

# *inform*

Newsletter of the Home Economics  
Institute of Australia (Qld) Inc.  
**September 2017**



The September 2017 issue of *InForm* is a reflection of the many activities in which HEIA(Q) members have been engaged since the last issue in June. It seems that all membership groups have been busy! The retirees had another fabulous reunion, the students shone at the HEIA(Q) 2017 conference and hundreds of members have been oh so busy attending the state conference and the sixteen regional workshops offered in Term 3. As well as reporting on the above events and outlining other professional development opportunities for the rest of the year, this issue profiles and celebrates members, including those who have been honoured with various professional awards since June.

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# Contents

From the President	2
.....	
HEIA(Q) 2017 Practical Day Out	2
.....	
HEIA(Q) 2017 acknowledgement of World Food Day	3
.....	
HEIA(Q) 2017 state conference <i>Home Economics! Action! Futures!</i>	4
.....	
Graduating students' participation in the HEIA(Q) 2017 state conference	8
.....	
Susan Smith awarded the Dr Janet Reynolds Award for Service to HEIA(Q)	9
.....	
The HEIA(Q) Retirees' High Tea just gets bigger and bigger!	9
.....	
HEIA(Q) 2017 Teacher Excellence Awards go to Helen Willmett and Kay York	10
.....	
HEIA(Q) member Dr Janet Reynolds inducted into Associations Hall of Fame	12
.....	
Profiling HEIA(Q) member Renee Adams	13
.....	
CQUniversity Update	14
.....	
HEIA(Q)'s 2017 Professional development program What happened in Term 3	16
.....	
HEIA(Q)'s 2017 Professional development program Reports from the regional coordinators	18
.....	
HEIA(Q)'s 2017 Professional development program Still to come!	20
.....	
Bachelor of Applied Fashion at TAFE Queensland, Brisbane	21
.....	
Diary Dates	Back cover
.....	

## From the President



During this period of rapid change in the Queensland curriculum I was awed and a little overwhelmed by the record attendance at the HEIA(Q) annual conference on Saturday 12 August 2017. While I was opening the conference for the first time, I looked at the huge crowd assembled and was struck by the dedication of home economics teachers who were undertaking professional development on a Saturday with such enthusiasm. It made me ask myself, 'How can we possibly lose the subject content that we are so passionate about?'. I have no doubt that many of you have had the same question in your mind at some point over the past couple of years.

I then canvassed my colleagues about how they perceive our role in the Australian curriculum and the rollout of new senior subjects at a practical school level. Overwhelmingly, those I spoke to were of the consensus that home economic teachers have many transferable skills when it comes to our suite of subjects. At heart and in practice we will always be home economics teachers. That makes us adaptable, creative and capable of working our core business into subjects in both junior and senior school areas.

The sheer number of delegates at the conference demonstrated a professional desire to keep current with and be proactive about the changes that continue to come our way. We need to maintain a positive mindset and to keep working toward positive outcomes. Another essential part of attending professional conferences is catching up with longstanding friends and colleagues. This encourages a camaraderie that will make us cohesive as a group. Please do not forget other HEIA(Q) professional development activities as platforms to develop and update your skills and knowledge and, similarly, for maintaining social contact and sharing ideas.

I would like to personally acknowledge the enormous amount of time and effort that the Conference Organising Committee devoted to the success of the conference. The task of choosing presenters that will be worthwhile for a majority of people is particularly difficult, so well done Jan Reynolds, Cheryl Conroy, Lyn McErlean, Sue Smith and Ngaire Mayo.

As we prepare for the introduction of the high-definition Food & Nutrition syllabus, please be aware that there is a textbook being written specifically to accompany the syllabus document. It is scheduled to be published mid-2018.

### **Kirsten McCahon**

President, HEIA(Q)



save the date

# HEIA(Q) 2017 Practical Day Out

**HEIA(Q) invites all members to a full day of food workshops specifically designed to align with the new *Food & Nutrition* syllabus. The workshops aim to encourage innovative ways of implementing and supporting the delivery of unit objectives in the syllabus. They will build on existing knowledge of food science, food technology and nutrition. Participants will apply these concepts in a practical setting using a variety of experimental techniques to demonstrate the chemical and functional properties of food. The workshops will also provide opportunities to network with other colleagues.**

#### **Session 1: 9.00 am-10.30 am**

Chef Reg Morgan will investigate food nutrients and participants will prepare dishes that demonstrate the chemical and functional properties of food. The food prepared in this session will be served for morning tea.

#### **Session 2: 10.50 am-1.00 pm**

Chef Reg Morgan will further investigate food nutrients and participants will prepare dishes that demonstrate the chemical and functional properties of food. The food prepared in this session will be served for lunch.

#### **Session 3: 1.30 pm-3.30 pm**

In this session participants will experiment with methods of sensory profiling various food products.

**Date:** Monday 27 November 2017

**Time:** 9 am-3.30 pm

**Venue:** St Thomas More College, Cnr Troughton Road and Turton Street, Sunnybank

**Cost:** HEIA members \$80 (includes morning tea and lunch)

**Requirements:** Apron, closed-in leather shoes

**Attendees:** 18 maximum

**Bookings:** Please use this TryBooking link:  
<https://www.trybooking.com/313198>

**Please advise of any dietary requirements when booking.**

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#### **Please note:**

*At the time of going to print the workshops were fully booked. However, cancellations may result in vacancies becoming available before the event.*

# HEIA(Q) 2017 acknowledgement of World Food Day

The theme of World Food Day 2017 is *Change the future of migration—Invest in food security and rural development*. The June 2017 issue of *InForm* (pages 20–21) included information about and many ideas for acknowledging World Food Day whether at the personal, workplace or school level. The article noted that if you need support for planning the acknowledgement of World Food Day 2017, it is available from the website of the Food and Agriculture Organization (FAO) of the United Nations [www.fao.org/world-food-day/2017/theme/en/](http://www.fao.org/world-food-day/2017/theme/en/). In particular, the Communication Toolkit contains useful resources, including downloadable brochures, activity books and posters as well as the official World Food Day social-media hashtag: #WFD2017 [www.fao.org/world-food-day/2017/comm-toolkit/en/](http://www.fao.org/world-food-day/2017/comm-toolkit/en/).

To acknowledge World Food Day 2017, HEIA(Q) invites you to join an afternoon walking and food tour of Newstead and Teneriffe. Over the past 15 years, both these suburbs have undergone drastic transformations and are now two of Brisbane's most desirable and iconic destinations. During this walking tour participants will visit several food and drink venues and sample a range of savoury and sweet products. The tour will include a variety of educational food demonstrations, including chocolate-making techniques, and discussions with the owners about their passion for the local food industry. Please be aware that the tour includes approximately 30 minutes of walking, spread throughout the entire tour.

## Other important points:

- The tour price covers all food samples. Unfortunately, gluten- or dairy-free options cannot be provided due to the tour being organised by a range of restaurants and establishments.
- The tour price includes a serving of alcohol or a non-alcoholic alternative.
- Please wear comfortable shoes appropriate for walking on a range of different surfaces.

**Date:** Saturday 14 October 2017

**Time:** 2.30 pm until approximately 6.00 pm

**Venue:** The meeting point is a short walk from the Teneriffe ferry wharf. The location will be confirmed and details emailed to attendees closer to the date.

**Cost:** HEIA members: \$65; non-members: \$75

**Attendees:** 17 maximum

**Bookings:** Please use this TryBooking link:  
<https://www.trybooking.com/310707>

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AUG  
12 save the date

2017 state  
conference

# Home Economics



Action!

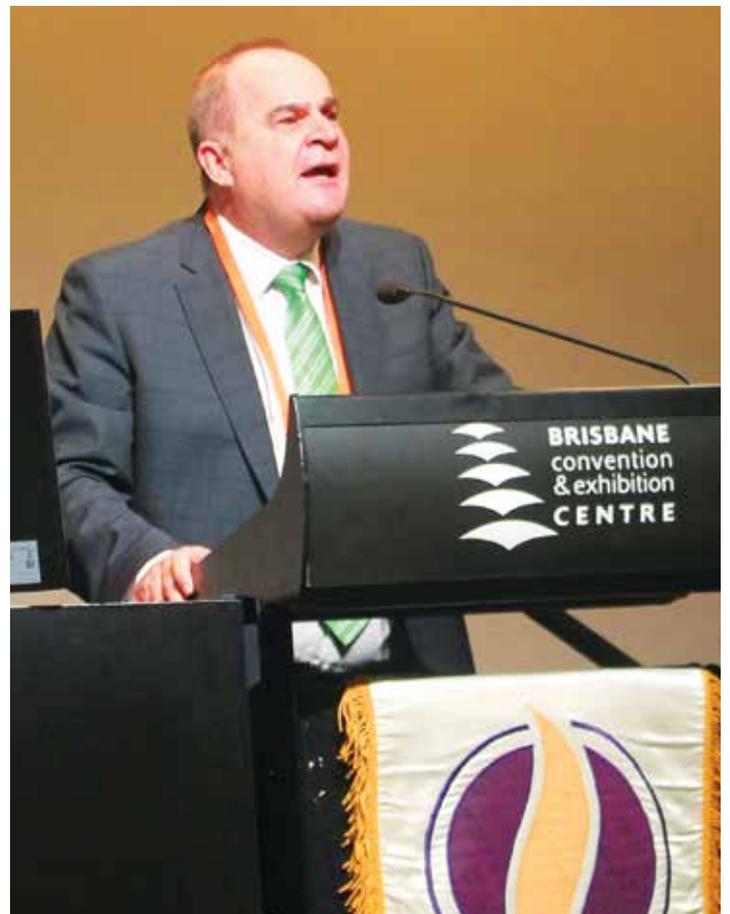
Futures!

