workshops

WORKSHOP 1:

*Improved engagement and learning through
inquiry-based learning: Getting practical*

WORKSHOP 2:

*Working with the revised and endorsed Australian
Curriculum (HPE and Design & Technologies)*

WORKSHOP 3:

Refashioning