Let's work together

Saturday 12 August 2017  
Brisbane Convention &  
Exhibition Centre

Once again the HEIA(Q) state conference, *Home Economics! Action! Futures!*, held on Saturday 12 August, was a great success. It had the distinction of being the largest conference that HEIA or any of its divisions across Australia has ever presented. There were 396 registrations in total, including 22 exhibitors and 17 presenters who attended only their own sessions. Seven speakers registered for the full day and 357 delegates in total registered for the full day.

The original venue accommodates just over 300 delegates, so six weeks out from the conference alarm bells started ringing when the conference was fully booked and the waiting list was growing daily. To accommodate all those on the waiting list and to provide more space for delegates, the room adjoining the original venue was also booked, with the two rooms opened up to form one large room. In previous years the tables for the plenary sessions had been set for ten people, requiring some delegates to turn their chairs to see the stage. With the additional room, the tables were set for only eight delegates each, making the seating more comfortable for everyone. A room of similar capacity has been booked for 2018, but with a different shape to enable a better connection between the keynote speakers and the delegates at the edges of the room.



Dr Bill Blayney addressing delegates about home economics teacher education.

## Registrations

The following table shows the breakdown of registrations over the last four years.

		2014	2015	2016	2017
Early-bird	HEIA members	226	224	217	259
	HEIA member, student/retired	9	24	9	6
	HEIA members, graduating students			8	5
	Non-members	32	40	54	43
	Non-members, student/retired	1	3	1	1
<b>Total Early-bird</b>		<b>268</b>	<b>291</b>	<b>289</b>	<b>314</b>
Standard	HEIA members	15	12	9	21
	HEIA members, student/retired	3	0	0	0
	HEIA members, graduating students				3
	Non-members	10	3	1	10
	Non-members, student/retired	2	1	0	0
<b>Total Standard</b>		<b>30</b>	<b>16</b>	<b>10</b>	<b>34</b>
Invited speakers who registered for the day (not itemised separately for 2015 and 2016)		9	0	0	7
Registrations as part of sponsorship packages					2
Speakers who attended only their own sessions					17
Exhibitor registrations/extra passes		17	23	19	22
<b>TOTAL</b>		<b>324</b>	<b>330</b>	<b>318</b>	<b>396</b>

As can be seen from the table, in 2017 there was again a high percentage of early-bird registrations. The overwhelming majority of delegates were HEIA members.

## Program

The program went according to plan with no major disruptions. It was a very tight program, but everyone kept to the timelines really well. Generally, there was a very positive vibe at the conference and this was reinforced by the conference evaluation. The conference evaluation was undertaken online via SurveyMonkey. There were 226 responses, an approximate response rate of 63% (compared to 72% in 2016).

### Opening ceremony

There was an excited buzz in the room as delegates filed into the new larger space and heard that it was the biggest HEIA conference ever! New HEIA(Q) President Kirsten McCahon welcomed everyone to the conference, including HEIA national President, Kay York—who, of course, most delegates knew as she is HEIA(Q)'s immediate-past president—and Marilyn Yates from Western Australia, a foundation member of the HEIA national council and a Fellow of HEIA. Kirsten welcomed Queensland delegates from as far away as Cooktown and as near as inner-city Brisbane, as well as 15 interstate delegates and speakers from New South Wales, Victoria, South Australia and Tasmania, and four all the way from Western Australia, three of them speakers who had registered for the full day. It was wonderful to see all six states represented.

Kirsten then announced the awards to be presented. First, she announced Helen Wilmett from St Margaret Mary's College in Townsville and HEIA national President Kay York from Park Ridge State High School as recipients of the HEIA(Q) 2017 Teacher Excellence Awards. As Kirsten read out their many achievements their worthiness for the award became obvious. Helen was not able to be at the conference so her colleague, HEIA(Q) Townsville Regional Coordinator Wendy Owens accepted the award on her behalf.

HEIA(Q) Committee of Management member Cheryl Conroy took the stage next and announced Susan Smith from Brisbane's Clairvaux MacKillop College to be the very worthy recipient of the Dr Janet Reynolds Award for Service to HEIA(Q).

Finally, HEIA national President Kay York announced that HEIA(Q) member Dr Janet Reynolds had been inducted into the inaugural Associations Hall of Fame. This honour is awarded by Associations Forum, an organisation that supports and brings together associations from all walks of professional life.

After a great celebration of the awards presented to the four HEIA(Q) members, the 2017 graduating Home Economics students were announced and introduced to the audience by HEIA(Q) President Kirsten McCahon. Ten graduating students from QUT and Griffith University were introduced, after which graduand Amanda Robertson responded on behalf of the students.

Professor Bill Blayney from CQUniversity concluded the opening ceremony with another inspirational address about Home Economics teacher education in Queensland, after which the formal conference was underway with the first keynote address by Dr Gie Liem.



### Keynote speakers

The 2017 opening address on sensory marketing was of a more academic nature than most of those from conferences in recent years. Gie outlined how our decision to choose and consume foods is largely based on our interpretation of multiple sensory signals that are communicated to us through the environment, the packaging and the food itself. He presented great data as well as a video of his own baby trying different foods, which was one of many lighthearted episodes in his address. In the evaluation, many delegates expressed their great appreciation for the depth of food science Gie had covered and the helpfulness of his address for the upcoming Food & Nutrition syllabus. They also appreciated that Gie injected a dose of humour into a very academic topic.

The closing keynote address also took a different approach this year—without PowerPoint or any other props! Instead, social commentator Jane Caro took to the podium and delivered hard-hitting messages about women and education, and her views about why feminism is as important as ever in today's society. Like Dr Liem, Jane included many humorous comments and anecdotes to illustrate her points. Typically the comments in the evaluation were along the lines of: Fantastic; A riot; Entertaining and informative; Thought provoking. However, a few delegates also commented that they felt sorry for the men in the audience. Nonetheless, one respondent who identified as a male said he found Jane's address interesting and entertaining.

### Concurrent sessions

While the two keynote speakers were very well received, the survey showed that the stand-out successes for the day were the concurrent sessions. This was particularly notable given that the high number of delegates had resulted in some sessions having very high numbers. Of the 26 sessions, the following ten (39%) had an average rating of 4.5 or more out of 5:

- Fabric designing: Simple, safe and sustainable (Anne Mitchell)
- Six improbable things before breakfast (Dr Joel Gilmore)—87% of survey respondents rated this session 5 out of 5
- Introduction to the new Senior Health syllabus (Carolyn Jones)
- Sustainable living: An inspirational case study and its incorporation into schools (Roman Spur)
- Decorating with electroluminescent wire (Lynette Skeers and Anne Weaver)
- The physics of foams (Joel Gilmore)
- New approaches to sustainable fashion (Dr Alice Payne)
- Be bolder in classes—Digital tools for students (Leanne Compton and Kim Weston)
- Drawing for fashion: Experimental drawing tools for creative development (Ehud Joseph)
- Engaging 21st-century minds in the home economics classroom (Rosie Sciacca)



HEIA(Q) 2017 Conference Organising Committee (L-R) Ngaire Mayo, Lyn McErlean, Janet Reynolds, Sue Smith (Cheryl Conroy missing)

This is a tremendous achievement. For five of these sessions, all ratings were either 4 or 5 out of 5. Anne Mitchell's session on fabric designing received HEIA(Q)'s first 'perfect 5'—that is, all the delegates who responded to the survey rated it 5 out of 5.

The following may be of interest to members:

- In addition to the ten sessions rated 4.5 or above, a further ten sessions were rated on average 4.0–4.4, so 20 (77%) in total were rated an average of 4 or above.
- Three sessions were rated 3.5–3.9 and three were rated less than 3.5, with the lowest rating being 3.3.
- Fifteen of the 26 sessions received no unsatisfactory ratings (1 or 2) from any of the survey respondents.
- There were 17 sessions with new speakers this year; four of these were rated 4.5 or above and another seven were rated 4.0–4.4.

Clearly the concurrent sessions were rated very highly, with only a few of them disappointing delegates. That said, even some of the best-rated sessions at any conference often disappoint one or two attendees. Almost three-quarters (73%) of delegates saw the concurrent sessions as one of the strengths of the conference, second only to the venue (76%).

### Making the day run smoothly

Everything seemed to go very well with only a couple of hiccups and these did not have a major impact. Everyone fitted into the plenary room, there were no AV problems, and there were plenty of trade tables. Both conference registration and communications were rated very highly in the survey, with an average rating of 4.5 and 4.7 out of 5, respectively:

- 88% (cf. 95% in 2016) of survey respondents found registration easy or very easy and 4% (9 delegates) found it difficult or very difficult (cf. 0% in 2016). No doubt some of those difficulties were associated with the conference filling so quickly and people having to be placed on a waiting list.
- 94% of respondents found communications 'Good' or 'Very Good' and no-one found them 'Poor' or 'Very Poor'.

Without doubt, the conference managers from Expert Events were integral to the smooth running of the day. Additionally, approximately 100 delegates contributed to the smooth running by chairing sessions, checking name badges, handing out satchels, managing microphones and the like. Sincere thanks go to everyone who assisted in the lead-up to the conference and on the day itself.



HEIA members who have served on the HEIA national council with HEIA(Q) President, Kirsten McCahon (L-R) Aileen Lockhart, Kirsten McCahon, Marilyn Yates, Kay York, Delia Stecher, Janet Reynolds



Special thanks also go to those who participated in the plenary sessions, especially the graduating students:

- Opening plenary session:
  - MC—Rosie Sciacca, Vice-President HEIA(Q)
  - Welcome and opening—Kirsten McCahon, President HEIA(Q)
  - Responding on behalf of the graduands, graduating student Amanda Robertson
  - Introducing and thanking Dr Gie Liem—QUT students Elissa Shingles-Riley and Alexandria Leighton, respectively
- Closing plenary session:
  - MCs—QUT students Nicole Hiskins and Kelsey Hawthorne
  - Introducing and thanking Jane Caro—QUT students Rachael Stefanutti and Eleanor Armstrong, respectively
  - Prize draw—QUT students Nicole Hiskins and Kelsey Hawthorne
  - Close of conference—QUT students Nicole Hiskins and Kelsey Hawthorne

And, of course, we must give a huge vote of thanks to the HEIA(Q) members of the Conference Organising Committee that steered the conference to such success:

- Cheryl Conroy (retired, formerly at Dakabin State High School)
- Ngaire Mayo (Innisfail State High School)
- Lyn McErlean (St Benedict's College, Mango Hill)
- Dr Janet Reynolds (convenor)
- Sue Smith (Clairvaux MacKillop College, Upper Mt Gravatt).

## Sponsorship

The Conference Organising Committee is very appreciative of the tremendous contribution of the many sponsors and exhibitors that collectively contributed over \$15 000 to support the conference. In addition, their trade tables brought a great vibe and many new ideas to the conference. HEIA(Q) urges all members to support these organisations that have supported us, some of them repeatedly and over many years.

- **Silver Sponsor:** Mushrooms Australia - Nutrition Impact
- **Program Sponsor:** The Woolmark Company
- **Teacher Education Sponsor:** CQUniversity
- **13 exhibitors:**
  - Buckley's Store
  - Cambridge University Press
  - East of Grey
  - Flexibooks
  - Genesis Creations
  - ITC Publications
  - McCormick
  - Nelson, A Cengage Company
  - Primary Industries Education Foundation Australia (PIEFA)
  - Teachers Mutual Bank
  - Textiles Direct
  - TUH Health Fund

- **Satchel inserts:**
  - Diabetes Queensland
  - Oxfam's Schools Program
  - The University of Queensland
- **In-kind support:** Bernina Australia

**Silver sponsor:**



**Program sponsor:**



**Teacher education sponsor:**



**Exhibitors:**



**Satchel inserts**



**In-kind support**

**BERNINA**  
made to create

The trade exhibition was fully booked. It had plenty of variety, attracted many people and was very busy. In addition, their trade tables brought a great vibe and many new ideas to the conference. In 2018 a different space will be used and this will allow more room for the trade tables.

The Exhibitor Passport was a new initiative this year. Delegates who had their passports stamped by all exhibitors went into a draw to win an iPad Mini. When asked if the Exhibitor Passport had encouraged them to visit the exhibitors, 50% of the survey respondents said either 'Yes' or 'Definitely Yes' and 29% responded 'Not at all', with some saying that they would have gone to all of the stands anyway.

**Dr Janet Reynolds**

Convenor,  
HEIA(Q) Conference Organising Committee



HEIA(Q) President Kirsten McCahon (L) with Treasurer Rosie Sciacca

**Action!**

**Futures!**

**Let's work together**

# Graduating students' participation in the HEIA(Q) 2017 state conference

Once again the 2017 HEIA(Q) conference actively involved graduating Home Economic students in various roles throughout the day. All the graduands who attended gladly volunteered for roles such as acting as master of ceremonies, introducing and thanking keynote speakers, and assisting with the concurrent sessions. The ten graduating students who attended the conference were from the Queensland University of Technology (QUT) and Griffith University. Next year will be the last year that students graduate from QUT with a Home Economics teaching qualification.

During the opening session, each graduate was introduced and presented to the 357 conference delegates. Each received a gift of various stationery items and HEIA journals from HEIA(Q) President Kirsten McCahon. Amanda Robertson responded on behalf of all the graduating students, thanking HEIA(Q) and acknowledging its commitment to providing a platform for graduands to meet other home economics professionals and to become part of the larger home economics community. Amanda also thanked those teachers present at the conference that had contributed to the graduands' professional development by supporting them during their practicum placements.

In the opening session student Elissa Shingles-Riley introduced the first keynote speaker Dr Gie Liem, and Alexandria Leighton thanked Dr Liem for his insightful presentation.

Following the opening session, the graduating students attended many different concurrent sessions with topics including the new senior syllabus, aligning assessment, food science, food and fibre in the curriculum, and fashion sessions such as decorating with electroluminescent wire. All sessions were well received, as was the delicious lunch. The feedback from the graduands was positive and enthusiastic.

The closing session included students Nicole Hiskins and Kelsey Hawthorne jointly taking on the role of master of ceremonies. They welcomed the delegates to the final closing session, saying that they hoped that all delegates had enjoyed their concurrent sessions. Student Rachael Stefanutti introduced the second keynote speaker, Jane Caro. Following Jane's address, student Eleanor Armstrong thanked her for her most inspiring and engaging presentation.

Finally, Kelsey explained that as the conference was drawing to a close, it was time for the lucky draws of two prizes from Genesis Creations and three from Cengage Learning. Genesis Creations once again supported the conference by providing two fabulous prizes of Liquid Radiance packs, perfect for fabric designing in the home or in the textiles classroom. Cengage Learning provided three books for the prize draw: *Food by Design*, *Food Tech Focus* and *Food Solutions*. Kelsey invited fellow graduating student Nicole Hiskins to make the draws for the prizes from Genesis Creations, and then invited Sam Bonwick from Cengage Learning to make the draws for the Cengage Learning book prizes. Between them Kelsey and Nicole presented the prizes to the winners. HEIA Fellow Marilyn Yates was invited to draw the name of the winner for the new Exhibitor Passport prize of an iPad Mini. Nicole and Kelsey then closed the conference, inviting delegates to closing drinks and to meet and connect with the lovely graduating students.

After four long years of study, this truly was an exciting time for the graduating students, to be recognised by such a wonderful professional body as HEIA(Q) and its conference delegates.

## Nicole Hiskins

2017 QUT graduating student



Teacher Leanne Olive (L) with her ex-student Kaitlyn Feldman



Graduating students at the HEIA(Q) 2017 conference



Student Eleanor Armstrong (L) with mum Fiona



Eleanor Armstrong (L) and Kaitlyn Feldman helping set up Dr Gie Liem's workshop

# Susan Smith awarded the Dr Janet Reynolds Award for Service to HEIA(Q)



L-R: Cheryl Conroy, Sue Smith, Janet Reynolds

**The Dr Janet Reynolds Award is awarded for outstanding service to HEIA(Q) over a period of time.**

**The inaugural awards were made in 2015 to members Denise McManus and Cheryl Conroy, followed by the 2016 award to Aileen Lockhart. The HEIA(Q) Committee of Management decides on the recipients of this award, which is presented at the HEIA(Q) annual state conference. This year the award was presented to Sue Smith from Clairvaux MacKillop College, Upper Mt Gravatt. Sue has given tirelessly to HEIA(Q) for many years. The award was announced by HEIA(Q) Committee of Management member, and previous recipient of the award, Cheryl Conroy.**

Although as a young child Sue wanted to be an astronaut, fortunately for our profession by the time she completed high school she had decided to be a home economics teacher. Sue credits her wonderful fellow teachers, the brilliant members of the Conference Organising Committee and the inspiring presenters at conferences and regional

workshops for making her very proud to be part of this caring and stimulating professional environment.

Sue has always been actively involved in home economics education and professional development, including involvement with and support of HEIA(Q). She is now in her seventh year as the HEIA(Q) Brisbane South Regional Coordinator and has been an active HEIA(Q) Conference Organising Committee member since 2012. Sue sees her time spent in conference planning as 'fun', while providing growth through exploring and searching for relevant topics and presenters, and working with other professionals who share her passion. During the state conferences Sue willingly takes on a range of roles such as helping on the registration desk, managing the roving microphones and chairing concurrent sessions. Demonstrating her commitment and passion, Sue has agreed to take on the role of Conference Convenor for the 2018 HEIA(Q) state conference.

Without doubt, Sue is a very worthy recipient of the Dr Janet Reynolds Service Award. Congratulations and thank you, Sue!

**Kirsten McCahon**  
President, HEIA(Q)

# The HEIA(Q) Retirees' High Tea just gets bigger and bigger!

Yes, this much-enjoyed event was held again in 2017. It just gets bigger and bigger! The venue was the ever-popular Keri Craig Emporium with a central position and easy access to transport. With 48 retirees booked into the event, it was almost a takeover of the venue. Not to be deterred, at 11.30 am on Tuesday 29 August 2017, organiser Denise McManus welcomed everyone to the event, noting that the retirees are starting to look very young! After acknowledging the passing of friend and retired colleague Coral Early, it was over and out from Denise while the retirees clinked their glasses of bubbles and set to some serious catching up!



Denise McManus

## A note from one of the retirees

High tea at Kerri Craig Emporium, Brisbane is a perfect occasion for the annual reunion of retired home economics teachers. The glass of bubbles and the lovely food takes second place to the greeting of longstanding friends, the effort of trying to remember the faces and names of colleagues, and the shared stories of our college days and classroom experiences. It's our day each year to share with special people—home economics teachers.

**Sandra Crawford**

# HEIA(Q) 2017 Teacher Excellence Awards go to Helen Willmett and

HEIA(Q) is pleased to announce Helen Willmett and Kay York as the recipients of the HEIA(Q) 2017 Home Economics Teacher Excellence Awards. Each year HEIA(Q) endeavours to recognise and celebrate the inspirational work done by home economic teachers across Queensland. Members are encouraged to nominate colleagues who exemplify teaching excellence across several facets of home economics education, such as teaching practice, curriculum development, student success and professional activities. Such facets form the basis of the selection criteria.

The calibre of applications for this year's awards was remarkable. It is clear that not only is Home Economics strong across the state, but also that there are many proficient and passionate educators who inspire their colleagues and students daily and work hard to ensure the longevity of Home Economics.

This year's recipients epitomise excellence in Home Economics education and are extremely deserving of their awards. Kay was presented with her award at the HEIA(Q) state conference on Saturday 12 August 2017. Unfortunately, Helen was not able to attend the conference so her colleague Wendy Owens, who is also the HEIA(Q) regional coordinator for Townsville, accepted the award on Helen's behalf. Wendy then arranged to present the award to Helen at the HEIA(Q) Townsville regional workshop program on Friday 25 August 2017.



Wendy Owen (R) receiving the Teacher Excellence Award on behalf of Helen Willmett from HEIA(Q) Treasurer Rosie Sciacca

## Helen Willmett, St Margaret Mary's College, Townsville



Helen Willmett (L) receiving her award from regional coordinator Wendy Owens at the Townsville regional workshop

Helen is an innovative teacher who goes beyond the call of duty to present inspiring and up-to-date learning experiences to cater for and challenge all the students in her classes. She fosters a warm and supportive classroom environment and promotes the importance of student and staff wellbeing. Helen has implemented the college's model for Positive Education, both within the classroom and in the wider school community. She works tirelessly to provide students with many opportunities to achieve success. This includes many out-of-class sessions including tutorials during, before and after school. Helen conscientiously works to implement Hattie's Visible Learning research into her everyday teaching. This is as a response to a whole college focus.

Helen presents opportunities to students to make real-life connections with the wider community through excursions and other learning opportunities. In the specific case of studies related to fashion, Helen mentored and supported two of her Year 12 Fashion students to enter the recent Townsville Fashion Festival. The girls designed and produced garments that they then entered and modelled at the prestigious runway shows. Once again, Helen devoted her time on the weekend (as well as during after-school tutorials) to provide this opportunity for her students to achieve success.

Helen has embraced the challenge of sustainability by incorporating this into the college's Home Economics Textile Design units. For example, she challenges senior students to think outside the square in the pursuit of upcycling or recycling fashion. Helen uses a variety of modes when presenting learning materials to ensure that she caters to the needs of all the different learners she has in the classroom. She is a patient and encouraging educator to all.

Helen has led from the front to implement change in response to changing curriculum documents. She embraces change and looks upon it as a challenge to refresh and revitalise our programs. During her time at the college Helen has been instrumental in writing and delivering many new curriculum programs, including Home Economics (both Junior and Senior), Hospitality Studies, Hospitality, and Certificate II in Hospitality and Fashion. Her enthusiasm for new Queensland Senior subjects including Technology is a positive influence. She has been an active member of the Townsville District Panel for Home Economics, stepping up into the role of Panel Chair when required.

Her involvement in the upgrade of facilities has been comprehensive. During the last ten years, Helen has been involved in the design of three new learning spaces: a modern commercial kitchen, a new Textiles room and an upgraded Fashion room. These learning environments are modern and positive places in which to teach and learn.

For many years Helen was the HEIA(Q) coordinator for the Townsville region. She organised all aspects of workshops so they were of a high professional standard, ranging from promotion to arranging the space and catering requirements.

Helen readily engages in professional development, both as a team member and as an individual. She has undertaken and continues to engage in a number of professional development activities to further develop her expertise and knowledge in a range of areas, some of which are connected to fostering the wellbeing of students and staff. Helen readily shares her wealth of knowledge with fellow department members.

# Kay York

## Kay York, Park Ridge State High School, Brisbane



Kay York (R) with HEIA(Q) Vice President Rosie Sciacca

Kay York has taught Home Economics for over 30 years, teaching and being Subject Mistress/Head of Department at a range of schools. In more recent times, Kay has worked as Curriculum Manager (Health and Physical Education) in Education Queensland's Curriculum into the Classroom project, but is now back at Park Ridge State High School as Head of Department.

Kay always keeps up to date with the curriculum change that is occurring. As Head of Department, she has worked with teachers to ensure that their current practices are achieving maximum outcomes for students. She has written and guided the implementation of programs for students from Years 7 to 10, ensuring alignment with the Australian Curriculum to gather evidence against the achievement standard. Kay has supported teachers in implementing the Design and Technologies Australian Curriculum in Years 7 to 10 and has developed units of work for each year level in conjunction with her teachers. The programs align to Home Economics contexts and ensure that students are engaged and achieving. Her aim is to ensure that the contexts of home economics are not lost in the transition to a new

syllabus document. The junior programs in her school are relevant and engaging, with students applying the design processes and production skills to their learning.

Over the years Kay has also been involved in the development of programs of work for students in Years 11 and 12. She has written work programs and implemented senior Home Economics for over 15 years in her current school. She has also worked with her team to write and implement both the Early Childhood and Hospitality Practices Subject Area syllabi, revisiting the Study Plans and rewriting them for improved alignment and outcomes.

Kay's teaching practice is of high quality. She builds relationships with her students to ensure that they gain the best possible outcomes. Kay engages the students in a meaningful way to achieve great learning outcomes that are relevant to the 21st century. She uses learning intentions, steps to success and success criteria to ensure that the learning in the classroom is focussed and directed at the achievement standard. Her classrooms are fun, dynamic and engaging environments. She builds relationships with and gets to know her learners so she can differentiate the learning for all involved.

Kay has been involved in the development of the new Senior Food & Nutrition syllabus and has provided feedback to the Queensland Curriculum and Assessment Authority in this regard. She was a member of the Home Economics Subject Advisory Committee for the 2010 syllabus and, more recently, for the Early Childhood Subject Area Syllabus. Kay has been the Home Economics Panel Chair for Brisbane South for many years.

Kay has been a member of the HEIA(Q) Committee of Management since 2012 and was HEIA(Q) President from 2013 to 2017. She has been instrumental in the management of the committee, assisting with the decision-making and facilitation of all events held by HEIA(Q). She is currently HEIA's national President.

Kay has prepared, presented and/or facilitated professional development across Queensland and interstate for several years. This began when she worked in Townsville many years ago. While in Townsville as Home Economics Subject Mistress, Kay organised the North Queensland Home Economics Teacher Group to ensure that her colleagues were up to date with all that was happening in the state. The group met every term to share teaching and learning skills. While she was there she was also instrumental in organising a conference for home economics teachers in North Queensland.

More recently Kay has presented workshops across Queensland on both the Health and Physical Education Australian Curriculum and the Design and Technologies Australian Curriculum, introducing Home Economists to the curriculum and unpacking the achievement standards. In 2016 she co-prepared and co-presented with Dr Janet Reynolds professional development workshops for regions across Queensland. In 2017, she has presented eight workshops entitled *Aligning Assessment: Do you have the evidence?* to her colleagues across the state. For several years Kay has presented at least one session at each HEIA(Q) state conference.

At the HEIA national conference in 2014 in Perth, Kay presented a hands-on workshop on fabric colouring and another on assessment for the Australian Curriculum. In 2015 she was invited to Tasmania to present two workshops on Australian Curriculum implementation at a HEIA(Tas) professional learning day. Kay presented two workshops on the Australian Curriculum at the HEIA national 2017 conference.

In 2016, Kay was a panel participant to guide the CQUniversity in the review of their course for home economics teacher education. She worked with the lecturers and tutors of the courses to guide the future direction of Home Economics teacher education in Queensland.

It is not hard to see why Helen and Kay were awarded the HEIA(Q) 2017 Teacher Excellence Awards. Congratulations to both of you and thank you for all that you do for our profession.

# HEIA(Q) member Dr Janet Reynolds inducted into Associations Hall of Fame

Associations Forum is an organisation that supports professional associations like the Home Economics Institute of Australia (HEIA) and associations for other professions such as teaching, dentistry, construction, engineering, marine science and law. In July 2017, HEIA Treasurer Cheryl Sonter and I (HEIA President Kay York) attended the Associations Forum Conference to gain valuable insights into running an association. Prior to the conference Associations Forum had called for nominations for induction into their inaugural Associations Hall of Fame™ for which HEIA nominated HEIA(Q) member Dr Janet Reynolds. Out of an extensive list of worthy nominees, Associations Forum chose to induct Jan into the Hall of Fame for her work with HEIA. Four members of other associations were also inducted. The induction was held at the conference dinner on 17 July 2017 at Heritage Wharf, Pyrmont Point in Sydney.

Dr Janet Reynolds has been a member of HEIA since its inception 23 years ago. In that time she has taken on many roles, including President, Treasurer and convenor of many standing committees. Jan is the convenor of the HEIA Education Standing Committee and has been editor of the HEIA national journal since 1993, as well as editor of both the national and state newsletters for an extended period. She has developed numerous resources at the national level, including the incredibly popular *Nutrition—The inside story*, as well as working with agencies such as Xyris Software and the Commonwealth Department of Health to develop resources such as the dietary-analysis software program *FoodChoices*, and support materials for the *National Nutrition Education in Schools* project and *Food Safety Matters*, to mention but a few. In Queensland, Jan has been Vice-President and convenor of the professional development and conference organising committees for many years.

As convenor of the HEIA Education Standing Committee, Jan has led HEIA's advocacy strategy for the place of Home Economics in the Australian Curriculum. She also led the writing of HEIA's position paper: *Home economics education and the Australian Curriculum*. Jan organised and convened meetings of teachers to provide feedback to the Australian Curriculum, Assessment and Reporting Authority (ACARA) about the Health and Physical Education and Technologies Australian Curriculum documents, with the result that Home Economics is now recognised on the Australian Curriculum website.

Through her organisation of national and state [HEIA and HEIA(Q), respectively] conferences and her management of the HEIA(Q) Professional Development Program, Jan has promoted the professional status of Home Economics to ensure that home economics professionals across Australia have the most up-to-date knowledge and skills. She has convened many conferences, enabling delegates to hear from outstanding keynote speakers and presenters from all over the world. For many years Jan has convened very successful HEIA(Q) conferences that are always fully subscribed by HEIA members from across Australia. In addition, she organises the HEIA(Q) Regional Professional Development Program so that home economics teachers across the 12 Queensland regions, from as far north as Cairns and as far west as Roma, can benefit from the most current and practical teaching and learning information available. Through Jan's leadership, HEIA(Q) presents 24 workshops across Queensland each year; at some of these she also presents, sharing her knowledge and skills with participants.



Dr Janet Reynolds and Associations Forum President John Peacock at the Associations Hall of Fame induction ceremony

Not only does Jan manage conferences and workshops but since HEIA's inception she has also presented keynote addresses and workshops across Australia and in New Zealand. She has presented at just about every national and HEIA(Q) conference, at the conference of the International Federation for Home Economics, and at conferences or other professional learning events in every state and territory.

Jan has been part of a push by HEIA(Q) to ensure that Home Economics teacher education in Queensland continues after the Queensland University of Technology's (QUT) cessation of their course. She has been a key player in a team to form a partnership between HEIA(Q) and CQUniversity (CQU). The partnership's goals are to ensure that Home Economics teacher education continues and that the course is readily accessible to students who do not live near CQU's Rockhampton campus. This venture has been successful as we have been able to offer vacation intensives to up to 47 students enrolled in CQU this year.

Jan's contribution to HEIA is enormous and has been for many years. She is an incredibly valuable member of HEIA both nationally and in Queensland, who gives of her time willingly and with passion. I am sure you will agree that Jan is a very worthy inductee into the Associations Hall of Fame for her more than 20 years of support, assistance, advocacy and service to HEIA. Let's congratulate Jan.

## Kay York

HEIA(Q) Committee of Management and HEIA President

# Profiling HEIA(Q) member Renee Adams

After graduating from CQUniversity in 2005 as a primary school teacher, I taught on contract for two years at Childers State School. The Head of Special Education Services in Isis District, who knew me from my work in the primary school, encouraged me to move to the high school to work with the remedial and special-needs classes there. Hence in 2007 I transitioned to Isis District State High School. The next two years proved to be some of the most valuable learning experiences I have ever had. Now, being in mainstream, that foregrounding experience has immensely enriched my understanding of special needs and differentiation in our classrooms.

In 2007 I spoke with the then Human Resources Manager for Education Queensland and asked what my chances were of gaining permanency either in the primary school or the high school. Due to demand the chances in the primary school were very slim. I explained that I enjoyed working in the high school but I was keen to secure a permanent position, and if that was not possible I would go back to my pre-teaching trade of being a chef, a career I had followed from finishing Year 12 at high school in 1988 until 2005. When I was in the Special Education Unit at Isis District State High School (DSHS), my colleague, home economics teacher Cassandra Smilas, was teaching at the same school but wanted to transfer to Bundaberg, where a position was available. This was how the opportunity arose for me to make another change to become a home economics teacher at Isis DSHS—I absolutely love it. I finally gained my permanency in 2009.

This new career continues to appeal to my skills, my creative side and my desire to share with others. I teach all year levels from Year 7 to Year 12, predominantly junior Home Economics and Hospitality Cert II but I sometimes also teach English.

My interest in all things creative, especially fine arts and craft, and patisserie cookery stems from my early childhood when I sat sewing and knitting with my Grandma, who worked as a qualified cook at the local hospital. I also stood cooking with her from as far back as I can remember. I treasure those precious moments that taught me more than just skills. Thankfully, teaching is a career that provides an array of other dedicated and experienced mentors who have supported me in my transition from industry to the classroom. This profession also provides multiple opportunities to engage in professional development, to learn new skills and to build upon what I already know. The many workshops, conferences and, of course, my learned colleagues have been invaluable to me in improving my expertise.

My commitment to lifelong learning and gaining strength by working with others has recently been reinforced by completion of the National Excellence in School Leadership Initiative (NESLI) program, for which I was very fortunate and grateful to gain a scholarship as a result of the partnership between NESLI and HEIA(Q). This program has additionally opened to me collegial networks that have empowered me to be an influential teacher.



Renee Adams

I will continue to advocate for vocational education and training within schools, particularly for hospitality and barista training, and to provide subjects that engage students artistically and that reflect creativity in their learning so they can feel the same sense of accomplishment I did as a child. In the near future I hope to implement Early Childhood Certificate III, further addressing the needs of our communities. Most of all, I hope to continue to be an effective and passionate teacher in this integral, inspirational and rewarding career.

## **Renee Adams**

Isis District State High School  
HEIA(Q) Wide Bay Regional Coordinator

# CQUniversity Update

## Pre-service home economics education

CQUniversity's staff and students have had a busy year in 2017. Twenty-eight Bachelor of Education (Secondary) Home Economics specialisation students are about to complete their first year of study and, pending final results, confirmation of grades and successful completion of internships, five CQUniversity pre-service teachers will don the cap and gown for November graduation ceremonies across Australia.

The 2017 HEIA(Q) conference in August demonstrated the strength of the home economics profession in Queensland and Australia with record numbers of delegates dropping by the CQUniversity stand to chat with the university's Dean of the School of Education and the Arts Professor William Blayney and myself. I am reminded of Bill's address to HEIA(Q) delegates when he said, that if every HEIA(Q) member inspired and encouraged just one student to become a home economics teacher, the future of Home Economics in Queensland and Australia would be secure.

Studying Home Economics through CQUniversity's Bachelor of Education (Secondary) has the following benefits:

- flexible study options allowing study by distance education but with important face-to-face components for practical skills and professional placements in schools
- a dedicated Home Economics/Hospitality pathway that includes residential schools in both Brisbane and Rockhampton for practical subjects
- a program that includes studies in food and nutrition, textiles and fashion, and family studies
- the availability of trade-to-teacher pathways, providing the opportunity to apply for recognition of prior learning
- professional placements in schools local to the student's home base.

CQUniversity is committed to delivering high-quality teaching and learning experiences for students. As such, our partnership with HEIA(Q) is a very important one. Following consultation with a panel of selected HEIA(Q) teachers in November last year, all Home Economics specialisation units have been updated to reflect incoming middle and senior years curricula. It is a constant job to keep our units contemporary and relevant.

## Mentor teachers

We are always on the lookout for mentor teachers across all locations in Australia. If you wish to nominate as a mentor teacher, please send an email to me, Jay Deagon, at [j.deagon@cqu.edu.au](mailto:j.deagon@cqu.edu.au) with details of your role, teaching area specialisations and location. I will forward this information to our Professional Experience Office, which will keep you on our register for if and when we have a student in your area. CQUniversity wishes to thank all schools, site coordinators and mentor teachers who have hosted CQU students in 2017. Sharing your knowledge and expertise ensures that our next generation of teachers will be well equipped to tackle the demands of ever-changing and challenging 21st-century educational environments.

## Research and post-graduate studies

Research in the field of Home Economics is essential to supporting the home economics profession and to gaining academic recognition and funding. It was very encouraging that several teachers at the HEIA(Q) 2017 conference expressed a desire to complete postgraduate studies with CQUniversity. Please contact Jay Deagon if you would like to know more about CQU's postgraduate study options.

## CQUniversity Home Economics research in Nepal

Australian Stephanie Woollard founded her fair-trade organisation Seven Women at the age of 22, after meeting seven disabled women operating out of a tin shed in Kathmandu, struggling to make a living and enduring harsh discrimination. With her last \$200, she paid for trainers to upskill the women to produce products for sale locally and abroad—and so Seven Women was born. In 2004, through the universal language of food, Seven Women started a small cooking class in a kitchen on the fifth floor of their Kathmandu premises. The cookery school is one avenue for generating income for Seven Women and it also creates opportunities for jobs and training. Seven Women helps disabled women, single mothers and women living in extreme poverty by providing them with skills training, employment opportunities and education. Seven Women has a long-term vision and is creating a path to self-sustainability. Anita Kerr is the President of Seven Women Nepal. Between Anita and Seven Women founder Stephanie Woollard they have won a number of awards for their social innovation and sustainable practices model.

In April-May 2017, CQUniversity academics Dr Jay Deagon (Home Economics), Miriam Ham (Education) and Dr Wendy Hillman (Sociology) travelled to Seven Women's Kathmandu premises to canvass possibilities for a hospitality-training program for women interested in cooking. The intention is that the new cookery-school venture will help empower marginalised women. The cookery school is an expansion project for Seven Women.

The CQUniversity trio visited at a time of expansion and growth for Seven Women. Tourist numbers are increasing and the charitable organisation has built new premises for its cookery school, which can accommodate up to 25 tourists at a time. It was a humbling experience to be present at the very beginning of this new cookery school venture, to be with Anita and other women at Seven Women, watching the cookery school go from being just a hole in the ground to having its roof put on. After talking to the women it became apparent that personal safety is a significant challenge for Nepal's working women. The cookery school provides a safe space for the women to undergo training and to gain confidence to work in a busy hospitality environment. The women's passion for food is obvious. Cooking is a way for them not only to express themselves but also to show that they care for their guests. The women are courageous and inspirational, overcoming some extremely challenging personal circumstances and forging paths toward self-sustainability.

Approximately A\$30 000 is needed to complete the fit-out for the Seven Women's cookery school. Anita Kerr has provided me, Jay Deagon, with a wish list of essential items to complete the project and enhance the experience for international tourists. If HEIA members wish to create fundraising projects or events to assist Seven Women to develop their cookery-school project, please contact me at [j.deagon@cqu.edu.au](mailto:j.deagon@cqu.edu.au) or Stephanie Woollard at [steph.w@seven-women.com](mailto:steph.w@seven-women.com) for ideas and details on how to donate.

## Social innovation: Home economics students going Owto Nepal in 2018

Social innovation is now an embedded graduate attribute in CQUniversity units. As such, I am excited to announce that under the New Colombo Plan Mobility Program 2018, CQUniversity has been awarded funding for six of its students enrolled in the Home Economics specialisation to embark on an international student-mobility-and-social-innovation experience, specifically tailored to Home Economics content and foundational philosophy. This will provide undergraduate students with a unique opportunity to experience



Home Economics enacted in international contexts. In 2018, selected students will travel to Nepal. In addition to being personally rewarding but challenging, this international experience will directly apply to their future teaching practice in Australia by exposing students to best-practice social-innovation projects and opening their minds and the doors to community outreach and global citizenship.

**Expressions of Interest: HEIA 10-day Cultural Tour of Nepal scheduled for June/July 2018**

The Seven Women 10-day cultural tour is a unique professional development opportunity for HEIA members to be immersed in the wonderful sights, tastes and aromas of Nepal; to learn about Nepali cooking, textiles, craft work and fair trade; and to experience Nepali history and culture. To read the proposed 10-day itinerary, please visit <https://www.handsondevelopment.com.au/10-day-cultural-tour>.

**Date:** 6-15 July 2018 (during Education Queensland school holidays)

**Approximate cost:** \$3 995 each for a minimum of 12 people, or \$3 500 each for more than 15 people

**Inclusions:** International airfares, accommodation, food, local transport, local entry, activity fees, tips and local guides

**Exclusions:** Visa, and medical and travel insurance

Stephanie Woollard is an experienced Australian tour organiser who operates in Nepal. Stephanie will coordinate a Home Economics-specific tour for HEIA, based on the current Cultural Tour itinerary. If you are interested, please contact me, Jay Deagon, at [j.deagon@cqu.edu.au](mailto:j.deagon@cqu.edu.au) and I will coordinate a HEIA group booking.

**Dr Jay Deagon**  
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# Home Economics



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learn  
together

## What happened in Term 3

In Term 3 of 2017, HEIA(Q) offered regional afternoon workshops at the Gold Coast, Brisbane North, Rockhampton, Brisbane West, Mackay, the Sunshine Coast, Townsville, Toowoomba, Brisbane South and Wide Bay, coordinated by Melinda Pascoe (All Saints Anglican School, Merrimac), Julie Nash (Hillbrook Anglican School, Enoggera), Derryn Acutt (The Cathedral College, Rockhampton), Tanya McKenna (The Ipswich State High School), Romana Wallace (Mackay North State High School), Leesa O'Brien (Siena Catholic College, Sippy Downs), Wendy Owens (St Margaret Mary's College, Hyde Park), Sandy Feldman (Centenary Heights State High School), Sue Smith (Clairvaux MacKillop College, Upper Mt Gravatt) and Renee Adams (Isis District State High School, Childers), respectively.

All four workshops in the HEIA(Q) regional workshop program were offered:

- Workshop 1: *The new Senior Food and Nutrition syllabus and introduction to the new Senior Design and Health syllabi*, facilitated by Penny Braithwaite from the Queensland Curriculum and Assessment Authority (QCAA), was offered at Rockhampton, Mackay, Toowoomba and Wide Bay.
- Workshop 2: *Food science in Years 11/12*, facilitated by Paula Starr from QCAA, was offered at the Gold Coast, Brisbane North, Brisbane West, the Sunshine Coast, Townsville and Brisbane South.

- Workshop 3: *Aligning assessment: Do you have the evidence?*, facilitated by Kay York from Park Ridge State High School, was offered at Rockhampton, Brisbane North, Mackay, Toowoomba and Wide Bay. (Unfortunately Workshop 3 scheduled for Brisbane West had to be cancelled, due to insufficient registrations.)
- Workshop 4: *Refashioning*, facilitated by Jane Milburn, creator of Textile Beat, was offered at Townsville.

The Brisbane North, Brisbane South, Brisbane West, Gold Coast and Sunshine Coast workshops were held on weekdays after school. Continuing with tradition, Rockhampton and Mackay held their full-day programs on a Friday and a Monday, respectively. Townsville tried a Friday full-day program for the first time, and Toowoomba and Wide Bay held their full-day programs on a Saturday. Wide Bay held its program at Childers for the first time. Evidently the regional coordinators did a great job of selecting the correct dates and times for their local people, as the workshops have typically attracted good numbers with some full to capacity. The following table shows the attendance at each workshop.

Region	Workshop	Date and time	Attendance
Gold Coast	Food science in Years 11/12	Monday 24 July 4:00-6:30 pm	20
Brisbane North	Food science in Years 11/12	Tuesday 25 July 3:45-6:15 pm	29
	Aligning assessment: Do you have the evidence?	Tuesday 8 August 4:00-6:30 pm	19
Rockhampton	The new Senior Food and Nutrition syllabus and introduction to the new Senior Design and Health syllabi <b>and</b> Aligning assessment: Do you have the evidence?	Friday 28 July 9:00 am-3:30 pm	28
Brisbane West	Food science in Years 11/12	Wednesday 16 August 3:30-6:00 pm	17
Mackay	The new Senior Food and Nutrition syllabus and introduction to the new Senior Design and Health syllabi <b>and</b> Aligning assessment: Do you have the evidence?	Monday 21 August 9:00 am-3:30 pm	19
Sunshine Coast	Food science in Years 11/12	Wednesday 23 August 4:00-6:30 pm	32
Townsville	Food science in Years 11/12 <b>and</b> Refashioning	Friday 25 August 9:00 am-3:30 pm	21
Toowoomba	Aligning assessment: Do you have the evidence? <b>and</b> The new Senior Food and Nutrition syllabus and introduction to the new Senior Design and Health syllabi	Saturday 26 August 9:00 am-3:30 pm	29
Brisbane South	Food science in Years 11/12	Thursday 7 September 3:45-6:15 pm	20
Wide Bay	The new Senior Food and Nutrition syllabus and introduction to the new Senior Design and Health syllabi <b>and</b> Aligning assessment: Do you have the evidence?	Saturday 2 September 8:30 am-2:15 pm	18

## Workshop evaluations

In order to inform the workshops still to be offered and to guide future planning, all HEIA(Q) workshops are evaluated by participants. As can be seen below, the responses to the 2017 Term 3 workshops indicated that they were very well received. Congratulations to presenters Penny Braithwaite, Paula Starr, Kay York and Jane Milburn, and thank you to the regional coordinators and, of course, to the participants, who made the workshops so successful.

### Term 3 workshop evaluations received to date

Workshop	Region	Ratings: 1= Very poor ... 5= Very good					Average
		1	2	3	4	5	
Workshop 1: The new Senior Food and Nutrition syllabus and introduction to the new Senior Design and Health syllabi	Rockhampton				13	3	4.2
	Mackay			1	4	8	4.5
	Toowoomba				8	7	4.5
	Wide Bay				10	8	4.4
Workshop 2: Food science in Years 11/12	Gold Coast				6	14	4.7
	Brisbane North			1	2	17	4.8
	Brisbane West				4	8	4.7
	Townsville				5	14	4.7
	Brisbane South				2	13	4.9
Workshop 3: Aligning assessment: Do you have the evidence?	Rockhampton				5	9	4.6
	Brisbane North				7	12	4.6
	Mackay				7	8	4.5
	Toowoomba			4	15	6	4.1
	Wide Bay				10	8	4.4
Workshop 4: Refashioning	Townsville					12	5.0

Following are some of the comments made about the Term 3 workshops:

#### Workshop 1:

##### The new Senior Food and Nutrition syllabus and introduction to the new Senior Design and Health syllabi (Penny Braithwaite)

- Thank you I found this easy to follow and gave me the confidence to get started when it comes time.
- Good connection between content and the development of assessment projects—connecting the two.
- Knowledge of process and honesty when questions are asked.
- Group collaboration on the problem solving process and types of assessment tasks.
- Good overall basis of all areas of programming and how it all fits together—including training.
- Always great to have PD that is so well informed and organised by the HEIA. HEIA recognises and responds to the needs of teachers in a timely manner.
- Good information.
- Thank you for helping us to understand assessment.
- Great information, well presented and clear. Thank you.
- Very helpful in understanding the new syllabus arrangements and expectations.

#### Workshop 2:

##### Food science in Years 11/12 (Paula Starr)

- Great opportunities for discussion and interaction with the draft documents.
- Up to date information, interactive. Relevant activities.
- Excellent presentation—great mixture of interpretation and practice.
- Practical experiments demonstrate that the new tasks are achievable. Resource ideas were great stimulus and conversation starters.
- Easy to follow, explicit course and very informative.
- Good clear presenter. Great experimentation prac.
- Well organised, we are now even more excited about the new course.
- Informative. Paula has a lovely nature and makes participants feel that they can achieve what has been presented in their classrooms.
- Highly informative and explores (in practical/real life) what to expect (and start planning now).
- Very hands on.
- Half theory / half practical. Loved/appreciate the experiment and good understanding of what to expect.

#### Workshop 3:

##### Aligning assessment: Do you have the evidence? (Kay York)

- Kay makes it so logical and clarifies the new procedures.
- Great insight into how to vary and incorporate old procedures into the new syllabus.
- It has shown that I am on the right track for changes that have been started - Yrs 7/8. Changes to my own work for 9 and 10 will be more closely aligned.
- Good to see how it is all connected, learning the language needed for the future.
- Liked the template to audit assessment/mapped to achievement standards. Learning intentions and links to achievement standard—good confirmation of my practice.
- Kay is a very organised presenter, extremely helpful with her knowledge, relevant to new and upcoming changes.
- Well presented and good reminder of jargon etc. we need to be incorporating into our lessons and assessment.
- Excellent explanation of how to gather the relevant evidence and alignment to syllabus.
- Kay is great, knowledgeable and relevant.
- Good signposts to resources online such as insightvic.edu.au.

#### Workshop 4:

##### Refashioning (Jane Milburn)

- Great inspirational ideas.
- Fantastic.
- Great practical experience, awesome ideas and creations.
- Excellent. Inspirational. Wonderful engaging presenter.
- Great PD. So much knowledge given from Jane.
- Informative, innovative and provocative
- Inspirational—love the whole sustainability idea.
- Hands on skills. Participants had projects to work on.
- So many different ideas and techniques shown
- Celebrating creativity



## 2017 Professional development program

# Action!

# Futures!

## 2017 Professional development program

## Let's learn together

## Reports from the regional coordinators



### Brisbane North

**Workshop 2: Food science in Years 11/12**  
(Paula Starr) at Hillbrook Anglican School

With such big changes to our current subject and teachings to come, on Tuesday 25 July the 29 participants were eager to hear more updates on the new Food & Nutrition syllabus to be offered in schools in 2019. Our guest speaker Paula Starr provided a most informative presentation introducing the new syllabus document. She explained how best to use the syllabus to inform and support our practice. Paula also guided our exploration of the features of this document and the opportunities it will bring.

We learnt about TLAPs (Teaching and Learning Assessment Plans) and how the new high-definition syllabus will provide much more detail than those of the past. While exploring TLAPs, Paula engaged the group with a quick cheese-making activity, which was well received by all. We also discovered the use of backwards mapping when designing assessment, and teaching and learning experiences. We now understand the importance of front-ending assessment.

By the end of the workshop, it seemed we had all gained confidence in using the new syllabus. Many thanks to Paula for such a well-organised and cleverly presented workshop.

### Julie Nash

Hillbrook Anglican School  
HEIA(Q) Brisbane North Regional Coordinator



### Rockhampton

**The new Senior Food and Nutrition syllabus and introduction to the new Senior Design and Health syllabi** (Penny Braithwaite) and **Aligning assessment: Do you have the evidence?** (Kay York), at The Cathedral College

On Friday 28 July, 28 participants from the Rockhampton region met at The Cathedral College to participate in two workshops. Penny Braithwaite started the day with The new Food and Nutrition syllabus and introduction to the new Senior Design and Health syllabi. Penny unpacked the elements of the new syllabi and explained their features in detail. She clearly explained how each syllabus is structured and outlined the assessment requirements. A good discussion arose from Penny's presentation and participants had the opportunity to ask questions.

Kay York followed with Aligning assessment: Do you have the evidence? Kay explained three main areas: learning intention, steps to success and success criteria. Participants had the opportunity to devise examples of how to implement each area. Kay also explained the principles of assessment.

The workshops were thorough and provided participants with resources to start planning for and implementing the upcoming changes.

### Derryn Acutt

The Cathedral College  
HEIA(Q) Rockhampton Regional Coordinator



### Brisbane North

**Workshop 3: Aligning assessment: Do you have the evidence?**

(Kay York) at Hillbrook Anglican School

On the afternoon of Tuesday 8 August, Kay York provided an excellent overview of the steps involved in aligning assessment, from reviewing the learning intentions right through to writing assessment aligned to achievement standards. Some of the topics covered were success criteria, principles of assessment, achievement standards and higher-order thinking skills.

It was a pleasant experience to work with colleagues and friends from other schools, finding that we are all in the same situation, and facing similar problems for teaching our future students. Judging by the comments from the evaluations, this workshop was a great success. Thanks to Kay for an informative workshop.

### Julie Nash

Hillbrook Anglican School  
HEIA(Q) Brisbane North Regional Coordinator



### Brisbane West

**Workshop 2: Food science in Years 11/12**  
(Paula Starr) at The Ipswich State High School

On Wednesday 16 August, presenter Paula Starr from QCAA conducted a brilliant professional development workshop for 17 home economics teachers at The Ipswich State High School's newly renovated kitchen. The participants had a lot of fun making cottage cheese and looking at the new Senior Food & Nutrition syllabus, which uses a problem-based learning framework and requires students to learn through four interconnected and iterative phases: exploring; developing; generating and evaluating.

A highlight of the workshop was the opportunity to talk with other specialists in the region and to share ideas and experiences.

Thank you to our presenter Paula Starr and to Tina Gilroy and Kat McLellan for providing a wonderful afternoon tea for all to enjoy! HEIA(Q) is doing a wonderful job of keeping us inspired and up to date with the latest changes.

### Tanya McKenna

The Ipswich State High School  
HEIA(Q) Brisbane West Regional Coordinator

## Sunshine Coast

**Workshop 2: Food science in Years 11/12**  
(Paula Starr) at Siena Catholic College



A big thank you to Paula Starr for her enthusiasm in imparting some of her knowledge and skills to the capacity group of 32 home economics teachers who attended the regional workshop at Siena Catholic College at Sippy Downs on the Sunshine Coast on Wednesday 23 August. Paula was easy to listen to and answered many questions posed by participants coming to terms with the introduction of the new Food & Nutrition syllabus in 2019.

### Leesa O'Brien

Siena Catholic College  
HEIA(Q) Sunshine Coast Regional Coordinator



## Townsville

**Workshop 2 Food science in Years 11/12**  
(Paula Starr) and **Workshop 4 Refashioning**  
(Jane Milburn), at St Margaret Mary's College

The Townsville HEIA(Q) regional workshop program was held on 25 August at St Margaret Mary's College. What a fantastic way to spend a Friday! A cross-section of people attended, some having travelled as far away as Brisbane, Atherton, Mareeba, Home Hill and Charters Towers. The 21 participants, most of whom attended both workshops, included two CQUniversity home economics students.

Twenty participants attended Workshop 2, Food science in Years 11/12 presented by Paula Starr. It was a valuable session, providing insight and reassurance about the new Food & Nutrition syllabus and a preview of how it might look in the classroom. It was so beneficial to participate in the hands-on learning session about making cheeses with its accompanying theoretical scaffolding.

During the morning-tea break we took the opportunity to present Helen Willmetts, home economics educator at St Margaret Mary's College, with her HEIA(Q) Teacher Excellence Award that had been announced at the 2017 HEIA(Q) state conference. It was a great chance to recognise Helen's wonderful achievement.

After lunch a slightly smaller group was inspired by Jane Milburn's Refashioning workshop. There was action aplenty with jumpers being upcycled into skirts, T-shirts into beanies, and jeans into skirts. The group embraced the opportunity to work with Jane. They had brought with them a range of pre-loved garments and a let's have a go attitude.

Many thanks to all who attended the workshops; without your support they would not occur. Thanks to Paula and Jane for providing A+ sessions. Thank you also to the home economics staff at St Margaret Mary's College for assisting with the organisation of the workshop spaces.

### Wendy Owens

St Margaret Mary's College  
HEIA(Q) Townsville Regional Coordinator



## Wide Bay

**The new Senior Food and Nutrition syllabus and introduction to the new Senior Design and Health syllabi** (Penny Braithwaite) and **Aligning assessment: Do you have the evidence?**  
(Kay York), at The Isis Club, Childers

The Wide Bay full-day workshop program on Saturday 2 September proved both instructive and inspiring. As Childers is quite centrally located in the Wide Bay region, the location was convenient for many participants. Although proving a little too public during lunch, the Isis Club venue still allowed for collegial collaboration and the delivery of informative presentations, and also provided a very hospitable spread of delicious food and beverages to sustain everyone.

Workshop 1 with Penny Braithwaite assisted all participants to engage further with the new Senior Food & Nutrition syllabus and to better understand its problem-based learning framework. This workshop provided insight into the format of assessment items and how the Design and Health syllabi may correlate within school curriculum approaches.

Workshop 2 with Kay York enabled us all to rethink our work programs and adjust our assessment to better meet the needs of our students and the requirements of the existing and new syllabi. Kay emphasised that we must teach higher-order thinking skills and avoid the temptation to dumb down the language used in criteria and standards, but rather to teach

students the meaning of any unfamiliar terms. Years 7-10 programs must cover nutrients like vitamins and minerals because students are expected to have a firm grasp of them by senior. Kay outlined how assessment and content should be based on high expectations of student ability. Kay not only presented an engaging workshop but also proved her abilities as a practising teacher by ignoring the lunchtime-rush noise of the club and even engaging a few intrigued locals, who nodded and applauded in the right places.

All who attended clearly appreciated these workshops. A thank you must go to both presenters for this very informative opportunity to engage with the new syllabus documents. It was also a great chance for teachers in our region to network and to collaborate on and advocate for what we know is an important curriculum subject.

### Renee Adams

Isis District State High School  
HEIA(Q) Wide Bay Regional Coordinator



## Brisbane South

**Workshop 2: Food science in Years 11/12**  
(Paula Starr) at Clairvaux MacKillop College

On 7 September, Paula Starr presented the HEIA(Q) Brisbane South regional workshop *Food Science for Years 11/12*, designed to support the upcoming *Food & Nutrition* syllabus. The twenty participants found the workshop informative and Paula's explanation of the syllabus documents helped to allay some of their concerns. The hands-on activities of making ricotta and cottage cheeses, while easily completed, provided great examples of how new syllabus directions can be implemented in the classroom. Most participants agreed that we would like to see this format repeated. Coupled with her lovely presentation style, Paula's expertise on the curriculum made the afternoon a pleasant one during which time seemed to just whizz by.

### Susan Smith

Clairvaux MacKillop College  
HEIA(Q) Brisbane North Regional Coordinator

2017  
Professional  
development  
program

# Home Economics



## Action!

## Futures!



## Still to come!

There are only two Term 4 workshops remaining. Remember that you are most welcome to attend workshops outside your region if you wish. The workshop dates and venues can be found opposite.

### Workshop registration

Please register online at the HEIA(Q) website [www.heiaq.com.au/events/workshops](http://www.heiaq.com.au/events/workshops)

#### Registration costs

##### 2.5-hour afternoon program, including afternoon tea:

• Members: \$60      • Student members: \$40      • Non-members: \$85

##### Full-day program, including morning tea and lunch:

• Members: \$135      • Student members: \$95      • Non-members: \$185

Registering online enables you to pay registration fees via MasterCard or Visa; you may also pay by cheque or EFT. Outstanding accounts must be settled at least seven days prior to commencement of the workshop. The final date for registration is seven days prior to the workshop date. You will be notified via email if a session is cancelled.

#### Cancellation and refund policy

Workshop cancellations must be made in writing to the HEIA(Q) workshop secretariat, Expert Events. A full refund will be made for cancellations received up to seven days before a workshop. No refund is available for cancellations received less than seven days before a workshop. Provided you advise the secretariat in writing, you may transfer your registration to a colleague at any time prior to a workshop.

#### Cancellation and refund policy

Please contact Expert Events:

T: 07 3848 2100

E: [heiaqpd@expertevents.com.au](mailto:heiaqpd@expertevents.com.au)

PO Box 351, Hamilton Central, Qld 4007

## ▶ Workshop 1

### The new Senior Food and Nutrition syllabus and an introduction to the new Senior Design and Health syllabi

.....  
**Time** 2.5 hours  
**Presenter** Penny Braithwaite  
**Hours of PD** 2.5 hours  
 .....



#### Session overview

In this workshop, participants will become aware of the new senior assessment and tertiary entrance systems and what they will mean for teachers to work with high-definition syllabus documents. They will then be introduced to the new Senior Health and Senior Design syllabus documents. The focus of the rest of the session will be the new Senior Food and Nutrition syllabus. Participants will work through the problem-based learning framework that forms the basis for pedagogy in this syllabus. They will also become familiar with the format of units, how to develop a teaching program, possible assessment items and the format of the external assessment.

#### What to bring

- Pen and paper

#### Professional standards

The workshop will focus on the following Australian Professional Standards for Teachers:

**Standard 3** Plan for and implement effective teaching and learning

**Standard 5** Assess, provide feedback and report on student learning

**Standard 6** Engage in professional learning

**Standard 7** Engage professionally with colleagues, parents/carers and the community

## ▶ Workshop 4 Refashioning

**Time** 2.5 hours  
**Presenter** Jane Milburn  
**Hours of PD** 2.5 hours

### Session overview

Based on a lifetime of upcycling, Jane Milburn will share insights and ideas to inspire creative ways to reuse existing resources—including garments we retain even though we aren't wearing them in their current form. They may be outdated in style, too big, too small or damaged. If you have garments like this in your wardrobe, please bring them along. We will put on our thinking caps, turn the garments inside out, upside down or sideways, and envisage how we can transform old into new by making simple changes.

Whilst the workshop stands alone for all interested in refashioning as a means of contributing to sustainable environments, it will also provide loads of ideas for exploring the topic of sustainable textiles with high school students. The discussion surrounding the practical work will explore issues related to sustainability as it relates to textiles and fashion. The practical component will necessitate some basic sewing skills.

### Workshop format

- Discussion of current clothing culture and why it needs to change (15 min)
- Show and tell of a range of upcycling techniques (15 min)
- Discussion about options for upcycling garments brought along by participants (15 min)
- Practical upcycling and demonstration of T-shirt upcycling projects for students (remaining time).

### What to bring

- Basic sewing kit (scissors, needle and thread, pins, safety pins etc.)
- Materials for the desired options from those noted above—for example, garments you may want to upcycle and any no-longer-worn T-shirts to hand.

Note: Machine-sewing equipment will be provided by the host school but feel free to bring your own if you prefer.

### Professional standards

The workshop will focus on the following Australian Professional Standards for Teachers:

- Standard 2** Know the content and how to teach it  
**Standard 6** Engage in professional learning  
**Standard 7** Engage professionally with colleagues, parents/carers and the community.



# Bachelor of Applied Fashion at TAFE Queensland, Brisbane



In partnership with the University of Canberra, TAFE Queensland delivers a three-year Bachelor of Applied Fashion program at our South Bank campus. This program provides students with the conceptual and practical skills required to succeed in the global fashion industry.

The Bachelor of Applied Fashion features an innovative and applied approach to fashion education. Students learn to develop fashion concepts, to communicate those concepts through cutting-edge visual artefacts, and to produce fashion items within well-articulated design briefs. Students will graduate with advanced technical skills in fashion design and manufacturing alongside theoretical understandings of how the fashion system works. Graduates will enter the fashion industry with a strong commitment to creative approaches for problem solving, a personal design philosophy that is demonstrated through proficiency in pattern engineering and 3D garment construction through applied-apparel technology. The lecturers have the experience and knowledge to help you achieve your career goals, wherever they might take you.

### How do students apply?

#### Applying through QTAC

Submit your application on the QTAC website: [qtac.edu.au](http://qtac.edu.au)

Selected applicants will be invited to interviews where they will submit their portfolios. Details of the portfolio requirements will be provided once applications have been submitted with QTAC.

Students whose interviews and applications are successful will receive offers directly from QTAC.

#### Applying directly with TAFE

Visit [degrees.tafeqld.edu.au](http://degrees.tafeqld.edu.au) to find out more.

If you would like further information about the Bachelor of Applied Fashion please email [UCBrisbane@canberra.edu.au](mailto:UCBrisbane@canberra.edu.au) or [ehud.joseph@canberra.edu.au](mailto:ehud.joseph@canberra.edu.au).

Please follow this link for additional information on the Bachelor of Applied Fashion and its study pattern: [https://www.canberra.edu.au/coursesandunits/course?course\\_cd=305JA](https://www.canberra.edu.au/coursesandunits/course?course_cd=305JA).

# Workshop dates and venues

## ▶ Term 4

### Brisbane South Workshop 1: The new Senior Food and Nutrition syllabus and introduction to the new Senior Design and Health syllabi

Thursday 5 October 3.45 pm–6.15 pm  
Clairvaux Mackillop College  
Klumpp Road, Upper Mt Gravatt

**Cairns**  
*Workshop 1: The new Senior Food and Nutrition syllabus and introduction to the new Senior Design and Health syllabi* and  
*Workshop 4: Refashioning*  
Saturday 14 October 9.00 am–3.30 pm  
St Andrew's Catholic College  
Intake Road, Redlynch, Cairns

# heia(Q) Diary Dates

**8** October 2017

## HEIA(Q) REGIONAL WORKSHOP BRISBANE SOUTH

### WORKSHOP 1

3.45 pm-6.15 pm  
Clairvaux Mackillop College  
Upper Mt Gravatt

**14** October 2017

## HEIA(Q) REGIONAL WORKSHOPS CAIRNS

### WORKSHOP 1 and WORKSHOP 4

9.00 am-3.30 pm  
St Andrew's Catholic College  
Cairns

**14** October 2017

## HEIA(Q) ACKNOWLEDGEMENT OF WORLD FOOD DAY

**16** October 2017

## WORLD FOOD DAY

**27** November 2017

## PRACTICAL DAY OUT

9.00 am-3.30 pm  
St Thomas More College  
Sunnybank

## 2017 Professional Development Program Workshops

### WORKSHOP 1:

*The new Senior Food and Nutrition syllabus and introduction to the new Senior Design and Health syllabi*

### WORKSHOP 2:

*Food science in the Years 11/12 home economics classroom*

### WORKSHOP 3:

*Aligning assessment: Do you have the evidence?*

### WORKSHOP 4:

*Refashioning*